

: Halewood 5K - 5th Aug 2023

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Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Paul Howard	00:16:05	St Helens Striders	M	1	M V35	1
2	Sean Jones	00:16:22	Penny Lane Striders	M	2	M V35	2
3	Max Webster	00:16:43	Liverpool harriers	M	3	M U17	1
4	Ben Taylor	00:16:46	Liverpool Harriers	M	4	M U17	2
5	Will Kozer	00:16:51	Widnes Running Club	M	5	M V35	3
6	Tom Webster	00:16:55	Liverpool harriers	M	6	M U20	1
7	Andrew Bromley	00:17:06	wallasey	M	7	M Senior	1
8	Alex Waddelove	00:17:11	Mersey Tri	M	8	M Senior	2
9	John Myers	00:17:16	Run Sandymoor	M	9	M V45	1
10	Max Taylor	00:17:17	Liverpool Harriers	M	10	M U17	3
11	Peter Green	00:17:39	Knowsley Harriers AC	M	11	M V45	2
12	Allister McCord	00:17:50	Wirral AC	M	12	M Senior	3
13	Derri Henderson	00:17:54	Kirkby Milers	M	13	M U17	4
14	Vincent McCormack	00:17:54	Mossley Hill AC	M	14	M Senior	4
15	James Ellis	00:17:57	Kirkby Milers	M	15	M V35	4
16	Al Smithson	00:18:08	Mersey Tri	M	16	M V35	5
17	Dan Merrick	00:18:09	St Helens Striders	M	17	M Senior	5
18	Callum Grant	00:18:11	Liverpool Harriers	M	18	M Senior	6
19	John McLaren	00:18:12	Knowsley Harriers AC	M	19	M V40	1
20	Stephen Watkin	00:18:14	Penny Lane Striders	M	20	M V40	2
21	Stuart Atherton	00:18:17	Knowsley Harriers AC	M	21	M V40	3
22	Colin Bishop	00:18:23	Warrington AC	M	22	M V60	1
23	Sam Jones	00:18:33	-	M	23	M Senior	7
24	Scott Hambleton	00:18:34	Penny Lane Striders	M	24	M V40	4
25	Paul Riley	00:18:40	Penny Lane Striders	M	25	M V50	1
26	Kieran Allen	00:18:45	St Helens Striders	M	26	M V35	6
27	David Lawton	00:19:03	Liverpool Running Club	M	27	M V40	5
28	Andrew Biddle	00:19:22	Penny Lane Striders	M	28	M V45	3
29	Francis nelson	00:19:26	Knowsley harriers	M	29	M V40	6
30	David Gill	00:19:26	Warrington Athletic Club	M	30	M V65	1
31	Danny Lloyd	00:19:27	Widnes Running Club	M	31	M Senior	8
32	Christopher bailey	00:19:33		M	32	M V35	7
33	Mike Sherwin	00:19:34	Run Sandymoor	M	33	M V50	2
34	Phil Armstrong	00:19:36	Knowsley Harriers AC	M	34	M Senior	9
35	Stephen Tomlinson	00:19:38	Knowsley Harriers AC	M	35	M Senior	10
36	Eamonn Cullen	00:19:39	MOSSLEY HILL AC	M	36	M Senior	11
37	Paul Demore	00:19:42	St Helens Striders	M	37	M V55	1
38	James Russell	00:19:52	Liverpool Irish Rovers	M	38	M V35	8
39	Sharon Samson	00:19:53	Penny lane	F	1	F V40	1
40	James Hendry	00:20:10	Liverpool Running Club	M	39	M Senior	12
41	Tadie Abeki	00:20:17	Mersey Tri	M	40	M V45	4
42	Rachel Fairclough	00:20:21	St Helens Striders	F	2	F V35	1
43	Darren Eckersley	00:20:26	St Helens Striders	M	41	M V50	3
44	Jo Harrison	00:20:28	Penny Lane Striders	F	3	F V35	2
45	Dominic Cooper	00:20:37	Mossley Hill AC	M	42	M V40	7
46	Nigel Grant	00:20:39	Penny Lane Striders	M	43	M V60	2
47	Alan Joyce	00:20:49	Knowsley Harriers AC	M	44	M V65	2
48	Phoebe Lucas	00:20:58		F	4	F U20	1
49	Tony Metcalfe	00:20:59	Mossley Hill AC	M	45	M V65	3
50	Michael Leyland	00:21:02	St Helens Striders	M	46	M V35	9
51	Neil Fisher	00:21:13	Penny lane striders	M	47	M V35	10
52	David Williams	00:21:40	Penny Lane Striders	M	48	M V60	3
53	Stephen Nand-Lal	00:21:43	Knowsley Harriers AC	M	49	M Senior	13
54	Rik Meadows	00:21:51	-	M	50	M V50	4

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55	John Wishaw	00:21:57		M	51	M Senior	14
56	Emma Fraser	00:22:05	Run Sandymoor	F	5	F V45	1
57	Gareth Davies SHS	00:22:19	St Helens Striders	M	52	M V40	8
58	Stephanie mcbride	00:22:19	-	F	6	F V35	3
59	Katie Johnson	00:22:24	Penny Lane Striders	F	7	F V40	2
60	Michelle Murphy	00:22:26	Liverpool Harriers	F	8	F V55	1
61	Vincent Riozzi	00:22:28	North Endurance	M	53	M Senior	15
62	Leanne Griffiths	00:22:41	Widnes Running Club	F	9	F Senior	1
63	Neil Macdonald	00:22:47	Widnes running club	M	54	M V50	5
64	Martine Lucas	00:23:00		F	10	F V45	2
65	Darren Linnell	00:23:09	Knowsley Harriers AC	M	55	M Senior	16
66	Kam Dosanjh	00:23:12	Penny Lane Striders	F	11	F V45	3
67	Annmarie Riley	00:23:13	Penny Lane Striders	F	12	F V50	1
68	Sue Spiers	00:23:15	Mossley Hill AC	F	13	F V60	1
69	Dan Hawkins	00:23:23		M	56	M Senior	17
70	Alex Garner	00:23:26	-	M	57	M Senior	18
71	Kelly Hurley	00:23:37		F	14	F V40	3
72	Michael Maloney	00:23:51	Knowsley Harriers AC	M	58	M V70	1
73	Jessica Lewis	00:23:54	Penny Lane Striders	F	15	F Senior	2
74	Shaun Geoghan	00:24:03	Liverpool Running Bugs	M	59	M V55	2
75	Jennifer Williamson	00:24:08		F	16	F U20	2
76	Ken Connor	00:24:13	Widnes Running Club	M	60	M V55	3
77	Grace Gorst	00:24:19	Widnes Running Club	F	17	F Senior	3
78	Chris Smith	00:24:24	St Helens Striders	m	69	m V45	5
79	Emma Ladanowski	00:24:32	Knowsley Harriers AC	F	18	F Senior	4
80	Josh Hughes	00:24:33	Knowsley Harriers AC	M	61	M Senior	19
81	Chris Probert	00:24:37	Penny Lane Striders	M	62	M V60	4
82	John Barr	00:24:39	St Helens Striders	M	63	M V70	2
83	Michelle Loughlin	00:24:43	Skelmersdale Boundary Harriers	F	19	F V50	2
84	Tony Green	00:24:56	Penny Lane Striders	M	64	M V65	4
85	Tracy Meharg	00:24:59	Widnes Running Club	F	20	F V50	3
86	Alan Spencer	00:25:00	Knowsley Harriers AC	M	65	M V60	5
87	Kit Loughlin	00:25:03	Liverpool Pembroke Sefton AC	M	66	M V50	6
88	John Houghton	00:25:23	Run Sandymoor	M	67	M V60	6
89	Kay Nelson	00:25:28	Liverpool Running Club	F	21	F V35	4
90	Justin Smith	00:25:42	St Helens Striders	M	68	M V50	7
91	Rachel Waring	00:25:51	Widnes running club	F	22	F Senior	5
92	Rachel Rick	00:25:55	Penny Lane Striders	F	23	F V60	2
93	John Osborne	00:26:21		M	69	M Senior	20
94	Paul Jackson	00:26:28	Knowsley Harriers AC	M	70	M V50	8
95	Dawn Hignett	00:26:32	Widnes Running Club	F	24	F V50	4
96	Leslie Edwards	00:26:38	Penny Lane Striders	M	71	M V60	7
97	Sarah Osborne	00:26:48		F	25	F U20	3
98	Cathy Brownlow	00:26:52	St Helens Striders	F	26	F V40	4
99	Emma Wilson	00:26:58	Widnes Running Club	F	27	F V35	5
100	Lesley-Anne Cucksey	00:26:59	Wallasey AC	F	28	F V60	3
101	Claire Aberdeen	00:27:05	Widnes Running Club	F	29	F V55	2
102	Colin Bridger	00:27:07	Warrington Roadrunners	M	72	M V50	9
103	Clive Morrison	00:27:09	Run Sandymoor	M	73	M V60	8
104	Isla Matthews	00:27:11	Kirkby Milers	F	30	F U13	1
105	David Matthews	00:27:12	Kirkby Milers	M	74	M V45	5
106	Michael Devereux	00:27:26	Penny Lane Striders	M	75	M V70	3
107	Helen Brodrick	00:27:35	St Helens Striders	F	31	F V50	5
108	Christine Bonnar	00:27:59	Widnes running club	F	32	F V70	1

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109	Claire Meadows	00:27:59	North Endurance	F	33	F V50	6
110	Jack Lawton Green	00:28:05	Liverpool Running Club	M	76	M Senior	21
111	Elizabeth Moore	00:28:22	Widnes Running Club	F	34	F V45	4
112	Paul Wilson	00:29:07	Widnes Running Club	M	77	M V60	9
113	Angela Joyce KHAC	00:29:36	Knowsley Harriers AC	F	35	F V65	1
114	Allan Gibbs-Monagh	00:29:43	Liverpool Running Club	M	78	M V45	6
115	Colin Laycock	00:30:59	Widnes Running Club	M	79	M V75	1
116	Jim Fairlamb	00:31:11	NA	M	80	M V55	4
117	Joan Wood	00:32:09	Widnes Running Club	M	81	M V60	10
118	Carolyn Rigby	00:32:55	Widnes Wasps	F	36	F V55	3
119	Kieran Lee	00:34:00		F	37	F Senior	6
120	Paul Blaney	00:34:06	Knowsley Harriers AC	M	82	M V65	5
121	Samantha Bridger	00:35:01	Warrington Roadrunners	F	38	F V50	7
122	Kerry Edwards	00:37:17	Run Sandymoor	F	39	F V40	5
123	Elliott Murphy	00:37:18	Knowsley Harriers AC	M	83	M Senior	22