

: 06 May 2023

This race is part of a series. Age categories are taken from 01/01/2023. Category positions to be inserted.

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Stephen Campbell	00:16:44	Liverpool Harriers	M	1	M Senior	1
2	James Mackie	00:17:01	Wirral AC	M	2	M V45	1
3	John Myers	00:17:20	Run Sandymoor	M	3	M V45	2
4	Aaron Spenceley	00:17:24	Run Sandymoor	M	4	M Senior	2
5	Rob Dewhurst	00:17:33	Liverpool Harriers	M	5	M V45	3
6	Ashley Crawford	00:17:51		M	6	M V35	1
7	Dean Evans	00:18:14	Liverpool Running Bugs	M	7	M U17	1
8	Lawrence Eccles	00:18:16	Penny Lane Striders	M	8	M V35	2
9	Colin Bishop	00:18:19	Warrington Running Club	M	9	M V60	1
10	Neil Byrne	00:18:22	Run Sandymoor	M	10	M V50	1
11	Michael Frawley	00:18:25	Vegan Runners	M	11	M V40	1
12	Tom Mattack	00:18:37	Liverpool Pembroke Sefton AC	M	12	M Senior	3
13	John McLaren	00:18:47	Knowsley Harriers AC	M	13	M V40	2
14	Paul Demore	00:18:49	St Helens Striders	M	14	M V55	1
15	Phil Riding	00:18:49	Penny Lane Striders	M	15	M V45	4
16	Paul Riley	00:19:03	Penny Lane Striders	M	16	M V50	2
17	Andrew Biddle	00:19:06	Penny Lane Striders	M	17	M V45	5
18	David Gill	00:19:13	Warrington Athletic Club	M	18	M V65	1
19	Alan Perks	00:19:19	-	M	19	M V35	3
20	David Rea	00:19:20	Liverpool Running Club	M	20	M Senior	4
21	Tadie Abeki	00:19:26	Mersey Tri	M	21	M V45	6
22	James Hendry	00:19:30	Liverpool Running Club	M	22	M Senior	5
23	Robert Hough	00:19:31	Widnes Running Club	M	23	M V40	3
24	Jay Johnson	00:19:35	Vegan Runners UK	M	24	M V35	4
25	Stuart Atherton	00:19:41	Knowsley Harriers AC	M	25	M V40	4
26	Harry Redhead	00:19:43	Kirkby Milers	M	26	M U13	1
27	Neil Realey	00:19:53	-	M	27	M V55	2
28	Matty Williams	00:20:00	Penny Lane Striders	M	28	M Senior	6
29	Graham Cushion	00:20:04	Kirkby Milers	M	29	M V45	7
30	Jo Harrison	00:20:05	Penny Lane Striders	F	1	F V35	1
31	Nigel Grant	00:20:20	Penny Lane Striders	M	30	M V60	2
32	Lisa Crosby	00:20:31	Penny Lane Striders	F	2	F V50	1
33	Matthew Wardell	00:20:42	-	M	31	M Senior	7
34	Ethan Burns	00:20:44	Knowsley Harriers AC	M	32	M Senior	8
35	Ian Pyne	00:20:48		m	29	m V35	5
36	Graham bretherton	00:20:55		M	33	M V35	5
37	Jude Bretherton	00:20:55		M	34	M U13	2
38	David Owens	00:20:56	Penny Lane Striders	M	35	M V45	8
39	Markus Burgan-Harrisc	00:21:30	Kirkby milers	M	36	M U13	3
40	Mike Sherwin	00:21:36	Run Sandymoor	M	37	M V50	3
41	Martin Berry	00:22:08	Warrington Road Runners	M	38	M V45	9
42	Emma Fraser	00:22:13	Run Sandymoor	F	3	F V45	1
43	Dave Flitcroft	00:22:22	Preston Harriers	M	39	M V55	3
44	Michael Buckland	00:22:26	Penny Lane Striders	M	40	M V50	4
45	Jonathan Mackie	00:22:29	Knowsley Harriers AC	M	41	M V50	5
46	Aron Savage	00:22:37	Kirkby Milers	M	42	M U13	4
47	William John Jones	00:22:53	Knowsley Harriers AC	M	43	M V55	4
48	Michelle Murphy	00:22:57	Liverpool Harriers	F	4	F V55	1
49	Tony Holmes	00:23:14	Liverpool Running Club	M	44	M V60	3
50	Oonagh M Jaquest	00:23:28	Penny Lane Striders	F	5	F V45	2
51	Patrick Gaul	00:23:40	Liverpool Irish Rovers	M	45	M V60	4

52	Alan McDermott	00:23:45	Penny Lane Striders	M	46	M V55	5
53	Bhavna Mistry	00:23:45	Marsh Lane Harriers	F	6	F V50	2
54	Timo Nieminen	00:23:48	Knowsley Harriers AC	M	47	M V65	2
55	Lisa Cusack	00:24:05	Penny Lane Strider	F	7	F V45	3
56	Marty Hirrel	00:24:07	Penny Lane Striders	M	48	M V55	6
57	Michael Maloney	00:24:12	Knowsley Harriers AC	M	49	M V70	1
58	Jessica McLeod	00:24:14	Knowsley Harriers AC	F	8	F U13	1
59	Peter Foale	00:24:35		M	50	M V70	2
60	David Kerfoot	00:24:45	Preston Harriers	M	51	M V65	3
61	Chris Probert	00:24:53	Penny Lane Striders	M	52	M V60	5
62	Dan Hawkins	00:25:13		M	53	M Senior	9
63	Norma Forrester	00:25:27	Knowsley Harriers AC	F	9	F V55	2
64	Paul Fitzgerald	00:25:28	St Helens Striders	M	54	M V45	10
65	William Merritt	00:25:29	Knowsley Harriers AC	M	55	M V60	6
66	Anita Hall	00:25:37	St Helens Striders	F	10	F V50	3
67	Alan Spencer	00:26:10	Knowsley Harriers AC	M	56	M V60	7
68	Tony Green	00:26:18	Penny Lane Striders	M	57	M V65	4
69	Dennis Yarwood	00:26:20	Spectrum Striders	M	58	M V55	7
70	Alex Garner	00:26:51		M	59	M Senior	10
71	Jenny Appleton	00:27:36	St Helens Striders	F	11	F V40	1
72	Kim Wellens	00:27:38	St Helens Striders	F	12	F Senior	1
73	John Dobie	00:27:42	Liverpool Pembroke Sefton AC	M	60	M V75	1
74	Colin Clarke	00:27:44	St Helens Striders	M	61	M V45	11
75	James McEvoy	00:27:45		M	62	M U17	2
76	Jessica Wood	00:28:28	St Helens Striders	F	13	F Senior	2
77	Jason Mather	00:28:29	St Helens Striders	M	63	M V55	8
78	Julie Edge	00:28:30	Run Sandymoor	F	14	F V50	4
79	John Houghton	00:28:31	Run Sandymoor	M	64	M V60	8
80	Harriet Wilson	00:28:44	-	F	15	F Senior	3
81	Clive Morrison	00:29:17	Run Sandymoor	M	65	M V60	9
82	Kris Bolger	00:29:25	Knowsley Harriers AC	F	16	F V40	2
83	Natalie Hollett	00:29:26	-	F	17	F Senior	4
84	Alan Moore	00:29:56	Penny Lane Striders	M	66	M V60	10
85	Angela Joyce	00:30:40	Knowsley Harriers AC	F	18	F V65	1
86	Alan Joyce	00:30:40	Knowsley Harriers AC	M	67	M V65	5
87	Ian Maddocks	00:30:48	-	M	68	M Senior	11
88	Sarah Wright	00:30:50	Knowsley Harriers AC	F	19	F V45	4
89	John Machan	00:30:51		M	69	M Senior	12
90	Kayleigh Champion	00:31:02	Knowsley Harriers	F	20	F V35	2
91	Rebekka Towers	00:31:03	Knowsley Harriers	F	21	F Senior	5
92	Claudia McLean	00:31:08	Ladybird	F	22	F V50	5
93	Onnor Hampson	00:31:09		F	23	F V50	6
94	Eunice Nopondo	00:31:15	Penny Lane Striders	F	24	F V55	3
95	Philip Reeds	00:31:16		M	70	M Senior	13
96	Marie McEvoy	00:31:55	Knowsley Harriers	F	25	F V40	3
97	Rachel Boyle	00:31:55	-	F	26	F V40	4
98	Allan Gibbs-Monaghar	00:32:14	Liverpool Running Club	M	71	M V45	12
99	Chris Armitage	00:32:20	-	M	72	M V50	6
100	Natalie Matthews	00:32:39		F	27	F V45	5
101	David Matthews	00:32:39	Kirkby Milers	M	73	M V45	13
102	Katherine Stanley	00:32:55		F	28	F Senior	6
103	Janet Holmes	00:33:10	St Helens Striders	F	29	F V65	2
104	Joanna Skinner	00:34:08	-	F	30	F V55	4
105	Chloe Beckett	00:35:11	Knowsley Harriers AC	F	31	F Senior	7
106	Paul Blaney	00:35:14	Knowsley Harriers AC	M	74	M V65	6

107	Jayne Cross	00:35:22	Knowsley C25K	F	32	F V50	7
108	Joanne Dickens	00:35:22		F	33	F V50	8
109	Paul Jackson	00:35:23		M	75	M V50	7
110	Ava Moss	00:37:35	-	F	34	F Senior	8
111	Sarah Skelton	00:37:48	-	F	35	F V35	3
112	Jo Campbell	00:38:05	Knowsley C25K	F	36	F V50	9
113	Liz Connolly	00:38:05	Knowsley Harriers AC	F	37	F V45	6
114	Sioux McGee	00:40:26	Penny Lane Striders	F	38	F V60	1
115	Amy Bannon	00:40:28	Knowsley C25K	F	39	F Senior	9
116	Alan D'Henin	00:40:30	Knowsley Harriers AC	M	76	M V70	3
117	Michelle Smith	00:40:34	Knowsley Harriers AC	F	40	F V40	5
118	Gillian Treadell	00:40:40		F	41	F V45	7
119	Joyce Connolly-Lloyd	00:40:42	KHAC C25K	F	42	F V50	10
120	Diane Peck	00:40:44	Knowsley Harriers AC	F	43	F V45	8