

Results: Alfie's Squad Halewood 5K - 2nd August 2025

Updated: 2nd Aug 2025

This race is part of a series. Age categories are taken from 01/01/2025.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Alex Macilwee	00:15:50	-	M	1	M Senior	1
2	Harry Lupton	00:15:53	Liverpool Harriers	M	2	M V35	1
3	Martin Swensson	00:16:42	Penny Lane Striders	M	3	M V45	1
4	Jure Cebasek	00:16:44	Penny Lane Striders	M	4	M V40	1
5	Eric Mytton	00:16:57	-	M	5	M Senior	2
6	Scott Waugh	00:16:59	Liverpool Running Club	M	6	M V50	1
7	Michael Hopkins	00:17:00	-	M	7	M Senior	3
8	Stephen Tomlinson	00:17:10	Knowsley Harriers AC	M	8	M V35	2
9	Lewis Rooney	00:17:12	Southport Waterloo AC	M	9	M Senior	4
10	Nick Turner	00:17:33	Liverpool Pembroke Sefton AC	M	10	M V40	2
11	David Willshire	00:17:35	Penny Lane Striders	M	11	M V40	3
12	Callum Grant	00:17:55	Liverpool Harriers AC	M	12	M Senior	5
13	Joe Grundy	00:17:55	Kirkby Milers AC	M	13	M Senior	6
14	Jacob Cullen	00:17:58	Warrington Road Runners	M	14	M Senior	7
15	Callum Finch	00:18:19	Liverpool harriers	M	15	M U17	1
16	Peter Marsland	00:18:38	Run Sandymoor	M	16	M V40	4
17	#N/A	00:18:42	#N/A	#N/A	17	#N/A	3
18	Stuart Robertson	00:18:46	Mikkeller Running Club Liverpool	M	17	M V35	3
19	John McLaren	00:18:59	Knowsley Harriers AC	M	18	M V40	5
20	Peter Fairclough	00:19:00	St. Helens Striders	M	19	M V35	4
21	David Stroud	00:19:08	Knowsley Harriers AC	M	20	M V35	5
22	#N/A	00:19:26	#N/A	#N/A	1	#N/A	1
23	Sophia Leonard	00:19:38	Blackpool Wyre and Fylde AC	F	1	F Senior	1
24	Chris Gibbons	00:19:45	Mersey Tri	M	21	M V35	6
25	Patsy Irizar	00:19:48	-	F	2	F Senior	2
26	Andrew Biddle	00:19:51	Penny Lane Striders	M	22	M V50	2
27	Emily Gray	00:19:53	Penny Lane Striders	F	3	F Senior	3
28	Peter Gaskell	00:19:58	-	M	23	M Senior	8
29	Peter Lawrence	00:19:59	-	M	24	M V35	7
30	Paiwan Sarapunya	00:20:01	Chester Triathlon Club	F	4	F V40	1
31	Sharon Samson	00:20:19	Penny Lane Striders	F	5	F V45	1
32	Tom Mattack	00:20:23	-	M	25	M Senior	9
33	Andrew Gerrard	00:20:34	Warrington Road Runners	M	26	M V60	1
34	Joshua Hughes	00:20:45	Knowsley Harriers AC	M	27	M Senior	10
35	Iain Borsbey	00:20:51	Rock Salt Running	M	28	M V45	2
36	Jefferson Gard	00:20:52	Penny lane Striders	M	29	M V55	1
37	Liv White	00:20:54	-	F	6	F Senior	4
38	Syd Omar	00:21:10	Penny Lane Striders	M	30	M V50	3
39	Gary Thompson	00:21:12	Kirkby Milers AC	M	31	M V45	3
40	Jody Beech	00:21:13	Ellesmere Port Running Club	F	7	F V40	2
41	Alex Lambert	00:21:15	-	M	32	M Senior	11
42	Ian McCarthy	00:21:16	Knowsley Harriers AC	M	33	M V60	2
43	Chris Rhodes	00:21:20	Chester Triathlon Club	M	34	M V65	1
44	Mark Hudson	00:21:25	Liverpool Pembroke Sefton AC	M	35	M V65	2
45	Ashley Crawford	00:21:28	-	M	36	M V35	8
46	Andrew Keeley	00:21:32	Penny Lane Striders	M	37	M V60	3
47	Paul Demore	00:21:34	St. Helens Striders	M	38	M V55	2
48	Nigel Grant	00:21:38	Penny Lane Striders	M	39	M V60	4
49	Matthew OConnell	00:21:39	Penny Lane Striders	M	40	M Senior	12
50	Ed Beattie	00:21:50	Mikkeller Running Club Liverpool	M	41	M V50	4
51	Alan McDermott	00:22:01	Penny Lane Striders	M	42	M V60	5
52	Daniel Hawkins	00:22:19	Mossley Hill AC	M	43	M Senior	13

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53	Marc Slade	00:22:24	Knowsley Harriers AC	M	44	M V35	9
54	Michelle Murphy	00:22:28	Liverpool Harriers AC	F	8	F V55	1
55	Cameron Cucksey	00:22:34	-	M	45	M Senior	14
56	Kieran Wallace	00:22:36	-	M	46	M Senior	15
57	Lee Rigby	00:22:39	Warrington Road Runners	M	47	M V45	4
58	William Lambert	00:22:40	-	M	48	M U13	1
59	Philip Rose	00:22:42	Warrington Road Runners	M	49	M V60	6
60	Anthony Connor	00:23:02	Belle Vale Runners	M	50	M V35	10
61	Martin Davis	00:23:16	Warrington Road Runners	M	51	M V65	3
62	Alan Joyce	00:23:23	Knowsley Harriers AC	M	52	M V70	1
63	Marek Mentel	00:23:33	-	M	53	M V35	11
64	John Brown	00:23:37	Penny Lane Striders	M	54	M V65	4
65	Anthony Dagnall	00:23:38	St. Helens Striders	M	55	M V65	5
66	Steven Bullock	00:23:38	-	M	56	M V65	6
67	Zak Thompson	00:23:47	Kirkby Milers AC	M	57	M U13	2
68	Mike Walker	00:23:52	Southport Waterloo AC	M	58	M V75	1
69	Stephen Lennon	00:24:04	-	M	59	M V45	5
70	James Tunstead	00:24:13	-	M	60	M V50	5
71	Rachel Rick	00:24:18	Penny Lane Striders	F	9	F V65	1
72	Hannah Gerrard	00:24:23	-	F	10	F Senior	5
73	John Houghton	00:24:36	Widnes Running Club	M	61	M V65	7
74	Geoff Monk	00:24:48	Liverpool Pembroke Sefton AC	M	62	M V55	3
75	David McAlister	00:24:50	Wallasey AC	M	63	M V65	8
76	William Merritt	00:24:55	-	M	64	M V60	7
77	Timo Nieminen	00:25:18	Knowsley Harriers AC	M	65	M V65	9
78	Emma Ladanowski	00:25:32	Knowsley Harriers AC	F	11	F Senior	6
79	Michael Maloney	00:25:36	Knowsley Harriers AC	M	66	M V70	2
80	John Waterson	00:26:07	Knowsley Harriers AC	M	67	M V55	4
81	Michael Edwards	00:26:23	Penny Lane Striders	M	68	M V65	10
82	Deborah Hill	00:26:40	St. Helens Striders	F	12	F V50	1
83	Gary Ward	00:26:50	St Helens striders	M	69	M V40	6
84	Mike Evans	00:26:54	Knowsley Harriers AC	M	70	M V70	3
85	#N/A	00:27:05	#N/A	#N/A	21	#N/A	7
86	Lesley-Anne Cucksey	00:27:05	Wallasey AC	F	13	F V60	1
87	Sarah Little	00:27:28	Knowsley Harriers AC	F	14	F Senior	7
88	Amy Lambert	00:28:12	-	F	15	F V45	2
89	Samuel Lambert	00:28:13	Liverpool Harriers AC	M	71	M U13	3
90	Paul Dowdle	00:28:18	St. Helens Striders	M	72	M V50	6
91	Megan Hogan	00:29:08	Knowsley Harriers AC	F	16	F Senior	8
92	Alan D'Henin	00:29:09	Knowsley Harriers AC	M	73	M V70	4
93	Tommy Croft	00:29:19	-	M	74	M U13	4
94	Susan Towner	00:29:38	Penny Lane Striders	F	17	F V65	2
95	Cathy Pearce	00:29:40	St Helens striders	F	18	F V40	3
96	Catherine Pealing	00:29:40	St Helens Striders	F	19	F V55	2
97	John Machan	00:29:57	Knowsley Harriers AC	M	75	M V35	12
98	Magdalena Żabierek	00:30:07	-	F	20	F V40	4
99	Jen Sheron	00:30:25	St Helens Striders	F	21	F V55	3
100	Norma Forrester	00:30:27	St. Helens Striders	F	22	F V55	4
101	Sharon Swift	00:30:27	St. Helens Striders	F	23	F V55	5
102	Susan Walters	00:31:14	Warrington Road Runners	F	24	F V65	3
103	Ben Hounslea	00:31:45	Knowsley Harriers AC	M	76	M Senior	16
104	Michael Charman	00:32:02	-	M	77	M V75	2

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105	Charlotte Ward	00:33:42	St Helens Striders	F	25	F V45	3
106	David Preece	00:34:13	Knowsley Harriers AC	M	78	M V50	7
107	Elizabeth Simpson	00:34:19	-	F	26	F V75	1
108	Denis Machan	00:34:23	Knowsley Harriers AC	M	79	M V55	5
109	Kelly Haworth-Preston	00:34:30	Knowsley Harriers AC	F	27	F V40	5
110	John Dobie	00:37:42	Liverpool Pembroke Sefton AC	M	80	M V75	3
111	Carol Birkett	00:38:02	Knowsley Harriers AC	F	28	F V60	2
112	Lisa Hughes	00:38:03	Knowsley Harriers AC	F	29	F V55	6
113	Joyce Connolly- Lloyd	00:38:13	Knowsley Harriers AC	F	30	F V55	7
114	Paul Blaney	00:39:50	Knowsley Harriers AC	M	81	M V70	5
115	Caroline Viney	00:39:58	Knowsley Harriers AC	F	31	F V65	4
116	Sammie O'Neill	00:40:37	Belle Vale Runners	F	32	F V35	1
117	Bethany Alpin	00:42:21	Knowsley Harriers AC	F	33	F V40	6
118	Ann-Marie McCarthy	00:42:27	Knowsley Harriers AC	F	34	F V55	8