

**Results: James' Place Halewood 5K - 4th Nov 2023**

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Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Paul Howard	00:15:50	St Helens Striders	M	1	M V35	1
2	Gwynant Jones	00:16:25	Maldwyn Harriers	M	2	M Senior	1
3	Derri Henderson	00:16:44	Kirkby Milers	M	3	M U17	1
4	Daniel Merrick	00:16:49	St Helens Striders	M	4	M V35	2
5	Pete Fenn	00:17:23	None	M	5	M V40	1
6	David Willshire	00:17:35	Penny Lane Striders	M	6	M V40	2
7	Alex Rigby	00:17:48	-	M	7	M Senior	2
8	Jamie Rutherford	00:17:50	Liverpool Running Club	M	8	M Senior	3
9	Adam Simpkin	00:17:55	-	M	9	M V35	3
10	Jonathan Kirkman	00:17:57	St Helens Striders	M	10	M V35	4
11	David Rea	00:18:18	Liverpool Running Club	M	11	M Senior	4
12	Lucas Guyett	00:18:22	Liverpool harriers	M	12	M U13	1
13	Al Smithson	00:18:33	Mersey Tri	M	13	M V35	5
14	Thomas Wright	00:18:40	Kirkby Milers	M	14	M V35	6
15	John McLaren	00:18:42	Knowsley Harriers AC	M	15	M V40	3
16	James Hendry	00:18:43	Liverpool Running Club	M	16	M Senior	5
17	Phil Riding	00:18:45	Penny Lane Striders	M	17	M V45	1
18	Paul Riley	00:18:49	Penny Lane Striders	M	18	M V50	1
19	Brendan Burns	00:19:03	Liverpool Running Club	M	19	M V35	7
20	Phil Armstrong	00:19:04	Knowsley Harriers AC	M	20	M Senior	6
21	Gary Wilton	00:19:11	Kirkby Milers	M	21	M V45	2
22	Luke Curtis	00:19:21	Penny Lane Striders	M	22	M V40	4
23	Logan Kelly	00:19:24	Marsh Lane Harriers	M	23	M U13	2
24	Chris Gibbons	00:19:26	Mersey Tri	0	23	V35	3
25	David Owens	00:19:28	Penny Lane Striders	M	24	M V45	3
26	Antony McCoag	00:19:33	Liverpool running club	M	25	M Senior	7
27	Joel Barlow	00:19:40	-	M	26	M Senior	8
28	Luke Jones	00:19:43	Knowsley Harriers AC	M	27	M Senior	9
29	Elliot Kerins	00:19:46	Penny lane striders	M	28	M Senior	10
30	Scott Hambleton	00:20:00	Penny Lane Striders	M	29	M V40	5
31	Gary Thompson	00:20:05	Kirkby Milers	M	30	M V40	6
32	Graham Cushion	00:20:05	Kirkby Milers	M	31	M V45	4
33	Lee Moore	00:20:06	Kirkby Milers	M	32	M V35	8
34	Michael Gall	00:20:06	Liverpool Pembroke Sefton AC	M	33	M V35	9
35	Mark Ingarfield	00:20:07	Kirkby Milers	M	34	M V50	2
36	Tony Landry	00:20:09	Kirkby Milers	M	35	M V60	1
37	Marc Jacques	00:20:09	Kirkby Milers	M	36	M V55	1
38	Emma Callery	00:20:10	St Helens striders	F	1	F V35	1
39	Jo Harrison	00:20:24	Penny Lane Striders	F	2	F V35	2
40	Clinton Halsall	00:20:25	-	M	37	M V50	3
41	Cameron McCormack	00:20:30	Liverpool Running Bugs	M	38	M U20	1
42	Philip Taylor	00:20:40	Knowsley Harriers AC	M	39	M V35	10
43	Carl Yu	00:20:58	Liverpool Running Club	M	40	M V45	5
44	Dan Hawkins.	00:21:11		0	42	Senior	10
45	Alan Mcdermott	00:21:26	Penny Lane Striders	M	41	M V55	2
46	Terry Lynch	00:21:33	Penny Lane Striders	M	42	M V50	4
47	Alan Joyce	00:21:46	Knowsley Harriers AC	M	43	M V65	1
48	Jennifer Harper	00:21:49	Liverpool Running bugs	F	3	F V35	3
49	James Stancet	00:21:51	Liverpool Running Bugs	0	45	V45	2
50	James Newman	00:21:54	Penny Lane Striders	0	46	Senior	4
51	Syd Omar	00:21:55	Penny Lane Striders	M	44	M V50	5
52	Shaun Geoghan	00:21:57	Liverpool Running Bugs	M	45	M V55	3

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53	Jae Kelly	00:21:59	Marsh Lane Harriers	M	46	M V40	7
54	Elliott Murphy	00:22:00	Knowsley Harriers AC	M	47	M Senior	11
55	Martin Berry	00:22:10	Warrington Road Runners	M	48	M V45	6
56	Zak Thompson	00:22:14	Kirkby Milers	M	49	M U13	3
57	James Ellis	00:22:15	Kirkby Milers	M	50	M V35	11
58	Carmel Edwards	00:22:18	Kirkby Milers	F	4	F V40	1
59	Dan Hawkins	00:22:20	-	M	51	M Senior	12
60	Neil Roberts	00:22:21	Liverpool Pembroke Sefton AC	M	52	M V55	4
61	Chris Lyndon	00:22:22	Penny Lane Striders	0	54	V35	12
62	Natalie Sandford	00:22:26	Manchester Road Runners	F	5	F Senior	1
63	Jennifer Martin	00:22:31	St Helens Striders	F	6	F V40	2
64	Mark Mills	00:22:42	Knowsley Harriers AC	M	53	M V35	12
65	James Stansfield	00:22:44	Penny Lane Striders	M	54	M Senior	13
66	Steven Bullock	00:22:48	-	M	55	M V65	2
67	Annmarie Riley	00:22:56	Penny Lane Striders	F	7	F V50	1
68	Allan McDonough	00:22:57	Knowsley Harriers AC	M	56	M V45	7
69	John Brown	00:23:19	Penny Lane Striders	M	57	M V60	2
70	Kenny Shurie-Mackenzie	00:23:21	Kirkby Milers	M	58	M V50	6
71	Steve Bennett	00:23:35	Penny Lane Striders	M	59	M V55	5
72	Rachel Gyte	00:23:47	Chorlton running club	F	8	F Senior	2
73	Finley Shurie-Mackenzie	00:23:48	Kirkby Milers	M	60	M U13	4
74	Dawn Atherton	00:23:50	Knowsley Harriers AC	F	9	F V35	4
75	Sharon Swift	00:23:55	St Helens Striders	F	10	F V50	2
76	Graham Ashton	00:23:55	-	M	61	M V55	6
77	Simon Clarke	00:23:58	Southport Waterloo AC	M	62	M V55	7
78	Kam Dosanjh	00:24:05	Penny Lane Striders	F	11	F V45	1
79	Brenda Cahill	00:24:07	St Helens Striders	F	12	F V65	1
80	Michael Edwards	00:24:30	Penny Lane Striders	M	63	M V60	3
81	Sue O'Brien	00:24:32	Widnes Running Club	F	13	F V60	1
82	Chris Probert	00:24:38	Penny Lane Striders	M	64	M V60	4
83	Abir Ali	00:24:45	Liverpool Running Bugs	M	65	M V45	8
84	Michael Maloney	00:24:47	Knowsley Harriers AC	M	66	M V70	1
85	John Houghton	00:24:49	Run Sandymoor	M	67	M V60	5
86	Karen Parry	00:24:53	Knowsley Harriers AC	F	14	F V50	3
87	Arran Roberts	00:24:58	Knowsley Harriers AC	M	68	M Senior	14
88	Laura Hennahane	00:24:59	Penny Lane Striders	F	15	F V35	5
89	Ann-Marie Mccarthy	00:25:15	Knowsley Harriers AC	F	16	F V55	1
90	Tony Hunter	00:25:23	St Helens Striders	M	69	M V45	9
91	John Barr	00:25:30	St Helens Striders	M	70	M V70	2
92	Jessica Mcleod	00:25:40	Knowsley Harriers AC	F	17	F U13	1
93	Bhavna Mistry	00:25:48	Marsh Lane Harriers	F	18	F V50	4
94	Josh Hughes	00:25:56	Knowsley Harriers AC	M	71	M Senior	15
95	Mike Evans	00:26:06	Knowsley Harriers AC	M	72	M V70	3
96	Kathleen Donzle	00:26:16	-	F	19	F V40	3
97	Leslie Edwards	00:26:20	Penny Lane Striders	M	73	M V60	6
98	Rachel Rick	00:26:25	Penny Lane Striders	F	20	F V60	2
99	Jessica Wood	00:26:26	St Helens Striders	F	21	F Senior	3
100	John Waterson	00:26:31	Knowsley Harriers AC	M	74	M V50	7
101	Karen McDonough	00:26:44	-	F	22	F V45	2
102	Marty Hirrel	00:26:50	Penny Lane Striders	M	75	M V55	8
103	David Cross	00:26:56	-	M	76	M Senior	16
104	Stephen Tomlinson	00:26:58	Knowsley Harriers AC	M	77	M Senior	17

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105	Megan Thomas	00:27:02	Penny Lane Striders	F	23	F Senior	4	
106	Michael Devereux	00:27:22	Penny Lane Striders	M	78	M V70	4	
107	Katie Owens	00:27:24	Mersey Tri	F	24	F V45	3	
108	Graeme Back	00:27:45	Penny Lane Striders	M	79	M V45	10	
109	Kathryn Bayfield	00:27:48	Knowsley Harriers AC	F	25	F V35	6	
110	Bill Sergeson	00:27:52	Penny Lane Strider's	M	80	M V50	8	
111	Joanne Sutherland	00:27:54	Penny Lane Striders	F	26	F V45	4	
112	Mike Connolly	00:27:59	Knowsley Harriers AC	M	81	M V40	8	
113	Helen Roche	00:28:23	LRC	F	27	F V40	4	
114	Clive Morrison	00:28:32	Run Sandymoor	M	82	M V60	7	
115	Stephen Nand-Lal	00:28:43	Knowsley Harriers AC	M	83	M Senior	18	
116	Jen Ashton	00:29:31	-	F	28	F V50	5	
117	Timo Nieminen	00:29:33	Knowsley Harriers AC	M	84	M V65	3	
118	Maxine Morris	00:29:43		0	91	V45	14	
119	Kris Bolger	00:30:42	Knowsley Harriers AC	F	29	F V40	5	
120	Alan Spencer	00:31:00	Knowsley Harriers AC	M	85	M V60	8	
121	Mark McDonough	00:31:01	Knowsley Harriers AC	M	86	M V45	11	
122	Rebecca Igglesden	00:31:40	Knowsley harrier (C25K)	F	30	F Senior	5	
123	Sharon Graham	00:32:08	-	F	31	F V50	6	
124	Kieran Grierson	00:32:08	Knowsley Harriers AC	M	87	M Senior	19	
125	Lauren Katy Igglesden	00:32:31	Knowsley Harriers	F	32	0	4	
126	Jenny Tomkinson	00:32:59	Knowsley Harriers AC	F	33	F Senior	6	
127	Sophie Leyshon	00:33:13	Knowsley Harriers (C25K)	M	88	M Senior	20	
128	Cara Bartlett	00:33:53	Knowsley Harriers AC	F	34	F V45	5	
129	Lindsay Done	00:34:00	Knowsley Harriers(C25K)	F	35	F V40	6	
130	Chris Graham	00:34:10		0	30	V50	6	
131	Francis Mellett	00:34:15	Knowsley Harriers AC	M	89	M V55	9	
132	Paul Blaney	00:34:41	Knowsley Harriers AC	M	90	M V65	4	
133	Denis Machan	00:35:20	Knowsley Harriers (C25K)	M	91	M V55	10	
134	Ian Mccarthy	00:35:22	Knowsley Harriers AC	M	92	M V60	9	
135	John Machan	00:35:22	-	M	93	M Senior	21	
136	Bob Rix	00:35:38		0	M	94	M Senior	22
137	Dawn Molloy	00:36:05	Knowsley Harriers	F	36	F V55	2	
138	Nicola Roberts	00:36:07	Knowsley Harriers AC	F	37	F V40	7	