

Results: Memory Lane 5K - Race 8 - 1st August 2026

Updated: 1st August 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Mike Fryer	00:16:17	Helsby Running Club	M	1	M Senior	1
2	Joseph Wardle	00:16:47	Penny Lane Striders	M	2	M Senior	2
3	Scott Waugh	00:17:17	Liverpool Running Club	M	3	M V50	1
4A	Nick Turner	00:17:25	Liverpool Pembroke Sefton AC	M	4	M V40	1
4B	Xander Heaton	00:17:31	Kirkby Milers AC	M	5	M U20	1
5	Lois Lee	00:17:38	Penny Lane Striders	F	1	F Senior	1
6	Jure Cebasek	00:17:43	Penny Lane Striders	M	6	M V40	2
7	Ben Sharratt	00:17:50	-	M	7	M V35	1
8	Michael McAvoy	00:17:55	Running bugs	M	8	M V35	2
9	Jacob Cullen	00:17:56	Warrington Road Runners	M	9	M Senior	3
10	Iain Cameron	00:18:00	Penny lane striders	M	10	M V35	3
11	John Rowan	00:18:02	Liverpool Pembroke and Sefton	M	11	M V40	3
12	Harry Hignett	00:18:06	Widnes Running Club	M	12	M Senior	4
13	Archie Potts	00:18:11	Holmfirth Harriers	M	13	M U17	1
14	Robert McGrath	00:18:13	Northern Masters AC	M	14	M V60	1
15	Chris Gibbons	00:18:17	Mersey Tri	M	15	M V40	4
16	Lewis Hinton	00:18:23	Penny Lane Striders	M	16	M Senior	5
17	Chris Elliott	00:18:25	Liverpool Pembroke and Sefton Harriers	M	17	M V40	5
18	Lotte Hendriksen	00:18:35	Liverpool Pembroke and Sefton	F	2	F Senior	2
19	Luke Collopy	00:18:36	-	M	18	M Senior	6
20	Tom Connolly	00:18:41	-	M	19	M Senior	7
21	Adam Bibby	00:18:41	-	M	20	M Senior	8
22	Sam Tattersall	00:18:51	Preston Harriers	M	21	M V45	1
23	James Hendry	00:18:59	Knowsley Harriers AC	M	22	M Senior	9
24	Michael Harrington	00:19:01	Cheshire Dragons	M	23	M V50	2
25	Terry Fearn	00:19:02	Marsh Lane Harriers	M	24	M V45	2
26	Katie Littlefair	00:19:07	Preston Harriers	F	3	F Senior	3
27	Jonathan Rackstraw	00:19:14	Preston harriers	M	25	M V35	4
28	Caitlin Young	00:19:23	-	F	4	F Senior	4
29	Adam Gregory	00:19:29	Penny Lane Striders	M	26	M Senior	10
30	Bazar Dambadarjaa	00:19:30	Knowsley Harriers AC	M	27	M Senior	11
31	Liv White	00:19:32	-	F	5	F Senior	5
32	Ralph Abdulla	00:19:32	Warriors Pentathlon	M	28	M U13	1
33	Michael Gall	00:19:39	Liverpool Pembroke Sefton AC	M	29	M V40	6
34	Hareth Abdulla	00:19:41	Warriors Pentathlon	M	30	M V45	3
35	Philip Taylor	00:19:49	Knowsley Harriers AC	M	31	M V40	7
36	Emily Vernon	00:19:52	Penny Lane Striders	F	6	F Senior	6
37	Holly Brown	00:19:55	Penny Lane Striders	F	7	F Senior	7
38	Mark Mahoney	00:20:04	Penny Lane Striders	M	32	M Senior	12
39	Paul Lane	00:20:08	Preston Harriers	M	33	M V50	3
40	Michael Pearce	00:20:08	St Helens striders	M	34	M V35	5
41	Mark Lee	00:20:11	Preston Harriers	M	35	M V60	2
42	Joel Cummings	00:20:12	-	M	36	M Senior	13
43	Jon Coombe	00:20:18	-	M	37	M V35	6
44	Ian Marsden	00:20:25	-	M	38	M V65	1
45	Anna Lydon	00:20:26	-	F	8	F Senior	8
46	Elizabeth Horne	00:20:29	Preston Harriers	F	9	F V50	1
47	Chris Ringrose	00:20:44	Preston Harriers	M	39	M V40	8
48	Holly Coombe	00:20:51	Liverpool Harriers AC	F	10	F U13	1
49	Mark Davidson	00:20:51	Liverpool Pembroke & Sefton Harriers	M	40	M V35	7
50	Carl Yu	00:20:58	Liverpool Running Club	M	41	M V50	4
51	David Stroud	00:20:59	Knowsley Harriers AC	M	42	M V35	8

Results: Memory Lane 5K - Race 8 - 1st August 2026

Updated: 1st August 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
52	Rosanna Abdulla	00:21:01	Warriors Pentathlon	F	11	F U13	2
53	Robert Ladanowski	00:21:01	Widnes Running Club	M	43	M V60	3
54	Garry Stubbs-bronson	00:21:02	Preston Harriers	M	44	M V50	5
55	William Elliott	00:21:05	Liverpool Pembroke and Sefton Harriers	M	45	M U13	2
56	Mark Hudson	00:21:06	Liverpool Pembroke Sefton AC	M	46	M V65	2
57	Jody Beech	00:21:06	Ellesmere Port Running Club	F	12	F V40	1
58	Tony Hyland	00:21:07	Ellesmere Port RC	M	47	M V60	4
59	Daniel Brown	00:21:11	-	M	48	M Senior	14
60	Kevin Gillibrand	00:21:12	Warrington Road Runners	M	49	M V60	5
61	Andrew Tranter	00:21:13	Preston Harriers	M	50	M V55	1
62	Charlie Weatherstone	00:21:19	Penny Lane Striders	F	13	F V40	2
63	Chris Pedder	00:21:32	Liverpool Pembroke Sefton AC	M	51	M V65	3
64	Syd Omar	00:21:37	Penny Lane Striders	M	52	M V55	2
65	Charlotte Gregory	00:21:47	Preston	F	14	F Senior	9
66	Luke Davies	00:21:50	-	M	53	M Senior	15
67	Allan McDonough	00:21:56	Knowsley Harriers AC	M	54	M V50	6
68	Paul Demore	00:22:01	St. Helens Striders	M	55	M V55	3
69	Shaun Geoghan	00:22:02	Liverpool Running Bugs	M	56	M V55	4
70	Chris Sorensen	00:22:08	North Endurance	M	57	M V60	6
71	Anthony Connor	00:22:10	Belle Vale Runners	M	58	M V35	9
72	Mike Gelder	00:22:15	Preston Harriers	M	59	M V55	5
73	Ed Beattie	00:22:17	Mikkeller Running Club Liverpool	M	60	M V50	7
74	Rik Meadows	00:22:19	-	M	61	M V55	6
75	Dawn Fairclough	00:22:20	Penny Lane Striders	F	15	F V45	1
76	Tracey Carr	00:22:26	Liverpool Running Bugs	F	16	F V60	1
77	Stephen Brackley	00:22:28	-	M	62	M V60	7
78	Anthony Dagnall	00:22:29	St. Helens Striders	M	63	M V65	4
79	Stephen Lennon	00:22:34	-	M	64	M V50	8
80	Abir Ali	00:22:38	Liverpool Running Bugs	M	65	M V50	9
81	Michelle Murphy	00:22:49	Liverpool Harriers AC	F	17	F V60	2
82	Christian Allen	00:22:50	Knowsley Harriers AC	M	66	M Senior	16
83	Louis White	00:22:52	-	M	67	M Senior	17
84	Lewis Stirling	00:22:53	-	M	68	M Senior	18
85	Annmari Riley	00:22:56	Penny Lane Striders	F	18	F V55	1
86	Ian Bebbington	00:23:00	Preston Harriers	M	69	M V60	8
87	Jack Allen	00:23:09	Mersey Tri Club	M	70	M Senior	19
88	Mark Brown	00:23:38	-	M	71	M V35	10
89	Pete Marsh	00:23:55	-	M	72	M V55	7
90	Joshua Hughes	00:23:57	Knowsley Harriers AC	M	73	M Senior	20
91	Brenda Cahill	00:24:06	St. Helens Striders	F	19	F V65	1
92	John McCaffrey	00:24:10	Knowsley Harriers AC	M	74	M V40	9
93	Michael Dunn	00:24:21	Liverpool Running Bugs	M	75	M V35	11
94	Mike Powell	00:24:26	Knowsley Harriers	M	76	M V40	10
95	Rachel Rick	00:24:34	Penny Lane Striders	F	20	F V65	2
96	Andrea Newnes	00:24:43	Knowsley Harriers AC	F	21	F V35	1
97	Alan Joyce	00:24:45	Knowsley Harriers AC	M	77	M V70	1
98	Andrew Conway	00:24:49	Liverpool Pembroke Sefton AC	M	78	M V60	9
99	Jack Graves	00:24:57	Liverpool Pembroke and Sefton AC	M	79	M Senior	21
100	Yonko Angelov	00:25:02	-	M	80	M V40	11
101	Timo Nieminen	00:25:08	Knowsley Harriers AC	M	81	M V65	5
102	James Tunstead	00:25:34	-	M	82	M V50	10
103	William Merritt	00:25:44	Knowsley Harriers AC	M	83	M V60	10

Results: Memory Lane 5K - Race 8 - 1st August 2026

Updated: 1st August 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
104	Tony Green	00:25:51	Widnes Running Club	M	84	M V65	6
105	Sarah Little	00:25:55	Knowsley Harriers AC	F	22	F Senior	10
106	Nicola Harrington	00:26:01	Knowsley Harriers AC	F	23	F V35	2
107	Peter Morgan	00:26:04	Penny Lane Striders	M	85	M V70	2
108	Michael Edwards	00:26:05	Penny Lane Striders	M	86	M V65	7
109	Rachel Gelder	00:26:15	Preston Harriers	F	24	F V50	2
110	Sarah Lyons	00:26:34	St. Helens Striders	F	25	F V35	3
111	#N/A	00:26:36	#N/A	#N/A	32	#N/A	6
112	Sue McGough	00:26:43	Southport Waterloo Athletics club	F	26	F V55	2
113	John Houghton	00:26:44	Widnes Running Club	M	87	M V65	8
114	Georgia Leatherbarrow	00:26:45	St Helens Striders	F	27	F Senior	11
115	Steve Minshull	00:26:54	Knowsley Harriers AC	M	88	M V50	11
116	Dawn Hignett	00:27:11	Widnes Running Club	F	28	F V50	3
117	Lesley-Anne Cucksey	00:27:17	Wallasey AC	F	29	F V60	3
118	Michael Maloney	00:27:27	Knowsley Harriers AC	M	89	M V70	3
119	David Navis	00:27:30	Madrunners	M	90	M V35	12
120	Wendy Osborne	00:27:49	Penny Lane Striders	F	30	F V45	2
121	Michael Jones	00:27:50	St. Helens Striders	M	91	M V55	8
122	Victoria Johnson	00:27:59	St Helen's striders	F	31	F V35	4
123	#N/A	00:28:00	#N/A	#N/A	38	#N/A	6
124	Emma Davies	00:28:03	-	F	32	F Senior	12
125	Gill Rigby	00:28:08	Preston Harriers	F	33	F V60	4
126	Allan Bird	00:28:12	Warrington Running Club	M	92	M V65	9
127	Josh Weadock	00:28:14	-	M	93	M U20	2
128	Sarah Ladanowski	00:28:15	-	F	34	F U20	1
129	Keith Rigby	00:28:15	Preston Harriers	M	94	M V65	10
130	Sarah McGrath	00:28:19	-	F	35	F V55	3
131	Agnieszka Kowalczyk	00:28:41	Preston Harriers	F	36	F V35	5
132	John Brown	00:28:44	Penny Lane Striders	M	95	M V65	11
133	Christine Bonnar	00:28:46	Widnes Running Club	F	37	F V70	1
134	Sue Rosin	00:28:49	-	F	38	F V50	4
135	Dominic Ventre	00:28:54	-	M	96	M V45	4
136	David Briers	00:28:56	St. Helens Striders	M	97	M V60	11
137	David McAlister	00:28:59	Wallasey AC	M	98	M V65	12
138	Alan Spencer	00:28:59	Knowsley Harriers AC	M	99	M V65	13
139	Dianne Sorensen	00:29:05	-	F	39	F V55	4
140	Eamonn Brady	00:29:07	Liverpool Irish Rovers	M	100	M V55	9
141	Alan Moore	00:29:09	Liverpool Irish Rovers	M	101	M V65	14
142	Angela Tranter	00:29:14	Preston Harriers	F	40	F V60	5
143	Chelsea Pike	00:29:20	-	F	41	F Senior	13
144	Ben Hounslea	00:29:25	Knowsley Harriers AC	M	102	M Senior	22
145	Sherrill Caines	00:29:39	Preston Harriers	F	42	F V55	5
146	Hollie Pike	00:29:40	-	F	43	F Senior	14
147	Kathie Whitehurst	00:29:47	Liverpool Running Bugs	F	44	F V45	3
148	Michael Doherty	00:29:59	Mersey Tri	M	103	M V45	5
149	John Waterson	00:30:02	Knowsley Harriers AC	M	104	M V55	10
150	Lynn Vickers	00:30:07	Skelmersdale Boundary Harriers	F	45	F V60	6
151	Susan Townner	00:30:27	Penny Lane Striders	F	46	F V65	3
152	Siobhan Magee	00:30:34	Belle Vale Runners BVR	F	47	F Senior	15
153	Leslie Edwards	00:30:49	Knowsley Harriers AC	M	105	M V60	12
154	Kam Dosanjh	00:31:01	Penny Lane Striders	F	48	F V50	5
155	Jacob Dyson	00:31:02	-	M	106	M Senior	23

Results: Memory Lane 5K - Race 8 - 1st August 2026

Updated: 1st August 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
156	Nathaniel Hopkins	00:31:56	Kirkby Milers AC	M	107	M V35	13
157	Cathy Pearce	00:32:11	St. Helens Striders	F	49	F V45	4
158	Lesley Bloomfield	00:32:13	Knowsley Harriers AC	F	50	F V50	6
159	Sue Bradshaw	00:32:15	Knowsley Harriers AC	F	51	F V45	5
160	Alan D'Henin	00:32:26	Knowsley Harriers AC	M	108	M V70	4
161	David Barrow	00:33:17	Kirkby Milers AC	M	109	M V65	15
162	Sammie O'Neill	00:33:56	Belle Vale Runners	F	52	F V35	6
163	Hazel Hendriksen	00:34:02	-	F	53	F V50	7
164	Rachel Manley	00:34:35	Knowsley Harriers AC	F	54	F V40	3
165	Ella Gorvin	00:35:16	-	F	55	F Senior	16
166	Lisa Hughes	00:35:23	Knowsley Harriers AC	F	56	F V55	6
167	Maria Muldoon	00:35:24	Knowsley Harriers AC	F	57	F V60	7
168	Rachel Sowerby	00:37:32	Knowsley Harriers AC	F	58	F V40	4
169	Elizabeth Simpson	00:37:44	-	F	59	F V75	1
170	Lisbeth Owens	00:38:04	Knowsley Harriers AC	F	60	F V60	8
171	Grace Foakes	00:38:49	Belle Vale Runners	F	61	F Senior	17
172	Bethany Alpin	00:40:22	Knowsley Harriers AC	F	62	F V40	5
173	Joyce Connolly- Lloyd	00:40:25	Knowsley Harriers AC	F	63	F V55	7
174	Julie Inge	00:43:01	Knowsley harriers AC	F	64	F V60	9
175	Ann Moore	00:43:09	Knowsley Harriers AC	F	65	F V65	4
176	Allison Dawn	00:43:11	Knowsley Harriers AC	F	66	F V50	8