

: 04 Mar 2023

This race is part of a series. Age categories are taken from 01/01/2023. Category positions to be inserted.

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Paul Edwards	00:16:22	Mikkeller Running Club Liverpool	M	1	M Senior	1
2	Derri Henderson	00:16:27	Kirkby Milers	M	2	M U17	1
3	James Muscart	00:16:57		M	3	M Senior	2
4	David Fazakerley	00:17:02	Liverpool Running Club	M	4	M Senior	3
5	David Willshire	00:17:13	Penny Lane Striders	M	5	M V40	1
6	John myers	00:17:15	Run Sandymoor	M	6	M V45	1
7	Nick Turner	00:17:22	Liverpool Pembroke Sefton AC	M	7	M V35	1
8	Ashley Crawford	00:17:35		M	8	M V35	2
9	david rea	00:17:56	Liverpool Running Club	M	9	M Senior	4
10	phil riding	00:18:10	Penny Lane Striders	M	10	M V45	2
11	Lisa Gawthorne	00:18:24	Liverpool Pembroke Sefton AC	F	1	F V40	1
12	Stuart Atherton	00:18:26	Knowsley Harriers AC	M	11	M V40	2
13	John McLaren	00:18:29	Knowsley Harriers AC	M	12	M V40	3
14	Neil Byrne	00:18:29	Run Sandymoor	M	13	M V50	1
15	Carlos Wilson	00:18:30	St Helens Striders	M	14	M V40	4
16	Sam Jones	00:18:41		M	15	M Senior	5
17	Michael Frawley	00:18:43	Vegan Runners	M	16	M V40	5
18	Michael Fairhurst	00:18:43		M	17	M V45	3
19	Paul Williams	00:18:49	North endurance	M	18	M V35	3
20	Phil Armstrong	00:18:59	Knowsley Harriers AC	M	19	M Senior	6
21	Will Turton	00:19:04	Mersey Tri	M	20	M V45	4
22	Rachel Mason	00:19:10		F	2	F Senior	1
23	Peter Atkin	00:19:14	Liverpool running club	M	21	M Senior	7
24	Matthew Bennett	00:19:16	Liverpool Pembroke Sefton AC	M	22	M U13	1
25	Callum Finch	00:19:19	Liverpool harriers	M	23	M U13	2
26	John Bampton	00:19:21	Penny Lane Striders	M	24	M V50	2
27	Jay Johnson	00:19:30	Vegan Runners UK	M	25	M V35	4
28	Lewis Hinton	00:19:40	Penny Lane Striders	M	26	M Senior	8
29	Gavin Parry	00:19:53	Knowsley Harriers AC	M	27	M V50	3
30	Chris Levick	00:20:05	Helsby Running Club	M	28	M V35	5
31	Helen Sahgar	00:20:08	Liverpool Pembroke Sefton AC	F	3	F V35	1
32	Andrea Bond	00:20:22	Penny Lane Striders	F	4	F V40	2
33	Allan McDonough	00:20:23	Knowsley Harriers AC	m	4	m V45	2
34	Jo harrison	00:20:24	Penny Lane Striders	F	5	F V35	2
35	David Owens	00:20:27	Penny Lane Striders	M	29	M V45	5
36	Michael Connor	00:20:54	Penny Lane Striders	M	30	M V55	1
37	Joel Barlow	00:21:17		M	31	M Senior	9
38	Gerald Bossa Musoke	00:21:21	Liverpool harriers	M	32	M V40	6
39	Jude Bretherton	00:21:41		M	33	M U13	3
40	Graham Bretherton	00:21:41		M	34	M V35	6
41	Emma Fraser	00:21:52	Run Sandymoor	F	6	F V45	1
42	Nathan Ashurst	00:21:57	Warrington Running Club	M	35	M V40	7
43	Martin Berry	00:22:16	Warrington Road Runners	M	36	M V45	6
44	Matt Dutton	00:22:26	Penny Lane Striders	M	37	M V45	7
45	Shaun Geoghan	00:22:37	Liverpool Running Bugs	M	38	M V55	2
46	Kam Dosanjh	00:22:46	Penny Lane Striders	F	7	F V45	2
47	David McAlister	00:23:00	Wallasey AC	M	39	M V60	1
48	Stephanie Mcbride	00:23:06		F	8	F Senior	2
49	James Ellis	00:23:07	Kirkby Milers	M	40	M V35	7
50	john brown	00:23:16	Penny Lane Striders	M	41	M V60	2
51	Gary Huddleston	00:23:32	Penny Lane Striders	M	42	M V55	3

52	Michael Maloney	00:23:36	Knowsley Harriers AC	M	43	M V70	1
53	Timo Nieminen	00:23:47	Knowsley Harriers AC	M	44	M V65	1
54	Brandon Murphy	00:23:50		M	45	M Senior	10
55	John Barr	00:23:52	St Helens Striders	M	46	M V70	2
56	Steven Bullock	00:23:56		M	47	M V65	2
57	Marty Hirrel	00:23:58	Penny Lane Striders	M	48	M V55	4
58	Ged Preston	00:24:09	Penny Lane Striders	M	49	M V40	8
59	Dan Hawkins	00:24:33		M	50	M Senior	11
60	Sue O'Brien	00:24:35	Widnes Running Club	F	9	F V60	1
61	Josh Hughes	00:24:40	Knowsley Harriers AC	M	51	M Senior	12
62	Emma Ladanowski	00:24:41	Knowsley Harriers AC	F	10	F Senior	3
63	Katie Owens	00:25:05	Mersey Tri	F	11	F V45	3
64	Darren Booth	00:25:13	Run Sandymoor	M	52	M V45	8
65	Alan Spencer	00:25:23	Knowsley Harriers AC	M	53	M V60	3
66	Danielle Turnbull	00:25:28		F	12	F Senior	4
67	jenny Doherty	00:26:01		F	13	F V40	3
68	leslie Edwards	00:26:20	Penny Lane Striders	M	54	M V60	4
69	Francis Mellett	00:26:23	Knowsley Harriers AC	M	55	M V55	5
70	Mike Evans	00:26:39	Knowsley Harriers AC	M	56	M V70	3
71	Karen Parry	00:26:48	Knowsley Harriers AC	F	14	F V50	1
72	Cameron Cucksey	00:26:55		M	57	M Senior	13
73	Graeme bACK	00:27:02	Penny Lane Striders	M	58	M V45	9
74	Alex Garner	00:27:09		M	59	M Senior	14
75	Clive Morrison	00:27:17	Run Sandymoor	M	60	M V60	5
76	Kieran Grierson	00:27:55		M	61	M Senior	15
77	Kathryn Bayfield	00:28:12	Knowsley Harriers AC	F	15	F V35	3
78	Megan Thomas	00:28:16	Penny Lane Striders	F	16	F Senior	5
79	Julie Edge	00:28:22	Run Sandymoor	F	17	F V50	2
80	Lesley-Anne Cucksey	00:28:24	Wallasey AC	f	64	f V70	6
81	Fay stevensova	00:28:31	Polegate Plodders	F	18	F V45	4
82	Philip Reeds	00:30:19		M	62	M Senior	16
83	Eunice Nopondo	00:31:10	Penny Lane Striders	F	19	F V55	1
84	Katherine Stanley	00:35:20		F	20	F Senior	6
85	Diane Peck	00:36:38	Knowsley Harriers AC	F	21	F V45	5
86	Michelle Smith	00:37:19	Knowsley Harriers AC	F	22	F V40	4
87	RON THORNTON	00:39:34	Liverpool Running Bugs	M	63	M V80	1
88	Dagmara Stankiewicz	00:39:35	Knowsley Harriers AC	F	23	F Senior	7