Results: Memory Lane Halewood 5K - 7th March 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Rowan Tyler	00:16:18	Liverpool Harriers	M	1	M Senior	1
2	Alistair Rutherford	00:16:23	Liverpool Harriers	M	2	M Senior	2
3	Stephen Tomlinson	00:16:34	Knowsley Harriers AC	M	3	M V35	1
4	Steven Thompson	00:16:37	Run Sandymoor	M	4	M V40	1
5	Bentley McIntosh	00:16:48	Liverpool Pembroke Sefton AC	M	5	M U17	1
6	Callum Finch	00:17:00	Liverpool Harriers AC	M	6	M U17	2
7	Ian Mayhew	00:17:00	Helsby Running Club	M	7	M V40	2
8	Hugo Mitton	00:17:05	Liverpool Harriers AC	M	8	M U17	3
9	Matthew Halsall	00:17:07	Southport Waterloo ac	M	9	M Senior	3
10	Shaun Knight	00:17:09	Unsanctioned Athletics	M	10	M Senior	4
11	Aaron Watson	00:17:12	-	M	11	M Senior	5
12	Matt Tripp	00:17:24	Liverpool Harriers AC	M	12	M Senior	6
13	Neil Hennigan	00:17:29	Penny Lane Striders	M	13	M V50	1
14	James Hendry	00:17:38	Knowsley Harriers AC	M	14	M Senior	7
15	Alexander Waddelove	00:17:43	-	M	15	M Senior	8
16	David Willshire	00:17:52	Penny Lane Striders	M	16	M V40	3
17	David Johnson	00:17:53	Penny Lane Striders	M	17	M V40	4
18	Graham Bretherton	00:17:57	-	M	18	M V35	2
19	Jacob Young	00:17:59	Liverpool Harriers & AC	M	19	M Senior	9
20	Connor Shurie-mackenzie	00:18:00	-	M	20	M U17	4
21	Alex Gould	00:18:05	-	M	21	M Senior	10
22	Sam Street	00:18:10	Liverpool Pembroke Sefton AC	M	22	M Senior	11
23	Ethan Tyler	00:18:16	-	M	23	M Senior	12
24	Jack Cotton	00:18:18	Penny Lane Striders	M	24	M Senior	13
25	Luke Collopy	00:18:19	-	M	25	M Senior	14
26	Phil Riding	00:18:20	Penny Lane Striders	M	26	M V50	2
27	Morgan Lewis	00:18:23	-	M	27	M Senior	15
28	Adam Williams <<	00:18:26	Knowsley Harriers AC	M	28	M Senior	16
29	Liam Phillips	00:18:30	-	M	29	M Senior	17
30	Paul Byrne	00:18:38	-	M	30	M V50	3
31	Tom Connolly	00:19:03	-	M	31	M Senior	18
32	John Williams	00:19:07	St. Helens Striders	M	32	M V50	4
33	Paiwan Sarapunya	00:19:08	Chester Triathlon Club	F	1	F V40	1
34	John Mclaren	00:19:14	Knowsley Harriers AC	M	33	M V45	1
35	#N/A	00:19:29	#N/A	#N/A	28	#N/A	8
36	Michael Gall	00:19:31	Liverpool Pembroke Sefton AC	M	34	M V40	5
37	Hayley Fairclough	00:19:44	Penny Lane Striders	F	2	F V40	2
38	Chris Wills	00:20:00	Southport Strollers Running Club	M	35	M V45	2
39	Sharon Dixon	00:20:01	Hoad Hill Harriers	F	3	F V55	1
40	Obey Whittlesea	00:20:02	-	M	36	M Senior	19
41	Emily Vernon	00:20:09	Penny Lane Striders	F	4	F Senior	1
42	Jack Benham	00:20:11	Liverpool Pembroke & Sefton H AC	M	37	M Senior	20
43	Rachel Yates	00:20:18	Liverpool Pembroke & Sefton	F	5	F V45	1
44	Alan McDermott	00:20:23	Penny Lane Striders	M	36	M V60	9
45	Syd Omar	00:20:49	Penny Lane Striders	M	38	M V55	1
46	Michael Cain	00:20:54	-	M	39	M V35	3
47	Stephen Hayes	00:21:14	Kirkby Milers AC	M	40	M V50	5
48	Daniel Brown	00:21:16	-	M	41	M Senior	21
49	Carl Yu	00:21:17	Liverpool Running Club	M	42	M V50	6
50	Mark Hudson	00:21:21	Liverpool Pembroke Sefton AC	M	43	M V65	1
51	Scarlett Collins	00:21:26	-	F	6	F Senior	2
52	Anthony Connor	00:21:30	Belle Vale Runners	M	44	M V35	4

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53	Marina Maxwell	00:21:36	Widnes Running Club	F	7	F V50	1
54	Mark Mills	00:21:37	Knowsley Harriers AC	M	45	M V35	5
55	Poppy Ingarfield	00:21:37	Kirkby Milers AC	F	8	F U20	1
56	Alan Joyce	00:21:43	Knowsley Harriers AC	M	46	M V70	1
57	Loretta Davies	00:21:48	Liverpool Pembroke Sefton AC	F	9	F Senior	3
58	Chris Rhodes	00:21:51	Chester Triathlon Club	M	47	M V65	2
59	Michael Connor	00:21:52	Penny Lane Striders	M	48	M V60	1
60	Andrew Biddle	00:21:55	Penny Lane Striders	M	49	M V50	7
61	Marc Slade	00:21:57	Knowsley Harriers AC	M	50	M V35	6
62	Lee Rigby	00:22:06	Warrington Road Runners	M	51	M V45	3
63	Nigel Grant	00:22:08	Penny Lane Striders	M	52	M V60	2
64	Steven Bullock	00:22:09	-	M	53	M V65	3
65	Ed Beattie	00:22:10	Mikkeller Running Club Liverpool	M	54	M V50	8
66	Shaun Geoghan	00:22:12	Liverpool Running Bugs	M	55	M V55	2
67	#N/A	00:22:20	#N/A	#N/A	51	#N/A	7
68	Stephen Lennon	00:22:50	-	M	56	M V50	9
69	Thomas Back	00:22:54	-	M	57	M Senior	22
70	Jo Harrison	00:22:57	Penny Lane Striders	F	10	F V40	3
71	Tracy Dover	00:23:00	Cheshire Dragons	F	11	F V65	1
72	David Williams	00:23:03	Penny Lane Striders	M	58	M V65	4
73	Richard Savory	00:23:06	Knowsley Harriers AC	M	59	M V45	4
74	Steve Pemberton	00:23:07	Penny Lane Striders	M	60	M V70	2
75	Laura Callister	00:23:09	St Helens Striders	F	12	F V40	4
76	Steve Minshull	00:23:13	Knowsley Harriers AC	M	61	M V50	10
77	Nicola Richards	00:23:21	Belle Vale Runners	F	13	F V35	1
78	Natalie Sandford	00:23:24	Manchester Road Runners	F	14	F Senior	4
79	Neil Brailsford	00:23:25	Knowsley Harriers AC	M	62	M V50	11
80	Kayleigh Paul	00:23:31	St Helens Striders	F	15	F V40	5
81	John Brown	00:23:45	Penny Lane Striders	M	63	M V65	5
82	David Matthews	00:23:48	Kirkby Milers AC	M	64	M V45	5
83	Gerard O'Reilly	00:23:50	Penny Lane Striders	M	65	M V40	6
84	Adam Bell	00:23:52	-	M	66	M Senior	23
85	Philip Dover	00:23:52	Cheshire Dragons	M	67	M V65	6
86	Mark Ingarfield	00:23:54	Kirkby Milers AC	M	68	M V50	12
87	Laura Whiteman	00:23:55	-	F	16	F Senior	5
88	Allan McDonough	00:23:57	Knowsley Harriers AC	M	69	M V50	13
89	Sian Walsh	00:24:00	St Helens striders	F	17	F V35	2
90	Luke Hodgson	00:24:07	Penny Lane Striders	M	70	M Senior	24
91	Pippa Spencer	00:24:13	Liverpool Bonk Squad	F	18	F Senior	6
92	Katharine Mansell	00:24:21	-	F	19	F V45	2
93	Michelle Durney	00:24:21	Liverpool Pembroke Sefton AC	F	20	F V50	2
94	Katie Nicolson	00:24:36	Knowsley Harriers AC	F	21	F V35	3
95	Steve Bennett	00:24:39	Penny Lane Striders	M	71	M V60	3
96	Annmarie Riley	00:24:44	Penny Lane Striders	F	22	F V55	2
97	Jude Bretherton	00:24:48	-	M	72	M U17	5
98	Timo Nieminen	00:24:53	Knowsley Harriers AC	M	73	M V65	7
99	Alan Spencer	00:24:53	Knowsley Harriers AC	M	74	M V65	8
100	John Houghton	00:24:59	Widnes Running Club	M	75	M V65	9
101	Geoff Monk	00:25:02	Liverpool Pembroke Sefton AC	M	76	M V60	4
102	Roy Rawlinson	00:25:04	Widnes Running Club	M	77	M V50	14
103	William Merritt	00:25:14	-	M	78	M V60	5
104	Dawn Hignett	00:25:14	Widnes Running Club	F	23	F V50	3

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105	Robert Ladanowski	00:25:15	Widnes running club	M	79	M V60	6
106	David McAlister	00:25:21	Wallasey AC	M	80	M V65	10
107	Nancy Miller	00:25:38	-	F	24	F U17	1
108	Paula Doran	00:25:43	Knowsley Harriers AC	F	25	F V45	3
109	Frances Lamymman	00:25:54	Knowsley Harriers AC	F	26	F Senior	7
110	Karen McDonough	00:26:30	Knowsley Harriers AC	F	27	F V50	4
111	Siobhan Parker	00:26:34	Knowsley Harriers	F	28	F Senior	8
112	Jean-Jacques Sillito	00:26:45	-	M	81	M V45	6
113	Eddie Cody	00:26:48	-	M	82	M V60	7
114	Dave Fox	00:27:16	-	M	83	M V70	3
115	Lesley-Anne Cucksey	00:27:20	Wallasey AC	F	29	F V60	1
116	Christine Bonnar	00:27:41	Widnes Running Club	F	30	F V70	1
117	Leslie Edwards	00:28:42	Knowsley Harriers AC	M	84	M V60	8
118	Claire Lewis	00:28:48	Knowsley Harriers AC	F	31	F V45	4
119	Craig Lewis	00:28:48	Knowsley Harriers AC	M	85	M V50	15
120	Nicola Roberts	00:29:09	Knowsley Harriers AC	F	32	F V40	6
121	Caroline Bennett	00:29:26	Penny Lane Striders	F	33	F V60	2
122	Pauline Clancy	00:29:38	LPS	F	34	F V70	2
123	Rob Coppell	00:29:39	Liverpool Pembroke Sefton AC	M	86	M V50	16
124	Jo Sutherland	00:30:08	Penny Lane Striders	F	35	F V50	5
125	Susan Towner	00:30:21	Penny Lane Striders	F	36	F V65	2
126	Gill Ingarfield	00:30:25	Liverpool Irish Rovers	F	37	F V50	6
127	Lynne Graham	00:31:13	Knowsley Harriers AC	F	38	F V60	3
128	Jan Soul	00:31:37	-	F	39	F V55	3
129	Rebecca Back	00:31:46	-	F	40	F Senior	9
130	John Dobie	00:36:20	Liverpool Pembroke Sefton AC	M	87	M V75	1
131	Sharon Williams	00:38:06	-	F	41	F V60	4
132	Vanessa Bevan	00:38:14	Knowsley Harriers AC	F	42	F V45	5
133	Lisa Hughes	00:38:15	Knowsley Harriers AC	F	43	F V55	4
134	Sharon Evans	00:41:32	-	F	44	F V60	5
135	#N/A	00:41:38	#N/A	#N/A	44	#N/A	4
136	Carol Birkett	00:41:40	Knowsley Harriers AC	F	45	F V65	3
137	Caroline Viney	00:42:51	Knowsley Harriers AC	F	46	F V65	4
138	Bethany Alpin	00:42:53	Knowsley Harriers AC	F	47	F V40	7