

**Results: Fab Four Race 4 - 17th July 2024**

Updated: 21st July 2024

This race is part of a series. Age categories are taken from 01/01/2024.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	David Fazakerley	00:21:39	Liverpool Running Club	M	1	M Senior	1
2	Kevin Polhill	00:22:26	Kirkby Milers AC	M	2	M V40	1
3	Derri Henderson	00:22:45	Kirkby Milers AC	M	3	M U20	1
4	David Mcdonough	00:22:48	Kirkby Milers AC	M	4	M V50	1
5	John Myers	00:22:52	Run Sandymoor	M	5	M V45	1
6	Scott Waugh	00:22:56	Liverpool running club	M	6	M V45	2
7	Steven Thompson	00:23:03	Run Sandymoor	M	7	M V35	1
8	David Rea	00:23:13	Knowsley Harriers AC	M	8	M Senior	2
9	David Willshire	00:23:15	Penny Lane Striders	M	9	M V40	2
10	Luke Jones	00:23:22	Knowsley Harriers AC	M	10	M Senior	3
11	Gary Wilton	00:24:02	Kirkby Milers AC	M	11	M V45	3
12	Stephen Tomlinson	00:24:06	Knowsley Harriers AC	M	12	M Senior	3
13	Thomas Wright	00:24:08	Kirkby Milers AC	M	13	M V35	2
14	Tony Harvey	00:24:13	-	M	14	M V60	1
15	Luke Curtis	00:24:29	Penny Lane Striders	M	15	M V40	1
16	Brendan Burns	00:24:36	Liverpool Running Club	M	16	M V40	4
17	Colin Lewis	00:24:43	Penny Lane Striders	M	17	M Senior	4
18	Fran Bell	00:25:13	Kirkby Milers AC	M	18	M Senior	5
19	Gary Thompson	00:25:21	Kirkby Milers AC	M	19	M V40	5
20	David Matthews	00:25:28	Kirkby Milers AC	M	20	M V45	4
21	Dave Barr	00:25:48	Kirkby Milers AC	M	21	M V50	2
22	Andrew Kitts	00:26:00	Kirkby Milers AC	M	22	M V40	6
23	Mark Ingarfield	00:26:08	Kirkby Milers AC	M	23	M V50	3
24	David Edwards	00:26:11	Kirkby Milers AC	M	24	M V60	2
25	Carl Yu	00:26:13	Liverpool Running Club	M	25	M V45	5
26	Danny Murphy	00:26:21	Kirkby Milers AC	M	26	M V35	3
27	Lee Clark	00:26:23	-	M	27	M V45	6
28	Stephen Hayes	00:26:27	Kirkby Milers AC	M	28	M V50	4
29	John McLaren	00:26:39	Knowsley Harriers AC	M	29	M V40	7
30	Sean Wilton	00:26:41	Data Incomplete Form Required	M	30	M Senior	6
31	Jo Harrison	00:26:43	Penny Lane Striders	F	1	F V35	1
32	Sharon Samson	00:26:51	Penny Lane Striders	F	2	F V40	1
33	John Bampton	00:26:52	Penny Lane Striders	M	31	M V50	5
34	Andrew Wright	00:26:58	Kirkby Milers A.C	M	32	M V50	6
35	Peter Medicott	00:27:16	St. Helens Striders	M	33	M V50	7
36	Arran Roberts	00:27:20	Knowsley Harriers AC	M	34	M Senior	7
37	Rebecca Burke	00:27:26	Kirkby milers ac	F	3	F Senior	1
38	Robert Burke	00:27:27	Liverpool Running Club	M	35	M V55	1
39	Ashley Crawford	00:27:27	-	M	36	M V35	4
40	Mark Mills	00:27:33	Knowsley Harriers AC	M	37	M V35	5
41	Steven Irwin	00:27:41	Kirkby Milers AC	M	38	M V60	3
42	Nigel Grant	00:27:49	Penny Lane Striders	M	39	M V60	4
43	Clare White	00:27:50	-	F	4	F Senior	2
44	Paul White	00:28:44	Kirkby Milers AC	M	40	M V45	7
45	Owen Hinds	00:29:06	Liverpool Running Bugs	M	41	M U20	2
46	Mike Atkinson	00:29:12	Data Incomplete Form Required	M	42	M V65	1
47	Matthew Shaw	00:29:15	-	M	43	M V40	8
48	Sam Lyons	00:29:22	-	M	44	M Senior	8
49	Michelle Murphy	00:29:36	Liverpool Harriers AC	F	5	F V55	1
50	David Stroud	00:29:39	Knowsley Harriers	M	45	M V35	6
51	Andrew Conway	00:29:48	Liverpool Pembroke Sefton AC	M	46	M V55	2
52	Liam Boardman	00:29:54	Widnes Running Club	M	47	M V40	9

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53	Steven Teare	00:30:17	Liverpool Irish Rovers	M	48	M V40	10
54	Sharon Galvin	00:30:25	Liverpool Running Club	F	6	F V50	1
55	Jon Reynolds	00:30:29	Liverpool Running Club	M	49	M V50	8
56	Poppy Ingarfield	00:30:39	Kirkby Milers AC	F	7	F U17	1
57	Sean Martin	00:30:42	Penny Lane Striders	M	50	M Senior	9
58	Tony Beyga	00:31:16	Kirkby Milers AC	M	51	M V65	2
59	Sara Elisabeth Roberts	00:31:31	Knowsley Harriers AC	F	8	F Senior	3
60	Stuart Cameron	00:31:39	Kirkby Milers AC	M	52	M V45	8
61	Dan Magill	00:31:42	Knowsley Harriers AC	M	53	M V45	9
62	Karen Parry	00:31:54	Knowsley Harriers AC	F	9	F V50	2
63	Ann-Marie McCarthy	00:32:10	Knowsley Harriers AC	F	10	F V55	2
64	Ian McCarthy	00:32:11	Knowsley Harriers AC	M	54	M V60	5
65	Alan Spencer	00:32:32	Knowsley Harriers AC	M	55	M V60	6
66	Helen Patterson	00:32:33	Widnes Running Club	F	11	F V40	2
67	Caroline Barrow	00:32:34	Widnes Running Club	F	12	F V45	1
68	Jack Lester	00:32:42	Knowsley Harriers AC	M	56	M Senior	10
69	John Houghton	00:32:47	Run Sandymoor	M	57	M V60	7
70	Kam Dosanjh	00:32:54	Penny Lane Striders	F	13	F V45	2
71	Katharine Mansell	00:33:10	-	F	14	F V40	3
72	Leanne Irwin	00:33:50	-	F	15	F Senior	4
73	Megan Thomas	00:33:53	-	F	16	F Senior	5
74	Martin Hirrel	00:33:55	Penny Lane Striders	M	58	M V55	3
75	Adam Shaw	00:33:56	-	M	59	M U17	2
76	Jenny Tomkinson	00:34:34	Knowsley Harriers AC	F	17	F Senior	6
77	Allan McDonough	00:34:34	Knowsley Harriers AC	M	60	M V45	10
78	Elliott Murphy	00:34:34	Knowsley Harriers AC	M	61	M Senior	11
79	John Waterson	00:34:35	Knowsley Harriers AC	M	62	M V55	4
80	Nick McCole	00:34:36	Kirkby Milers AC	M	63	M V45	11
81	Stan Cottier	00:35:16	Liverpool Running Club	M	64	M V75	1
82	Nicola Williams	00:35:20	Penny Lane Striders	F	18	F V45	3
83	Mike Evans	00:35:22	Knowsley Harriers AC	M	65	M V70	1
84	Wendy Osborne	00:35:36	Penny Lane Striders	F	19	F V45	4
85	Kay Nelson	00:36:54	Liverpool Running Club	F	20	F V40	4
86	Leslie Edwards	00:37:10	Penny Lane Striders	M	66	M V60	8
87	David Barrow	00:37:27	Kirkby Milers AC	M	67	M V65	3
88	Denis Machan	00:39:03	Knowsley Harriers AC	M	68	M V55	5
89	Francis Mellett	00:39:04	Knowsley Harriers AC	M	69	M V60	9
90	David Limbrick	00:39:08	ISLWYN RC	M	70	M V60	10
91	Kelly Haworth-Preston	00:40:27	Knowsley Harriers AC	F	21	F V40	5
92	Chloe Beckett	00:41:06	Knowsley Harriers	F	22	F Senior	7
93	Allan Gibbs-Monaghan	00:41:08	Liverpool Running Club	M	71	M V45	12
94	Joanne Edwards	00:43:43	Penny Lane Striders	F	23	F V50	3
95	Amy Neill	00:43:46	Knowsley Harriers AC	F	24	F Senior	8
96	Lynsey Laing	00:45:29	Penny Lane Striders	F	25	F V45	5
97	Alison Medlicott	00:46:14	St. Helens Striders	F	26	F V55	3
98	Coral Lawlor	00:51:51	-	F	27	F Senior	9
99	Suzanne Rooney	00:51:52	Knowsley Harriers AC	F	28	F V50	4
100	Paul Blaney	00:51:53	Knowsley Harriers AC	M	72	M V65	4
101	Ron Thornton	00:52:50	Liverpool Running Bugs	M	73	M V80	1
102	Diane Peck	00:52:52	Knowsley Harriers AC	F	29	F V45	6