

Results: Memory Lane Halewood 5K - 4th July 2026

Updated: 6th July 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Thomas Griffiths	00:16:24	St. Helens Sutton AC	M	1	M V35	1
2	Steven Thompson	00:16:49	Run Sandymoor	M	2	M V40	1
3	Kieran O'Brien	00:16:58	St. Helens Striders	M	3	M Senior	1
4A	Bentley McIntosh	00:17:28	Liverpool Pembroke Sefton AC	M	4	M U17	1
4B	Morgan Lewis	00:17:36	-	M	5	M Senior	2
5	Jacob Cullen	00:18:02	Warrington Road Runners	M	6	M Senior	3
6	Andrew Christie	00:18:10	Red Rose Road Runners	M	7	M V40	2
7	Freddie McDermott	00:18:37	Liverpool Harriers AC	M	8	M U13	1
8	John Rowan	00:18:39	Liverpool Pembroke and Sefton	M	9	M V40	3
9	Lotte Hendriksen	00:18:41	Liverpool Pembroke and Sefton	F	1	F Senior	1
10	Luke Collopy	00:18:41	-	M	10	M Senior	4
11	Ben Kirk	00:18:43	Belle vale runners	M	11	M Senior	5
12	Caitlin Young	00:18:53	-	F	2	F Senior	2
13	Steven Nijs	00:18:53	Liverpool Pembroke & Sefton AC	M	12	M V50	1
14	Willem Hendriksen	00:18:57	-	M	13	M Senior	6
15	Harry Newman	00:19:01	Telford AC	M	14	M U17	2
16	Dylan Smith	00:19:24	St Helens striders	M	15	M Senior	7
17	Lee McKeown	00:19:27	Wirral AC	M	16	M V50	2
18	Emma Crowe	00:19:29	Deeside AAC	F	3	F V50	1
19	Graham Weights	00:19:31	Penny lane striders	M	17	M V50	3
20	Holly Brown	00:19:32	Penny Lane Striders	F	4	F Senior	3
21	Adam Bibby	00:19:36	-	M	18	M Senior	8
22	Steven Crowe	00:19:38	Deeside AAC	M	19	M V50	4
23	Chris Gibbons	00:19:40	Mersey Tri	M	20	M V40	4
24	Ralph Abdulla	00:19:44	Warriors Pentathlon	M	21	M U13	2
25	Ashley Crawford	00:19:44	-	M	22	M V40	5
26	Philip Taylor	00:19:44	Knowsley Harriers AC	M	23	M V40	6
27	Phil Scott	00:19:59	Penny Lane Striders	M	24	M V45	1
28	Hareth Abdulla	00:20:00	Warriors Pentathlon	M	25	M V45	2
29	Rachel Yates	00:20:01	Liverpool Pembroke Sefton AC	F	5	F V45	1
30	Emily Vernon	00:20:06	Penny Lane Striders	F	6	F Senior	4
31	John Rippon	00:20:13	-	M	26	M V45	3
32	Michael Oddie	00:20:15	Red Rose Road Runners	M	27	M V50	5
33	Jo Harrison	00:20:17	Penny Lane Striders	F	7	F V40	1
34	Mark Hudson	00:20:25	Liverpool Pembroke Sefton AC	M	28	M V65	1
35	Hayley Fairclough	00:20:34	Penny Lane Striders	F	8	F V40	2
36	Mark Mahoney	00:20:36	Penny Lane Striders	M	29	M Senior	9
37	Steven Irwin	00:20:37	Kirkby Milers AC	M	30	M V60	1
38	Ian Marsden	00:20:45	-	M	31	M V65	2
39	Alan McDermott	00:20:48	Penny Lane Striders	M	32	M V60	2
40	Melissa Scott	00:20:50	Red Rose Road Runners	F	9	F V35	1
41	Simon Shaw	00:20:54	Red Rose Road Runners	M	33	M V60	3
42	Iain Borsbey	00:20:55	Rock Salt Running	M	34	M V45	4
43	Daniel Brown	00:21:06	-	M	35	M Senior	10
44	Russell Bennison	00:21:16	Red Rose Road Runners	M	36	M V45	5
45	Paul Demore	00:21:18	St. Helens Striders	M	37	M V55	1
46	Debbie Broad	00:21:19	Vale Royal Athletic Club	F	10	F V55	1
47	Rosanna Abdulla	00:21:21	Warriors Pentathlon	F	11	F U13	1
48	Poppy Baker	00:21:22	Liverpool Harriers AC	F	12	F U13	2
49	Holly Coombe	00:21:33	Liverpool Harriers AC	F	13	F U13	3
50	Joseph Cusack	00:21:35	-	M	38	M U17	3
51	Martin Stilwell	00:21:37	Penny Lane Striders	M	39	M V45	6

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52	Anthony Connor	00:21:43	Belle Vale Runners	M	40	M V35	2
53	Chris Sorensen	00:21:51	North Endurance	M	41	M V60	4
54	Robert Ladanowski	00:21:53	Widnes Running Club	M	42	M V60	5
55	Alan Joyce	00:22:01	Knowsley Harriers AC	M	43	M V70	1
56	Nigel Grant	00:22:10	Penny Lane Striders	M	44	M V60	6
57	Mark Willett	00:22:10	Red Rose Road Runners	M	45	M V50	6
58	Lisa Cusack	00:22:40	Penny Lane Striders	F	14	F V50	2
59	Stephen Brackley	00:22:50	-	M	46	M V60	7
60	Alice Nottingham	00:22:53	Penny Lane Striders	F	15	F Senior	5
61	Ed Beattie	00:22:57	Mikkeller Running Club Liverpool	M	47	M V50	7
62	Craig Johnson	00:23:01	Widnes	M	48	M V45	7
63	Tracey Carr	00:23:19	Liverpool Running Bugs	F	16	F V60	1
64	Annmari Riley	00:23:25	Penny Lane Striders	F	17	F V55	2
65	Martin Davis	00:23:29	Warrington Road Runners	M	49	M V65	3
66	Greg Stephens	00:23:48	Widnes Running Club	M	50	M V45	8
67	Stephanie savage	00:23:52	Widnes Running Club	F	18	F V40	3
68	Graham Deane	00:23:53	Knowsley Harriers AC	M	51	M V40	7
69	Craig Lewis	00:23:57	Knowsley Harriers AC	M	52	M V50	8
70	Jane Lightfoot	00:23:58	100 Marathon Club	F	19	F V35	2
71	Steve Minshull	00:24:10	Knowsley Harriers AC	M	53	M V50	9
72	David Tolson	00:24:21	Red Rose Road Runners	M	54	M V65	4
73	Becky Potter	00:24:26	Widnes Running Club	F	20	F Senior	6
74	Claire Skea	00:24:26	Widnes Running Club	F	21	F Senior	7
75	Andrew Conway	00:24:50	Liverpool Pembroke Sefton AC	M	55	M V60	8
76	Matthew Smith	00:24:54	-	M	56	M V60	9
77	Catherine Borrowes	00:25:02	-	F	22	F V45	2
78	Michelle Durney	00:25:14	Liverpool Pembroke Sefton AC	F	23	F V50	3
79	Tracy Routledge	00:25:21	Red rose road runners	F	24	F V55	3
80	Steven Buckley	00:25:22	St Helens Striders	M	57	M V60	10
81	David McAlister	00:25:47	Wallasey AC	M	58	M V65	5
82	Ruth Hollick	00:25:51	St. Helens Striders	F	25	F V40	4
83	Mike Powell	00:25:54	Knowsley Harriers	M	59	M V40	8
84	Geoff Monk	00:25:57	Liverpool Pembroke Sefton AC	M	60	M V60	11
85	Judy Dyer	00:26:04	Penny Lane Striders	F	26	F V55	4
86	Janet Tolson	00:26:06	Red Rose Road Runners	F	27	F V70	1
87	Peter Morgan	00:26:20	Penny Lane Striders	M	61	M V70	2
88	Fiona Mackey	00:26:22	St. Helens Striders	F	28	F V50	4
89	Tony Green	00:26:25	Widnes Running Club	M	62	M V65	6
90	Karen McDonough	00:26:29	Knowsley Harriers AC	F	29	F V50	5
91	Rachel Tickle	00:27:14	St. Helens Striders	F	30	F V40	5
92	#N/A	00:27:14	#N/A	#N/A	68	#N/A	2
93	Kirstie McCaffrey	00:27:15	St. Helens Striders	F	31	F V35	3
94	Neil Lockwood	00:27:20	-	M	63	M V60	12
95	Leanne Irwin	00:27:23	Kirkby Milers AC	F	32	F Senior	8
96	Nigel Boyle	00:27:36	Red rose road runners	M	64	M V55	2
97	Michael Maloney	00:27:40	Knowsley Harriers AC	M	65	M V70	3
98	Sarah Little	00:27:50	Knowsley Harriers AC	F	33	F Senior	9
99	Lesley-Anne Cucksey	00:27:51	Wallasey AC	F	34	F V60	2
100	Emma Davies	00:28:18	-	F	35	F Senior	10
101	Rik Meadows	00:28:19	-	M	66	M V55	3
102	Claire Meadows	00:28:22	-	F	36	F V55	5
103	Alan Spencer	00:28:29	Knowsley Harriers AC	M	67	M V65	7

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104	Jo Sutherland	00:28:30	Penny Lane Striders	F	37	F V50	6
105	John Brown	00:28:32	Penny Lane Striders	M	68	M V65	8
106	Jennifer Corry	00:28:37	-	F	38	F V35	4
107	Alan Moore	00:29:51	Liverpool Irish Rovers	M	69	M V65	9
108	Andrea Lightfoot	00:29:54	Liverpool Running Bugs	F	39	F V40	6
109	Susan Towner	00:30:53	Penny Lane Striders	F	40	F V65	1
110	Nicola Lloyd	00:30:59	Knowsley Harriers AC	F	41	F V40	7
111	Ana Monk	00:31:05	-	F	42	F Senior	11
112	Ben Hounslea	00:31:31	Knowsley Harriers AC	M	70	M Senior	11
113	Sharon Schulz	00:31:39	Belle vale runners	F	43	F V45	3
114	Kam Dosanjh	00:31:49	Penny Lane Striders	F	44	F V50	7
115	Kayleigh Geraghty	00:31:51	Belle vale runners	F	45	F Senior	12
116	#N/A	00:31:51	#N/A	#N/A	82	#N/A	4
117	Siobhan Magee	00:31:53	-	F	46	F Senior	13
118	Hayley Duncan	00:32:10	-	F	47	F V40	8
119	Niall Hyland	00:32:17	-	M	71	M Senior	12
120	Anthony Pope	00:32:31	Red rose road runners	M	72	M V65	10
121	Lesley Bloomfield	00:32:31	Knowsley Harriers AC	F	48	F V50	8
122	Sue Bradshaw	00:32:32	Knowsley Harriers AC	F	49	F V45	4
123	Amanda O'Hare	00:32:39	Knowsley Harriers AC	F	50	F V50	9
124	Alan D'Henin	00:32:46	Knowsley Harriers AC	M	73	M V70	4
125	Erin Tunstead	00:32:55	-	F	51	F U17	1
126	James Tunstead	00:32:55	-	M	74	M V50	10
127	Lynne Graham	00:33:59	Knowsley Harriers AC	F	52	F V60	3
128	Jan Soul	00:33:59	-	F	53	F V55	6
129	Sammie O'Neill	00:34:17	Belle Vale Runners	F	54	F V35	5
130	Ella Gorvin	00:34:31	-	F	55	F Senior	14
131	Lydia Vazquez-Martin	00:34:52	-	F	56	F V35	6
132	Janet Holmes	00:35:30	St. Helens Striders	F	57	F V70	2
133	David Preece	00:36:16	Knowsley Harriers AC	M	75	M V55	4
134	Maria Muldoon	00:37:09	Knowsley Harriers AC	F	58	F V60	4
135	Rachel Rick	00:37:21	Penny Lane Striders	F	59	F V65	2
136	Elizabeth Simpson	00:37:22	-	F	60	F V75	1
137	Claire Lewis	00:38:02	Knowsley Harriers AC	F	61	F V45	5
138	Grace Foakes	00:38:21	Belle Vale Runners	F	62	F Senior	15
139	Paul Blaney	00:39:05	Knowsley Harriers AC	M	76	M V70	5
140	Sharon Williams	00:41:02	-	F	63	F V60	5
141	Lisa Hughes	00:41:03	Knowsley Harriers AC	F	64	F V55	7
142	Joyce Connolly- Lloyd	00:41:40	Knowsley Harriers AC	F	65	F V55	8
143	Julie Inge	00:42:01	Knowsley harriers AC	F	66	F V60	6
144	Ann Moore	00:43:35	Knowsley Harriers AC	F	67	F V65	3
145	Bethany Alpin	00:43:36	Knowsley Harriers AC	F	68	F V40	9