

Name	Time	Position	Points
Parbold Hill Race; 11 Feb 2023			
John McLaren		1	40
Andrew Fearn		1	39
Nicola Roberts		1	38
Standish Hall Trail; 18 Feb 2023			
Chris Pownell		1	40
John McLaren		2	39
Samantha Gothard		3	38
Diane Peck		4	37
Leighton Hall Trail 10k; 18 Mar 2023			
John McLaren		1	40
Nicola Roberts		2	39
Bex Dennehy		3	38
Samantha Gothard		4	37
Diane Peck		5	36
Michelle Smith		6	35
Wigan Trail Race; 14 May 2023			
John McLaren		1	40
Harrock Hill Trail Race; 24 May 2023			
John McLaren		1	40
Philip Taylor		2	39
Stuart Atherton		3	38
Paul Roberts		4	37

