

Name	Time	Position	Points
Marathon time trial			
Chris Pownell	02:34:21	1	40
Stephen Campbell	02:34:22	2	39
John Gilbert	03:18:17	3	38
Andrew Fearn	03:33:16	4	37
Kelly Marrin	03:34:16	5	36
Justine Moore	03:43:14	6	35
Chris Wills	04:13:00	7	34
John McCaffrey	04:20:31	8	33
Norma Forrester	04:34:44	9	32
Nicola Roberts	04:35:14	10	31
Katie Nicolson	04:44:11	11	30
Angela Boland	05:11:10	12	29
David Dodd	05:19:39	13	28
Alan D'Henin	05:47:27	14	27
Diane Peck	06:39:06	15	26
Conwy Half; 20 Nov 2022			
Karl Budworth		1	40
Philip Taylor		2	39
Stuart Atherton		3	38
Jon Grieve		4	37
Kelly Marrin		5	36
John Cooney		6	35
Chris Wills		7	34
Steve Minshull		8	33
Emily Clare		9	32
Dagmara Stankiewicz		10	31
James Leyshon		11	30
Shelley Hignett		12	29
Green Drive 5; 23 Oct 2022			
Jon Grieve		1	40
Steve Minshull		2	39
Dagmara Stankiewicz		3	38
Heather Davies		4	37
Chester Metric Marathon - 02 Oct 2022			
John McLaren		1	40
Philip Taylor		2	39
Heather Davies		3	38
Farndon 10K; 25 Sept 2022			
John McLaren		1	40
Philip Taylor		2	39
John McCaffrey		3	38
Alan Joyce		4	37
John Cooney		5	36
Steve Minshull		6	35
Dagmara Stankiewicz		7	34
Alan Spencer		8	33
Rachel Kettle		9	32
Shelley Hignett		10	31
Nicola Roberts		11	30
Lisa Minshull		12	29
Jill Hudson		13	28



Halewood 5 km; 3 Sep 2022			
Chris Pownell		1	40
John McLaren		2	39
Philip Taylor		3	38
Andrew Bradley		4	37
Jon Grieve		5	36
Stuart Atherton		6	35
Phil Armstrong		7	34
Kelly Marrin		8	33
Chris Wills		9	32
Steve Minshull		10	31
Sam Belfield		11	30
Dagmara Stankiewicz		12	29
Alan Spencer		13	28
Josh Hughes		14	27
Rachel Kettle		15	26
Mike Evans		16	25
Heather Davies		17	24
William Merritt		18	23
Jenny Moglione		19	22
Graham Deane		20	21
Emma Ladanowski		21	20
Nicola Roberts		22	19
Denise Sunderland-Hughes		23	18
Amy Neill		24	17
Michelle Smith		25	16
Diane Peck		26	15
Mid-Cheshire 5k; 26 Aug 2022			
Chris Pownell		1	40
John McLaren		2	39
Stuart Atherton		3	38
Jon Grieve		4	37
Dawn Atherton		5	36
Elizabeth Gemmell		6	35
John McCaffrey		7	34
John Cooney		8	33
Steve Minshull		9	32
Dagmara Stankiewicz		10	31
Alan Spencer		11	30
Mike Evans		12	29
Jenny Moglione		13	28

Ellesmere Port 5km 17 Jun 22			
Chris Pownell		1	40
John McCaffrey		2	39
Jon Grieve		3	38
Andrew Bradley		4	37
Alan Spencer		5	36
Shelley Hignett		6	35
John Cooney		7	34
Heather Davies		8	33
Jenny Moglione		9	32
Nicola Roberts		10	31
Knowsley parkrun - 13 Aug 22			
Chris Pownell		1	40
John McLaren		2	39
Richard Lysons		3	38
Stuart Atherton		4	37
Jon Grieve		5	36
Andrew Bradley		6	35
Phil Armstrong		7	34
Alan Joyce		8	33
John Cooney		9	32
Kelly Marrin		10	31
Maia Robinson		11	30
Dagmara Stankiewicz		12	29
Rachel Kettle		13	28
Jenny Moglione		14	27
Norma Forrester		15	26
Sharon Martin		16	25
Nicola Roberts		17	24
Russ Owens		18	23
Liz Owens		19	22
Michelle Smith		20	21
Carl Phillips		21	20

Birkenhead Park 5 Miler - 19 July 22			
John McLaren		1	40
John McCaffrey		2	39
Alan Joyce		3	38
Philip Taylor		4	37
Steve Minshull		5	36
Rachel Kettle		6	35
Alan Spencer		7	34
Nicola Roberts		8	33
Tony Barnes 5 Mile; 13 July 2022			
John McLaren		1	40
Gavin Parry		2	39
Alan Joyce		3	38
Phil Armstrong		4	37
Elliott Murphy		5	36
Andrew Bradley		6	35
John Cooney		7	34
Kelly Marrin		8	33
Chris Wills		9	32
Robert Parkin		10	31
James Leyshon		11	30
Steve Minshull		12	29
Dagmara Stankiewicz		13	28
Shelley Hignett		14	27
Rachel Kettle		15	26
Alan Spencer		16	25
Nicola Roberts		17	24
Mike Evans		18	23
Suzanne Rooney		19	22
Ann Moore		20	21

Southport Half Marathon - 26 June 2022			
Chris Pownell		1	40
John McCaffrey		2	39
Jon Grieve		3	38
Philip Taylor		4	37
Kelly Marrin		5	36
Eddie Roberts		6	35
Jonathan Mackie		7	34
Andrew Bradley		8	33
Chris Wills		9	32
Heather Davies		10	31
Rachel Kettle		11	30
Hazel Brennan		12	29
Jenny Moglione		13	28
John Bosward		14	27
David Dodd		15	26
Andrea Marsh		16	25
Paul Blaney		17	24
Diane Peck		18	23
Suzanne Rooney		19	22
Michelle Smith		20	21
Penny Lane 10km - 21 June 2022			
Stephen Campbell		1	40
John McLaren		2	39
Gavin Parry		3	38
Jon Grieve		4	37
Alan Joyce		5	36
John Mccaffrey		6	35
Philip Taylor		7	34
Andrew Bradley		8	33
Kelly Marrin		9	32
Chris Wills		10	31
John Cooney		11	30
Shelley Hignett		12	29
Jenny Moglione		13	28
Alan Spencer		14	27
Katie Nicolson		15	26
Paul Roberts		16	25
Alan D'Henin		17	24
Joanne Moody		18	23
Suzanne Rooney		19	22
Ann Moore		20	21

Liverpool Harriers Mystery 5k; 10 May 2022			
Karl Budworth		1	40
Danielle Scott		2	39
John McCaffrey		3	38
Stuart Atherton		4	37
Alan Joyce		5	36
Andrew Bradley		6	35
Kelly Marrin		7	34
Alan Spencer		8	33
Paul Roberts		9	32
Shelley Hignett		10	31
Mike Evans		11	30
Chris Wills		12	29
Liverpool Spring 10k; 01 May 2022			
John Gilbert		1	40
John McCaffrey		2	39
Philip Taylor		3	38
Andrew Bradley		4	37
Kelly Marrin		5	36
Alan Joyce		6	35
Allan McDonough		7	34
Steve Minshull		8	33
Sharon Martin		9	32
Dagmara Stankiewicz		10	31
Alan Spencer		11	30
Shelley Hignett		12	29
Rachel Kettle		13	28
Mike Evans		14	27
Jenny Moglione		15	26
John Bosward		16	25
Norma Forrester		17	24
Paul Blaney		18	23
Russ Owens		19	22
Suzanne Rooney		20	21
Lisa Minshull		21	20

Hale Village 5 mile; 17 April 2022			
Stephen Campbell		1	40
Chris Pownell		2	39
Tom O'Dowd		3	38
Richard Lysons		4	37
John McLaren		5	36
Danielle Scott		6	35
John McCaffrey		7	34
Dawn Atherton		8	33
John Cooney		9	32
Alan Joyce		10	31
Steve Minshull		11	30
Sharon Martin		12	29
Alan Spencer		13	28
Karl Budworth		14	27
Rachel Kettle		15	26
Shelley Hignett		16	25
Mike Evans		17	24
Norma Forrester		18	23
Nicola Roberts		19	22
Alan D'Henin		20	21
Paul Blaney		21	20
Russ Owens		22	19
Joanne Moody		23	18
Suzanne Rooney		24	17
Liz Owens		25	16
Lisa Minshull		26	15
Ann Moore		27	14

BTR 10 Mile; 27 Mar 2022			
Stephen Campbell		1	40
Chris Pownell		2	39
Tom O'Dowd		3	38
John McLaren		4	37
John Mccaffrey		5	36
Kelly Marrin		6	35
Alan Joyce		7	34
Hazel Brennan		8	33
Shelley Hignett		9	32
Alan Spencer		10	31
Nicola Roberts		11	30
Elaine Berry		12	29
Mark Pearce		13	28
Paul Blaney		14	27
Phil Moody		15	26
Joanne Moody		16	25
Trimpell 20 Mile; 13 Mar 2022			
Chris Pownell		1	40
John McCaffrey		2	39
Kelly Marrin		3	38
Nicola Roberts		4	37
St Helens 10k; 6 Mar 2022			
Stephen Campbell		1	40
Tom O'Dowd		2	39
Richard Lysons		3	38
John Mccaffrey		4	37
Andrew Bradley		5	36
Kelly Marrin		6	35
Jonathan Mackie		7	34
Lindsey Hagan		8	33
Alan Spencer		9	32
Rachel Kettle		10	31
Nicola Roberts		11	30
Jenny Moglione		12	29
Paul Blaney		13	28
Russ Owens		14	27
4 Villages Half Marathon; 16 Jan 2022			
Stephen Campbell		1	40
Chris Pownell		2	39
Tadie Abeki		3	38
Chris Wills		4	37
Kelly Marrin		5	36