

**Results: Alfie's Squad Halewood 5K - 5th April 2025**

Updated: 6th April 2025

This race is part of a series. Age categories are taken from 01/01/2025.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Dan Morgan	00:15:58	Lonely Goat Running Club	M	1	M V35	1
2	Anthony O'Brien	00:16:15	Mersey Tri	M	2	M V50	1
3	Alex Macilwee	00:16:17	-	M	3	M Senior	1
4	James Bretherton	00:16:19	Blackburn Harriers & AC	M	4	M V45	1
5	Hywel Care	00:16:21	Liverpool Harriers AC	M	5	M V40	1
6	Steven Thompson	00:16:51	Run Sandymoor	M	6	M V40	2
7	Scott Waugh	00:17:04	Liverpool running club	M	7	M V50	2
8	Paul Johnston	00:17:12	Bury AC	M	8	M V45	2
9	Aaron Patel	00:17:14	-	M	9	M Senior	2
10	Derri Henderson	00:17:28	Kirkby Milers AC	M	10	M U20	1
11	David Rea	00:17:29	Knowsley Harriers AC	M	11	M V35	2
12	Phil Rowen	00:17:31	Lymm Runners	M	12	M V50	3
13	Trafford Grimes	00:17:33	Knowsley Harriers AC	M	13	M Senior	3
14	Stephen Tomlinson	00:17:39	Knowsley Harriers AC	M	14	M V35	3
15	Daniel Kewley	00:17:50	Kirkby Milers AC	M	15	M U17	1
16	Neil Hennigan	00:18:07	Penny Lane Striders	M	16	M V45	3
17	Rob Dewhurst	00:18:17	-	M	17	M V45	4
18	Lisa Gawthorne	00:18:20	Vegan Runners UK	F	1	F V40	1
19	Phil Riding	00:18:27	Penny Lane Striders	M	18	M V50	4
20	John McLaren	00:18:34	Knowsley Harriers AC	M	19	M V40	3
21	Neil Byrne	00:18:37	Knowsley Harriers AC	M	20	M V55	1
22	Mark Dodd	00:18:39	Ellesmere Port Running Club	M	21	M V50	5
23	Stephen Rothwell	00:18:40	Liverpool Running Club	M	22	M Senior	4
24	Sean Hennigan	00:18:46	-	M	23	M U17	2
25	Lewis Hinton	00:18:50	Penny Lane Striders	M	24	M Senior	5
26	James Hendry	00:18:59	-	M	25	M Senior	6
27	Xander Heaton	00:19:00	Kirkby Milers AC	M	26	M U20	2
28	Colin Bishop	00:19:18	Warrington AC	M	27	M V65	1
29	Richard Heaton	00:19:29	Warrington Running Club	M	28	M V40	4
30	Matt Sanderson	00:19:37	Warrington Running Club	M	29	M V50	6
31	Andrew Stunell	00:19:40	Salford Mets	M	30	M V35	4
32	James Ingram	00:19:44	DATA INCOMPLETE FORM REQUIRE	M	31	M V40	5
33	Paiwan Sarapunya	00:19:46	Chester Triathlon Club	F	2	F V40	2
34	Bazar Dambadarjaa	00:19:50	-	M	32	M Senior	7
35	Sharon dixon	00:19:53	Glaxohoadhillharriers	F	3	F V50	1
36	Tadie Abeki	00:20:01	Mersey Tri	M	33	M V45	5
37	Andrew Gerrard	00:20:11	Warrington Road Runners	M	34	M V60	1
38	Louise Blizzard	00:20:13	Warrington AC	F	4	F V45	1
39	David Norman	00:20:18	Warrington AC	M	35	M V60	2
40	Ian Grant	00:20:22	-	M	36	M Senior	8
41	Chris Blofield	00:20:22	Total Run Training	M	37	M V50	7
42	Chris Smith	00:20:25	St. Helens Striders	M	38	M V45	6
43	Gareth Davies <<<	00:20:29	St. Helens Striders	M	39	M V40	6
44	Kylie Barlow	00:20:30	St. Helens Striders	F	5	F V35	1
45	Elliott Murphy	00:20:40	Knowsley Harriers AC	M	40	M Senior	9
46	Ellie-Kate Fallon	00:20:43	-	F	6	F Senior	1
47	Angela Delaney	00:20:47	Mersey Tri	F	7	F V55	1
48	Andrew Cass	00:20:53	Astley & Tydesley Road Runners	M	41	M V50	8
49	Paul Mercer	00:20:59	St. Helens Striders	M	42	M V50	9
50	Alan McDermott	00:21:06	Penny Lane Striders	M	43	M V60	3
51	Kevin Gillibrand	00:21:13	Warrington Road Runners	M	44	M V55	2
52	Nigel Grant	00:21:17	Penny Lane Striders	M	45	M V60	4
53	Chris Rhodes	00:21:21	Chester Triathlon Club	M	46	M V65	2

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54	Iain Borsbey	00:21:43	Rock Salt Running	M	47	M V45	7
55	Hayley Fairclough	00:21:47	Penny Lane Striders	F	8	F V40	3
56	Syd Omar	00:21:55	Penny Lane Striders	M	48	M V50	10
57	Dawn Atherton	00:21:56	Knowsley Harriers AC	F	9	F V35	2
58	Tracy Dover	00:21:57	Cheshire Dragons	F	10	F V60	1
59	Ed Beattie	00:22:32	Penny Lane Striders	M	49	M V50	11
60	Dave Watson	00:22:35	DATA INCOMPLETE FORM REQUIRE	M	50	M V65	3
61	Dawn Fairclough	00:22:40	Penny Lane Striders	F	11	F V45	2
62	Alex McLean	00:22:42	Vegan Runners	M	51	M Senior	10
63	Barry Lyonette	00:22:55	Pensby Runners	M	52	M V70	1
64	Zak Thompson	00:23:00	Kirkby Milers AC	M	53	M U13	1
65	Gary Thompson	00:23:00	Kirkby Milers AC	M	54	M V45	8
66	Sian Evans	00:23:05	Rhedwyr Hebog	F	12	F V55	2
67	Kern Hankins	00:23:06	Rhedwyr Hebog	M	55	M V60	5
68	Stuart Cameron	00:23:18	Kirkby Milers AC	M	56	M V45	9
69	Steve Pemberton	00:23:26	Penny Lane Striders	M	57	M V65	4
70	Marc Slade	00:23:39	Knowsley Harriers AC	M	58	M V35	5
71	Paul Musker	00:23:41	St. Helens Striders	M	59	M V65	5
72	James Hilton	00:23:44	-	M	60	M Senior	11
73	Terry Lynch	00:23:50	Penny Lane Striders	M	61	M V55	3
74	Philip Dover	00:23:51	Northwich Running Club	M	62	M V60	6
75	David Matthews	00:23:52	Kirkby Milers AC	M	63	M V45	10
76	Sally Green	00:23:54	Warrington Road Runners	F	13	F V60	2
77	Daniel Hawkins	00:23:57	-	M	64	M Senior	12
78	Nicola Harrington	00:24:01	Knowsley Harriers AC	F	14	F V35	3
79	Alan Spencer	00:24:10	Knowsley Harriers AC	M	65	M V60	7
80	Shaun Geoghan	00:24:12	Liverpool Running Bugs	M	66	M V55	4
81	Paul Wilson	00:24:18	Widnes Running Club	M	67	M V60	8
82	Jo Harrison	00:24:26	Penny Lane Striders	F	15	F V35	4
83	Stuart Hodgkinson	00:24:29	Penny Lane Striders	M	68	M V55	5
84	Philip Baker	00:24:31	-	M	69	M V50	12
85	Jason Mather	00:24:33	St. Helens Striders	M	70	M V55	6
86	Karen Critchley	00:24:36	-	F	16	F V40	4
87	Ashley Crawford	00:24:37	-	M	71	M V35	6
88	Jack Lester	00:24:41	Knowsley Harriers AC	M	72	M Senior	13
89	John Houghton	00:24:53	Run Sandymoor	M	73	M V65	6
90	Hannah Gerrard	00:25:04	-	F	17	F Senior	2
91	Jamie Bevan	00:25:07	-	M	74	M V45	11
92	Judy Dyer	00:25:10	Penny Lane Striders	F	18	F V55	3
93	Mike Walker	00:25:12	Southport Waterloo AC	M	75	M V75	1
94	John Barr	00:25:15	St. Helens Striders	M	76	M V70	2
95	Gary Hinds	00:25:21	Liverpool Running Bugs	M	77	M V40	7
96	John Herriott	00:25:24	St. Helens Striders	M	78	M V40	8
97	Anthony Connor	00:25:27	-	M	79	M V35	7
98	Jo Herriott	00:25:29	St. Helens Striders	F	19	F V45	3
99	Diane Hennigan	00:25:30	Penny Lane Striders	F	20	F V50	2
100	Mike Evans	00:25:57	Knowsley Harriers AC	M	80	M V70	3
101	Annmarie Riley	00:25:59	Penny Lane Striders	F	21	F V50	3
102	Tony Green	00:26:00	Penny Lane Striders	M	81	M V65	7
103	Karen McDonough	00:26:12	Knowsley Harriers AC	F	22	F V45	4
104	Andrea Aguilar Sanchez	00:26:40	-	F	23	F V35	5
105	Neil Lockwood	00:26:40	-	M	82	M V60	9
106	Allan Bird	00:27:18	Warrington Running Club	M	83	M V60	10

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107	Geoff Beattie	00:27:38	Sale Harriers Manchester	M	84	M V70	4
108	Leslie Edwards	00:27:53	Knowsley Harriers AC	M	85	M V60	11
109	Bobby Proctor	00:28:02	Knowsley Harriers AC	M	86	M U17	3
110	Amanda O'Hare	00:28:29	-	F	24	F V45	5
111	Jo Sutherland	00:28:52	Penny Lane Striders	F	25	F V45	6
112	Terri Neil	00:29:29	DATA INCOMPLETE FORM REQUIRE	F	26	F V35	6
113	David Barrow	00:29:33	Kirkby Milers AC	M	87	M V65	8
114	Tony Hunter	00:29:48	St. Helens Striders	M	88	M V50	13
115	Natalie Williams	00:30:04	Knowsley Harriers AC	F	27	F V40	5
116	Susan Towner	00:30:05	Penny Lane Striders	F	28	F V65	1
117	Megan Hogan	00:30:06	Knowsley Harriers AC	F	29	F Senior	3
118	Keith Robson	00:30:55	Wigan Harriers	M	89	M V80	1
119	Emma Baker	00:31:08	Knowsley Harriers AC	F	30	F V35	7
120	Coral Lawlor	00:31:27	-	F	31	F Senior	4
121	Mal Taylor	00:32:25	DATA INCOMPLETE FORM REQUIRE	M	90	M V45	12
122	Paula Heaton	00:32:57	Kirkby Milers AC	F	32	F V45	7
123	Janet Holmes	00:33:53	St. Helens Striders	F	33	F V70	1
124	Vanessa Bevan	00:34:11	Knowsley Harriers AC	F	34	F V45	8
125	Jane Maylor	00:34:11	Knowsley Harriers AC	F	35	F V45	9
126	Paul Nightingale	00:34:52	Knowsley Harriers AC	M	91	M V45	13
127	Jenny Riley	00:34:55	Knowsley Harriers AC	F	36	F V45	10
128	Rachel Rick	00:34:58	Penny Lane Striders	F	37	F V65	2
129	Elizabeth Simpson	00:34:59	-	F	38	F V75	1
130	Andrea Rodgers	00:36:25	Knowsley Harriers AC	F	39	F V45	11
131	Phoebe Eccleston	00:36:55	-	F	40	F U17	1
132	Freya Eccleston	00:38:50	DATA INCOMPLETE FORM REQUIRE	F	41	F U17	2
133	Jayne Ellis	00:41:05	Knowsley Harriers AC	F	42	F V55	4
134	Joyce Connolly- Lloyd	00:41:07	Knowsley Harriers AC	F	43	F V55	5
135	Michelle Gillies	00:43:07	Knowsley Harriers AC	F	44	F V55	6
136	Bethany Alpin	00:43:10	Knowsley Harriers AC	F	45	F V40	6
137	Lisa Hughes	00:43:13	Knowsley Harriers AC	F	46	F V55	7
138	Katy Proctor	00:50:00	Knowsley Harriers AC	F	47	F V40	7
139	Angela Joyce	00:50:27	Penny Lane Striders	F	48	F V60	3
140	Jennifer McGrath	00:51:07	Knowsley Harriers AC	F	49	F V40	8
141	Sarah Pemberton	00:51:08	Knowsley Harriers AC	F	50	F V45	12
142	Louise Wileman	00:58:33	Knowsley Harriers AC	F	51	F V50	4
143	Allison Dawn	00:58:34	Knowsley Harriers AC	M	92	M V50	14