

: 04 Feb 2023

This race is part of a series. Age categories are taken from 01/01/2023. Category positions to be inserted.

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Darren Stewart	00:15:40	Penny Lane Striders	M	1	M Senior	1
2	Josh Redmond	00:15:44	Liverpool Harriers	M	2	M U17	1
3	Sean Jones	00:16:10	Penny Lane Striders	M	3	M V35	1
4	James Webster	00:16:25	Liverpool Harriers	M	4	M Senior	2
5	Derri Henderson	00:16:30	Kirkby Milers	M	5	M U17	2
6	Aaron Spenceley	00:16:54	Run Sandymoor	M	6	M Senior	3
7	Alex Cowin	00:17:08	Penny Lane Striders	M	7	M V40	1
8	David Willshire	00:17:17	Penny Lane Striders	M	8	M V40	2
9	Stephen Bennett 2	00:17:29		M	9	M V40	3
10	John Myers	00:17:32	Run Sandymoor	M	10	M V45	1
11	Ashley Crawford	00:17:35		M	11	M V35	2
12	Nathan Woods	00:17:37	Helsby Running Club	M	12	M V40	4
13	Will Kozer	00:17:55	Widnes Running Club	M	13	M V35	3
14	Steven Tracey	00:18:13	Warrington Road Runners	M	14	M Senior	4
15	David Riding	00:18:18		M	15	M V40	5
16	Fran Hourigan	00:18:20	Widnes Running Club	M	16	M V45	2
17	Michael Wilkinson	00:18:23	Wirral AC	M	17	M V35	4
18	John McLaren	00:18:25	Knowsley Harriers AC	M	18	M V40	6
19	Phil Riding	00:18:29	Penny Lane Striders	M	19	M V45	3
20	Carlos Wilson	00:18:29	St Helens Striders	M	20	M V40	7
21	Carmel Edwards	00:18:41	Kirkby Milers	F	1	F V40	1
22	Scott Hambleton	00:18:48	Penny Lane Striders	M	21	M V40	8
23	Steve Spence	00:19:00	Wirral AC	M	22	M V50	1
24	Neil Byrne	00:19:04	Run Sandymoor	M	23	M V50	2
25	Stuart Atherton	00:19:20	Knowsley Harriers AC	M	24	M V40	9
26	Rachel Mason	00:19:24		F	2	F Senior	1
27	Sam Jones	00:19:25		M	25	M Senior	5
28	James Lee	00:19:28	Penny Lane Striders	M	26	M Senior	6
29	Matthew Bennett	00:19:31	Liverpool Pembroke Sefton AC	M	27	M U13	1
30	Gary Fisher	00:19:35	Kirkby Milers	M	28	M V35	5
31	Phil Armstrong	00:19:41	Knowsley Harriers AC	M	29	M Senior	7
32	Andrea Bond	00:19:41	Penny Lane Striders	F	3	F V40	2
33	Kathryn Bradley	00:19:46	Penny Lane Striders	F	4	F Senior	2
34	Jeremy Sheedy	00:19:50		M	30	M V35	6
35	Paul Demore	00:20:01	St Helens Striders	M	31	M V55	1
36	Stuart Ackers	00:20:01		M	32	M Senior	8
37	Andrew Keeley	00:20:05	Penny Lane Striders	M	33	M V60	1
38	Sean Triggs	00:20:13	Kirkby Milers	M	34	M Senior	9
39	Simon Birtles	00:20:17	Penny Lane Striders	M	35	M V55	2
40	Lisa Crosby	00:20:27	Penny Lane Striders	F	5	F V50	1
41	Adam Hampson	00:20:34	Widnes RC	M	36	M Senior	10
42	Hayley Fairclough	00:20:38	Penny Lane Striders	F	6	F V40	3
43	Jack Buckton	00:20:38	Penny Lane Striders	M	37	M Senior	11
44	Allan McDonough	00:20:40	Knowsley Harriers AC	m	42	m V45	8
45	Jo Harrison	00:20:42	Penny Lane Striders	F	7	F V35	1
46	Michael Connor	00:20:53	Penny Lane Striders	M	38	M V55	3
47	Nigel Grant	00:21:06	Penny Lane Striders	M	39	M V60	2
48	Kelly Marrin	00:21:09	Knowsley Harriers AC	F	8	F V45	1
49	Ian Sadler	00:21:10	Penny Lane Striders	M	40	M V60	3
50	Helen Sahgal	00:21:19	Liverpool Pembroke Sefton AC	F	9	F V35	2

51	Emma Fraser	00:21:25	Run Sandymoor	F	10	F V45	2
52	Mike Leyland	00:21:31	St Helens Striders	M	41	M V35	7
53	Alan Joyce	00:21:53	Knowsley Harriers AC	M	42	M V65	1
54	Natalie Sandford	00:21:53	Manchester Road Runners	F	11	F Senior	3
55	Sam Belfield	00:21:56	Knowsley Harriers AC	m	5	m Senior	2
56	Frank Cahill	00:22:01	St Helens Striders	M	43	M V65	2
57	Ed Beattie	00:22:04		M	44	M V50	3
58	Paul McDonald	00:22:06	Liverpool Irish Rovers	M	45	M V55	4
59	Steve Minshull	00:22:14	Knowsley Harriers AC	M	46	M V50	4
60	Michael Buckland	00:22:22	Penny Lane Striders	M	47	M V50	5
61	Mike Carter	00:22:33	St Helens Striders	M	48	M V35	8
62	Dawn Fairclough	00:22:42	Liverpool Running Club	F	12	F V40	4
63	John Brown	00:22:47	Penny Lane Striders	M	49	M V60	4
64	Ryan Jones Jnr	00:23:18	Kirkby Milers	M	50	M U17	3
65	Ryan Jones	00:23:19	Kirkby Milers	M	51	M V35	9
66	Michael Maloney	00:23:28	Knowsley Harriers AC	M	52	M V70	1
67	Chris Wills	00:23:35	Knowsley Harriers AC	M	53	M V45	4
68	Kam Dosanjh	00:23:38	Penny Lane Striders	F	13	F V45	3
69	Michelle Murphy	00:23:39	Liverpool Harriers	F	14	F V55	1
70	John Houghton	00:23:51	Run Sandymoor	M	54	M V60	5
71	Josh Hughes	00:23:51	Knowsley Harriers AC	M	55	M Senior	12
72	Shaun Geoghan	00:23:52	Liverpool Running Bugs	M	56	M V55	5
73	John Barr	00:23:53	St Helens Striders	M	57	M V70	2
74	Peter Foale	00:24:02		M	58	M V70	3
75	Nathan Ashurst	00:24:15	Warrington Running Club	M	59	M V40	10
76	Tony Green	00:24:19	Penny Lane Striders	M	60	M V65	3
77	David Kerfoot	00:24:32	Preston Harriers	M	61	M V65	4
78	Daniel Hawkins	00:24:37	St Helens Striders	M	62	M Senior	13
79	Tony Peacock	00:24:57	Penny Lane Striders	M	63	M V70	4
80	Alan Spencer	00:25:19	Knowsley Harriers AC	M	64	M V60	6
81	Sue O'Brien	00:25:22	Widnes Running Club	F	15	F V60	1
82	Nigel Foo	00:25:34	Penny Lane Striders	M	65	M V50	6
83	Dave Forshaw	00:25:37	Run Sandymoor	M	66	M V40	11
84	Michael Scowcroft	00:26:03	Run Sandymoor	M	67	M V40	12
85	Daz Booth	00:26:04	Run Sandymoor	M	68	M V45	5
86	Katie Owens	00:26:12	Mersey Tri	F	16	F V45	4
87	Tracy Meharg	00:26:20	Widnes Running Club	F	17	F V50	2
88	Megan Thomas	00:26:38	Penny Lane Striders	F	18	F Senior	4
89	Kieran Grierson	00:27:48		0 M	69	M Senior	14
90	John Davies	00:27:51	Knowsley Harriers AC	M	70	M V50	7
91	Nicola Roberts	00:28:08	Knowsley Harriers AC	F	19	F V40	5
92	Alex Garner	00:28:49		M	71	M Senior	15
93	Ben Cross	00:29:26	Kirkby Milers AC	M	72	M U13	2
94	Julie Edge	00:29:32	Run Sandymoor	F	20	F V50	3
95	Alan D'Henin	00:29:41	Knowsley Harriers AC	M	73	M V70	5
96	Ann Pritchard	00:33:14		0 F	21	F V60	2
97	Katherine Stanley	00:36:38		F	22	F Senior	5
98	If Onyia	00:37:33	Run Sandymoor	F	23	F V50	4
99	Kerry Edwards	00:37:33	Run Sandymoor	F	24	F V40	6
100	Bex Fieldmouse	00:37:44	Knowsley Harriers	F	25	F V35	3
101	Joanne moody	00:37:44	Knowsley Harriers AC	F	26	F V40	7
102	Michelle Smith	00:37:58	Knowsley Harriers AC	F	27	F V40	8
103	Ann Green	00:38:39	Kirkby Milers	F	28	F V60	3
104	Natalie Wilson	00:38:44		0 F	29	F V45	5

105	Ron Thornton	00:40:27	Liverpool Running Bugs	M	74	M V80	1
106	Clive Morrison	00:40:45	Run Sandymoor	M	75	M V60	7
107	Ryan Richards	00:44:19	Knowsley Harriers AC	M	76	M V35	10
108	Philip Reeds	00:45:52		M	77	M Senior	16
109	Diane Peck	00:45:53	Knowsley Harriers AC	F	30	F V45	6