

: 03 Jun 2023

This race is part of a series. Age categories are taken from 01/01/2023. Category positions to be inserted.

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Harry Blackburn	00:15:32	Liverpool Harriers	M	1	M Senior	1
2	Sean Jones	00:16:52	Penny Lane Striders	M	2	M V35	1
3	Francis Dickson	00:16:59	Kirkby Milers	M	3	M V35	2
4	David Willshire	00:17:00	Penny Lane Striders	M	4	M V40	1
5	Alex Cowin	00:17:12	Penny Lane Striders	M	5	M V40	2
6	John Myers	00:17:20	Run Sandymoor	M	6	M V45	1
7	Neil Hennigan	00:17:25	Penny Lane Striders	M	7	M V45	2
8	Ryan Jones	00:17:41	Kirkby Milers	M	8	M V35	3
9	Dean Evans	00:18:03	Liverpool Running Bugs	M	9	M U17	1
10	Liam Brown	00:18:05	Kirkby Milers	M	10	M Senior	2
11	Lawrence Eccles	00:18:06	Penny Lane Striders	M	11	M V35	4
12	Tracy Rogers	00:18:08	Buckley RC	F	1	F Senior	1
13	Phil Riding	00:18:10	Penny Lane Striders	M	12	M V45	3
14	Tom Mattack	00:18:21	Liverpool Pembroke Sefton	M	13	M Senior	3
15	Paul Mainwaring	00:18:30	Warrington Road Runners	M	14	M Senior	4
16	Jonny Bland	00:18:38	Penny Lane Striders	M	15	M Senior	5
17	David Lawton	00:18:39	Liverpool Running Club	M	16	M V40	3
18	Neil Byrne	00:18:40	Run Sandymoor	M	17	M V50	1
19	Alan Perks	00:18:43	-	M	18	M V35	5
20	Stuart Atherton	00:18:46	Knowsley Harriers AC	M	19	M V40	4
21	Lisa Gawthorne	00:18:59	Liverpool Pembroke Sefton AC	F	2	F V40	1
22	Phil Armstrong	00:19:00	Knowsley Harriers AC	M	20	M Senior	6
23	Matt Sanderson	00:19:04	Warrington Running Club	M	21	M V50	2
24	Paul Roberts - WRC	00:19:06	Widnes Running Club	M	22	M V45	4
25	Scott Hambleton	00:19:14	Penny Lane Striders	M	23	M V40	5
26	Gary Patterson	00:19:17	Warrington Road Runners	M	24	M V45	5
27	Tadie Abeki	00:19:18	Mersey Tri	M	25	M V45	6
28	Iain Craven	00:19:22	Warrington Road Runners	M	26	M V50	3
29	David Gill	00:19:26	Warrington Athletic Club	M	27	M V65	1
30	Andrea Bond	00:19:29	Penny Lane Striders	F	3	F V40	2
31	Matthew Parmenter	00:19:37	St Helens Striders	M	28	M V45	7
32	Jo Harrison	00:19:48	Penny Lane Striders	F	4	F V35	1
33	Jeff Gard	00:19:51	Penny Lane Striders	M	29	M V50	4
34	Nigel Grant	00:19:58	Penny Lane Striders	M	30	M V60	1
35	Gerald Musoke	00:20:02	Liverpool Harriers	M	31	M V40	6
36	Matthew Bennett	00:20:02	Liverpool Pembroke Sefton AC	M	32	M U13	1
37	Stephen Bennett 2	00:20:03	-	M	33	M V40	7
38	Philip Taylor	00:20:04	Knowsley Harriers AC	M	34	M V35	6
39	Sam Belfield	00:20:04	Knowsley Harriers AC	m	35	m Senior	2
40	Graham Cushion	00:20:12	Kirkby Milers	M	35	M V45	8
41	Richard Thorne	00:20:23	Penny Lane Striders	M	36	M V35	7
42	Dean Wilson	00:20:41	Kirkby Milers	M	37	M V45	9
43	Lenka Vidamour	00:20:45	Penny Lane Striders	F	5	F V40	3
44	Fred Lucas	00:20:49	Ellesmere port running club	M	38	M V40	8
45	Neil Fisher	00:20:58	Penny Lane Striders	M	39	M V35	8
46	Allan McDonough	00:21:07	Knowsley Harriers AC	M	40	M V45	10
47	Kelly Marrin	00:21:08	Southport Strollers	F	6	F V45	1
48	Michael Connor	00:21:14	Penny Lane Striders	M	41	M V55	1

49	Danny Murphy	00:21:17	Kirkby Milers	M	42	M V35	9
50	Ben Short	00:21:23	-	M	43	M Senior	7
51	Alan Joyce	00:21:27	Knowsley Harriers AC	M	44	M V65	2
52	Joseph MaGuire	00:21:31	-	M	45	M U17	2
53	Joe Hart	00:21:33	Merseytri	M	46	M Senior	8
54	Paul Dowdle	00:21:37	St Helens striders	M	47	M V50	5
55	Arran Roberts	00:21:42	Knowsley Harriers AC	M	48	M Senior	9
56	Syd Omar	00:21:52	Pennylane Striders	M	49	M V50	6
57	Steven Bullock	00:21:53	-	M	50	M V65	3
58	Alex Mortlock	00:21:57	Penny Lane Striders	F	7	F Senior	2
59	Katie Johnson	00:22:00	Penny Lane Striders	F	8	F V40	4
60	Josh Hughes	00:22:06	Knowsley Harriers AC	M	51	M Senior	10
61	Elliott Murphy	00:22:07	Knowsley Harriers AC	M	52	M Senior	11
62	Dean Thackray	00:22:08	St Helens Striders	M	53	M Senior	12
63	Nathan Ashurst	00:22:21	Warrington Running Club	M	54	M V40	9
64	Ryan Jones Jnr	00:22:28	Kirkby Milers	M	55	M U17	3
65	Michelle Murphy	00:22:30	Liverpool Harriers	F	9	F V55	1
66	Steven Maguire	00:22:37	Penny Lane Striders	M	56	M V45	11
67	Kam Dosanjh	00:22:43	Penny Lane Striders	F	10	F V45	2
68	John Brown	00:22:43	Penny Lane Striders	M	57	M V60	2
69	Tony Holmes	00:22:46	Liverpool Running Club	M	58	M V60	3
70	Chris Wills	00:22:49	Southport Strollers	M	59	M V45	12
71	William John Jones	00:23:18	Knowsley Harriers AC	M	60	M V55	2
72	Jessica Lewis	00:23:26	Penny Lane Striders	F	11	F Senior	3
73	John Barr	00:23:28	St Helens Striders	M	61	M V70	1
74	Njideka Agwuna	00:23:29	Penny Lane Striders	F	12	F V50	1
75	Katharine Mansell	00:23:33	St Helens striders	F	13	F V40	5
76	Paul Roberts	00:23:38	Knowsley Harriers AC	M	62	M V40	10
77	Michael Maloney	00:23:45	Knowsley Harriers AC	M	63	M V70	2
78	Neil Brailsford	00:23:46	Knowsley Harriers AC	M	64	M V45	13
79	Alex Brown	00:23:47	Knowsley Harriers AC	M	65	M Senior	13
80	Peter Foale	00:23:55	-	M	66	M V70	3
81	Marty Hirrel	00:24:01	Penny Lane Striders	M	67	M V55	3
82	David McAlister	00:24:04	Wallasey AC	M	68	M V60	4
83	Paul McDonald	00:24:07	Liverpool Irish Rovers	M	69	M V55	4
84	Jack Lawton Green	00:24:10	-	M	70	M Senior	14
85	Brenda Cahill	00:24:11	St Helens Striders	F	14	F V65	1
86	Rachael Lea	00:24:15	Cheshire Dragons	F	15	F V40	6
87	Lee Warburton	00:24:21	Penny Lane Striders	M	71	M V50	7
88	Mary Heery	00:24:44	Penny Lane Striders	F	16	F V60	1
89	William Merritt	00:24:46	Knowsley Harriers AC	M	72	M V60	5
90	Kirstie McCaffrey	00:24:48	St Helens Striders	F	17	F Senior	4
91	Alan Spencer	00:25:00	Knowsley Harriers AC	M	73	M V60	6
92	Mike Evans	00:25:02	Knowsley Harriers AC	M	74	M V70	4
93	Ann-Marie McCarthy	00:25:41	Knowsley Harriers AC	F	18	F V55	2
94	John Houghton	00:25:49	Run Sandymoor	M	75	M V60	7
95	Rachel Tickle	00:26:47	St Helens Striders	F	19	F V35	2
96	Jo Herriott	00:26:52	St Helens Striders	F	20	F V45	3
97	John Waterson	00:26:59	Knowsley Harriers AC	M	76	M V50	8
98	Claire Meadows	00:27:01	North Endurance	F	21	F V50	2
99	John Dobie	00:27:10	Liverpool Pembroke Sefton AC	M	77	M V75	1
100	Gary ward	00:27:21	St Helens streiders	M	78	M V40	11

101	Lesley-Anne Cucksey	00:27:54	Wallasey AC	F	22	F V60	2
102	Alan D'Henin	00:28:05	Knowsley Harriers AC	M	79	M V70	5
103	Julie Edge	00:28:07	Run Sandymoor	F	23	F V50	3
104	Alex Garner	00:28:17	-	M	80	M Senior	15
105	Leslie Edwards	00:28:29	Penny Lane Striders	M	81	M V60	8
106	Eleanor Williams	00:29:01	-	F	24	F V35	3
107	Nathan Evans	00:29:18	-	M	82	M U13	2
108	Mike Evans 2	00:29:24	-	M	83	M V45	14
109	Angela Joyce KHAC	00:30:16	Knowsley Harriers AC	F	25	F V65	2
110	Katherine Stanley	00:32:55	-	F	26	F Senior	5
111	Allan Gibbs-Monagh	00:34:16	Liverpool Running Club	M	84	M V45	15
112	Diane Peck	00:34:17	Knowsley Harriers AC	F	27	F V45	4