

Results: Love, Jasmine Halewood 5K - 3rd February 2024

This race is part of a series. Age categories are taken from 01/01/2024.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Paul Howard	00:15:25	St. Helens Striders	M	1	M V35	1
2	Joshua Makin	00:16:09	-	M	2	M Senior	1
3	Derri Henderson	00:16:27	Kirkby Milers AC	M	3	M U20	1
4	Dylan Redican	00:16:29	St Helens Striders	M	4	M Senior	2
5	Tom Stephenson	00:16:48	Sale Harriers Manchester	M	5	M V40	1
6	Lucien Male	00:17:16	-	M	6	M Senior	3
7	Adam Hampson	00:17:26	Widnes Running Club	M	7	M Senior	4
8	David Hinde	00:17:28	Chester Triathlon Club	M	8	M V45	1
9	John Myers	00:17:37	Run Sandymoor	M	9	M V45	2
10	Matt Tripp	00:17:43	Liverpool Harriers AC	M	10	M Senior	5
11	Scott Waugh	00:17:49	-	M	11	M V45	3
12	Chris Melling	00:18:10	Liverpool Pembroke Sefton AC	M	12	M V35	2
13	Fran Hourigan	00:18:36	Widnes Running Club	M	13	M V45	4
14	Al Smithson	00:18:40	Mersey Tri	M	14	M V40	2
15	Andrew Leslie	00:18:43	Widnes Running Club	M	15	M V35	3
16	James Hendry	00:18:59	Liverpool Running Club	M	16	M Senior	6
17	Daniel Delahunty	00:19:07	-	M	17	M Senior	7
18	David Johnson	00:19:10	Penny Lane Striders	M	18	M V35	4
19	Daniel Garner	00:19:15	Widnes Running Club	M	19	M V40	3
20	Michael Heyes	00:19:23	Mersey Tri	M	20	M V35	5
21	Paiwan Sarapunya	00:19:25	St. Helens Striders	F	1	F V40	1
22	Paul Roberts	00:19:27	Widnes Running Club	M	21	M V45	5
23	Andrew Biddle	00:19:34	Penny Lane Striders	M	22	M V45	6
24	Gary Thompson	00:19:39	Kirkby Milers AC	M	23	M V40	4
25	Lewis Hinton	00:19:41	Penny lane striders	M	24	M Senior	8
26	Kyle Amos	00:19:45	-	M	25	M V35	6
27	Dave Barr	00:19:49	Kirkby Milers AC	M	26	M V50	1
28	Dean Wilson	00:19:53	Kirkby Milers AC	M	27	M V45	7
29	Emma Callery	00:20:00	St. Helens Striders	F	2	F V35	1
30	Tom Protheroe	00:20:01	-	M	28	M Senior	9
31	Peter Cordiner	00:20:01	-	M	29	M Senior	10
32	Stephen Doyle	00:20:20	-	M	30	M V45	8
33	Xander Heaton	00:20:24	Kirkby Milers AC	M	31	M U20	2
34	Millan Lad	00:20:28	Penny Lane Striders	M	32	M Senior	11
35	Ian Grant	00:20:32	-	M	33	M Senior	12
36	Neil Fisher	00:20:40	Data Incomplete	M	34	M V40	5
37	Dave Gaskell	00:20:44	RRAMS	M	35	M V50	2
38	Alan Joyce	00:20:45	Knowsley Harriers AC	M	36	M V65	1
39	Nigel Grant	00:20:46	Penny Lane Striders	M	37	M V60	1
40	Hayley Fairclough	00:20:51	Penny lane strider	F	3	F V40	2
41	Paul Demore	00:21:00	St. Helens Striders	M	38	M V55	1
42	Alex Mortlock	00:21:07	Penny Lane Striders	F	4	F Senior	1
43	Emma Fraser	00:21:07	Run Sandymoor	F	5	F V45	1
44	Jo Harrison	00:21:20	Penny Lane Striders	F	6	F V35	2
45	Robert Ladanowski	00:21:47	Widnes Running Club	M	39	M V60	2
46	Martin Berry	00:22:02	Warrington road runners	M	40	M V45	9
47	Patrick Piron	00:22:11	Kirkby Milers	M	41	M U13	1
48	James Ellis	00:22:11	Kirkby Milers AC	M	42	M V40	6
49	Ryan Jones	00:22:12	Kirkby Milers AC	M	43	M V35	7
50	Katie Johnson	00:22:14	Penny Lane Striders	F	7	F V40	3
51	John Connolly	00:22:59	Data Incomplete	M	44	M V50	3
52	Steph Humphries	00:23:05	Widnes Running Club	F	8	F Senior	2

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53	Steve Pemberton	00:23:10	penny lane striders	M	45	M V65	2
54	Dawn Fairclough	00:23:11	Penny Lane Striders	F	9	F V40	4
55	Barry Lyonette	00:23:16	Pensby Runners	M	46	M V70	1
56	Neil Macdonald	00:23:18	Widnes Running Club	M	47	M U13	2
57	Tony Holmes	00:23:30	Liverpool Running Club	M	48	M V60	3
58	Michelle Murphy	00:23:31	Liverpool Harriers AC	F	10	F V55	1
59	Carla Houghton	00:23:34	-	F	11	F V35	3
60	Jennifer Houghton	00:23:34	-	F	12	F V35	4
61	Shaun Geoghan	00:23:35	Liverpool Running Bugs	M	49	M V55	2
62	Brenda Cahill	00:23:37	St. Helens Striders	F	13	F V65	1
63	Simon Clarke	00:23:38	Southport Waterloo AC	M	50	M V55	3
64	Karl Fahey	00:23:41	Widnes Running Club	M	51	M Senior	13
65	Zak Thompson	00:23:44	Kirkby Milers AC	M	52	M U13	3
66	Paul McDonald	00:23:44	-	M	53	M V55	4
67	Ed Beattie	00:23:47	Penny Lane Striders	M	54	M V50	4
68	Daniel Hawkins	00:23:51	-	M	55	M Senior	14
69	Joshua Hughes	00:23:53	Knowsley Harriers AC	M	56	M Senior	15
70	John Barr	00:24:01	St. Helens Striders	M	57	M V70	2
71	Sean Martin	00:24:04	Penny Lane Striders	M	58	M Senior	16
72	Greg Stephens	00:24:06	Widnes Running Club	M	59	M V45	10
73	Stephanie Savage	00:24:10	Widnes Running Club	F	14	F V40	5
74	George Hardman	00:24:13	-	M	60	M Senior	17
75	Michael Maloney	00:24:17	Knowsley Harriers AC	M	61	M V70	3
76	John Houghton	00:24:22	Run Sandymoor	M	62	M V60	4
77	Sue O'Brien	00:24:32	Widnes Running Club	F	15	F V65	2
78	John Skyner	00:24:38	Widnes Running Club	M	63	M V55	5
79	Abir Ali	00:24:40	Data Incomplete	M	64	M V45	11
80	Zoe Cain	00:24:41	Red Rose Road Runners	F	16	F V35	5
81	Caroline Barrow	00:24:42	Widnes Running Club	F	17	F V45	2
82	Fiona Hall	00:24:43	Widnes Running Club	F	18	F V40	6
83	Tony Hunter	00:24:44	St. Helens Striders	M	65	M V50	5
84	Peter Foale	00:24:45	-	M	66	M V70	4
85	Simon Maw	00:24:56	-	M	67	M V60	5
86	Cherryl Orrick	00:25:18	St. Helens Striders	F	19	F V50	1
87	Ann-Marie McCarthy	00:25:25	Knowsley Harriers AC	F	20	F V55	2
88	Ryan Jones jr	00:25:31	Kirkby Milers AC	M	68	M U17	1
89	Rachel Waring	00:25:50	Widnes Running Club	F	21	F Senior	3
90	David Cross	00:26:25	Liverpool running club	M	69	M Senior	18
91	Verne Wignall	00:26:28	Liverpool running club	M	70	M V55	6
92	Jackie Jones	00:26:49	Liverpool Running Club	F	22	F V60	1
93	Gail Sikora	00:26:50	Penny Lane Striders	F	23	F V55	3
94	John Waterson	00:26:54	Knowsley Harriers AC	M	71	M V55	7
95	William Merritt	00:26:57	Knowsley Harriers AC	M	72	M V60	6
96	Paul Wilson	00:27:02	Widnes Running Club	M	73	M V60	7
97	Emma Wilson	00:27:06	Widnes Running Club	F	24	F V35	6
98	Gerard Russell	00:27:08	Knowsley Harriers AC	M	74	M V45	12
99	Hayley Hourigan	00:27:10	Widnes Running Club	F	25	F V45	3
100	Christine Bonnar	00:27:23	Widnes Running Club	F	26	F V70	1
101	Elizabeth Moore	00:27:26	Widnes Running Club	F	27	F V45	4
102	Andrew Hankinson	00:27:47	Widnes Running Club	M	75	M Senior	19
103	Clive Morrison	00:27:48	Run Sandymoor	M	76	M V60	8
104	Amanda O'Hare	00:28:13	-	F	28	F V45	5

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105	Alan Spencer	00:28:14	Knowsley Harriers AC	M	77	M V60	9
106	Julie Reid	00:28:15	Widnes Running Club	F	29	F V50	2
107	Carrie Hall	00:28:55	Widnes Running Club	F	30	F V40	7
108	Carolyn Rigby	00:29:41	Data Incomplete	F	31	F V55	4
109	Claire Aberdeen	00:29:41	Widnes Running Club	F	32	F V55	5
110	Joan Wood	00:30:57	Widnes Running Club	F	33	F V60	2
111	Liam Murrain	00:30:59	-	M	78	M Senior	20
112	Gill Hankinson	00:32:36	Widnes Running Club	F	34	F V55	6
113	Laura Carter	00:33:10	Widnes Running Club	F	35	F V40	8
114	William Longworth	00:33:21	-	M	79	M Senior	21
115	Daisy Foster	00:34:52	Knowsley Harriers AC	F	36	F Senior	4
116	Paul Blaney	00:35:54	Knowsley Harriers AC	M	80	M V65	3
117	Bob Rix	00:37:49	-	M	81	M Senior	22
118	Mark Quinn	00:37:52	Knowsley Harriers AC	M	82	M V50	6