

Results: Fab Four - Race 2 - 20th May 2026

Updated: 21st May 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Paul Howard	00:20:46	St. Helens Striders	M	1	M V40	1
2	David Rea	00:21:01	Liverpool Harriers AC	M	2	M V35	1
3	Kevin Polhill	00:22:05	Kirkby Milers AC	M	3	M V45	1
4	Darren Stewart	00:22:21	Penny lane striders	M	4	M V35	2
5	Kieran O'Brien	00:22:24	St. Helens Striders	M	5	M Senior	1
6	Stephen Tomlinson	00:22:48	Knowsley Harriers AC	M	6	M V35	3
7	James Murray	00:22:57	Mikkeller Run Club	M	7	M Senior	2
8	Jure Cebasek	00:22:59	Penny Lane Striders	M	8	M V40	2
9	Lee Moore	00:23:08	Kirkby Milers AC	M	9	M V40	3
10	Chris Millington	00:23:28	-	M	10	M V40	4
11	Derri Henderson	00:23:30	Kirkby Milers AC	M	11	M U20	1
12	Philip Taylor	00:23:35	Knowsley Harriers AC	M	12	M V40	5
13	Oliver Carey	00:23:45	Mikkeller Running Club Liverpool	M	13	M V45	2
14	Ryan Black	00:23:48	Widnes Running Club	M	14	M V45	3
15	David Willshire	00:23:48	Penny Lane Striders	M	15	M V40	6
16	James Ellis	00:23:50	Kirkby Milers AC	M	16	M V40	7
17	Jack Cotton	00:24:02	Penny Lane Striders	M	17	M Senior	3
18	Stuart Robertson	00:24:04	Mikkeller Running Club Liverpool	M	18	M V35	4
19	Connor Shurie-mackenzie	00:24:05	Kirkby milers	M	19	M U17	1
20	Carl Kierman	00:24:06	-	M	20	M Senior	4
21	Francis Hourigan	00:24:14	Widnes Running Club	M	21	M V45	4
22	Phil Riding	00:24:26	Penny Lane Striders	M	22	M V50	1
23	Jon Mulhall	00:24:40	Kirkby Milers AC	M	23	M V45	5
24	Tony Harvey	00:24:42	Liverpool Pembroke Sefton AC	M	24	M V60	1
25	#N/A	00:24:45	#N/A	#N/A	25	#N/A	2
26	Jason Rawlins-Williams	00:24:46	Mossley Hill AC	M	25	M Senior	5
27	Simon Cooper	00:24:48	-	M	26	M V50	2
28	Stephen Smith	00:24:54	-	M	27	M V40	8
29	Kieran horne	00:24:55	Knowsley Harriers AC	M	28	M Senior	6
30	Eric Wykes	00:25:06	Liverpool Harriers AC	M	29	M U17	2
31	Thomas Wright	00:25:06	Kirkby Milers AC	M	30	M V35	5
32	Andrew Kitts	00:25:08	Kirkby Milers AC	M	31	M V40	9
33	Patsy Irizar	00:25:16	Southport Waterloo AC	F	1	F Senior	1
34	Elis Thomas	00:25:17	Liverpool Harriers AC	M	32	M U17	3
35	#N/A	00:25:21	#N/A	#N/A	34	#N/A	4
36	John McLaren	00:25:35	Knowsley Harriers AC	M	33	M V45	6
37	Ryan Todd	00:25:36	Marsh Lane Harriers	M	34	M V40	10
38	Colin Kennedy	00:25:43	Widnes Running Club	M	35	M V60	2
39	Stephen Hayes	00:25:48	Kirkby Milers AC	M	36	M V50	3
40	Owen Hinds	00:25:49	-	M	37	M Senior	7
41	Mark Grady	00:25:53	Widnes Running Club	M	38	M V40	11
42	Dave Barr	00:26:02	Kirkby Milers AC	M	39	M V55	1
43	Callum Bromilow	00:26:10	Liverpool Running Bugs	M	40	M Senior	8
44	Ian Hewitt	00:26:11	Liverpool Running Bugs	M	41	M V50	4
45	Mark Ingarfield	00:26:16	Kirkby Milers AC	M	42	M V50	5
46	Andrew Wright	00:26:21	Kirkby Milers AC	M	43	M V50	6
47	Anthony Barbat	00:26:28	Wallasey AC	M	44	M V65	1
48	Christian Allen	00:26:29	Knowsley Harriers AC	M	45	M Senior	9
49	Hayley Fairclough	00:26:33	Penny Lane Striders	F	2	F V40	1
50	Jo Harrison	00:26:35	Penny Lane Striders	F	3	F V40	2
51	Andrew James	00:26:38	Mikkeller Running Club Liverpool	M	46	M V45	7
52	Phil Brougham	00:26:42	Mikkeller Running Club Liverpool	M	47	M V35	6

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53	Greta Latham	00:26:46	Mikkeller Running Club	F	4	F Senior	2
54	Andrew Carey	00:26:49	Mikkeller Running Club Liverpool	M	48	M V40	12
55	Robert Burke	00:26:52	Kirkby Milers AC	M	49	M V60	3
56	Kenny Shurie-Mackenzie	00:26:55	Kirkby Milers AC	M	50	M V55	2
57	Carl Yu	00:26:56	Liverpool Running Club	M	51	M V50	7
58	Thurston White	00:26:59	Mikkeller Running Club Liverpool	M	52	M V35	7
59	Rob Moore	00:27:01	Knowsley Harriers AC	M	53	M V50	8
60	Ste Little	00:27:09	Liverpool Running Bugs	M	54	M V40	13
61	Paul Waters	00:27:13	Knowsley Harriers AC	M	55	M V40	14
62	Matthew Burke	00:27:14	Mikkeller Running Club Liverpool	M	56	M Senior	10
63	Jennifer Houghton	00:27:17	Kirkby Milers AC	F	5	F V40	3
64	#N/A	00:27:18	#N/A	#N/A	51	#N/A	9
65	Carla Houghton	00:27:18	Kirkby Milers AC	F	6	F V35	1
66	Carmel Edwards	00:27:18	Kirkby Milers	F	7	F V45	1
67	Mark Hudson	00:27:20	Liverpool Pembroke Sefton AC	M	57	M V65	2
68	Rachael Williams	00:27:21	Knowsley Harriers AC	F	8	F V35	2
69	Colin Dobbs	00:27:28	Penny Lane Striders	M	58	M V50	9
70	Andrew Lynes	00:27:31	Mikkeller Running Club Liverpool	M	59	M V35	8
71	Chris Smith	00:27:35	St. Helens Striders	M	60	M V45	8
72	Tim Browning	00:27:38	Widnes Running Club	M	61	M V45	9
73	Andrew McGlone	00:27:42	Kirkby Milers AC	M	62	M V40	15
74	Phil Niker	00:27:45	Kirkby Milers AC	M	63	M Senior	11
75	James Stanley	00:27:51	Liverpool Running Bugs	M	64	M V50	10
76	Samantha Dickson	00:27:52	-	F	9	F Senior	3
77	Ben Woods	00:27:52	-	M	65	M V35	9
78	Stacey Barnes	00:27:53	Widnes Running Club	F	10	F Senior	4
79	Andrew Keeley	00:27:55	Penny Lane Striders	M	66	M V60	4
80	Jennifer Harper	00:28:03	-	F	11	F V40	4
81	Bill Leslie	00:28:05	-	M	67	M V50	11
82	Clare Baker	00:28:21	-	F	12	F V40	5
83	Katy Wallymahmed	00:28:24	Marsh Lane Harriers	F	13	F Senior	5
84	Dewi Thomas	00:28:26	-	M	68	M V45	10
85	Carl Moore	00:28:29	Liverpool Running Bugs	M	69	M Senior	12
86	Robert Ladanowski	00:28:33	Widnes Running Club	M	70	M V60	5
87	Alan Joyce	00:28:37	Knowsley Harriers AC	M	71	M V70	1
88	Anthony Connor	00:28:40	Belle Vale Runners	M	72	M V35	10
89	Jean-Claude M	00:28:41	-	M	73	M V40	16
90	Phil Armstrong	00:28:42	Knowsley Harriers AC	M	74	M Senior	13
91	Justine Moore	00:28:43	Knowsley Harriers AC	F	14	F V50	1
92	David Matthews	00:28:44	Kirkby Milers AC	M	75	M V45	11
93	Paul Demore	00:28:45	St. Helens Striders	M	76	M V55	3
94	Daisy Hunter	00:28:46	Mikkeller Running Club Liverpool	F	15	F Senior	6
95	Nick Pownall	00:28:48	St. Helens Striders	M	77	M Senior	14
96	Jay Johnson	00:28:54	Kirkby Milers AC	M	78	M V35	11
97	Jay Dawick	00:28:57	Liverpool Running Bugs	M	79	M V35	12
98	Iestyn Richards	00:29:00	-	M	80	M Senior	15
99	Lisa Cusack	00:29:03	Penny Lane Striders	F	16	F V50	2
100	Ed Beattie	00:29:05	Mikkeller Running Club Liverpool	M	81	M V50	12
101	Peter Morgan	00:29:06	Penny Lane Striders	M	82	M V70	2
102	#N/A	00:29:07	#N/A	#N/A	29	#N/A	7
103	Matthew Shaw	00:29:09	-	M	83	M V45	12
104	Nigel Grant	00:29:13	Penny Lane Striders	M	84	M V60	6

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105	Kirstie McCaffrey	00:29:15	St. Helens Striders	F	17	F V35	3
106	Jack Connolly	00:29:18	Knowsley Harriers AC	M	85	M Senior	16
107	Dan Magill	00:29:20	Knowsley Harriers AC	M	86	M V45	13
108	Tracey Carr	00:29:22	Liverpool Running Bugs	F	18	F V60	1
109	Rob Gould	00:29:24	Kirkby Milers AC	M	87	M V55	4
110	Julie Zdrenka	00:29:25	St. Helens Striders	F	19	F V55	1
111	Austin Clark	00:29:33	Liverpool Running Club	M	88	M V45	14
112	Chris Colebourn	00:29:35	North Staffs Road Runners Associatio	M	89	M V55	5
113	James Driscoll	00:29:41	Liverpool Running Bugs	M	90	M V35	13
114	Jak Wood	00:29:42	-	M	91	M Senior	17
115	Colin Clarke	00:29:46	St. Helens Striders	M	92	M V45	15
116	Becky Davidson	00:29:50	Liverpool Running Bugs	F	20	F Senior	7
117	Dawn Fairclough	00:29:52	Penny Lane Striders	F	21	F V45	2
118	Paul Tinsley	00:29:53	St. Helens Striders	M	93	M V50	13
119	Michelle Murphy	00:29:56	Liverpool Harriers AC	F	22	F V60	2
120	Sophie Herring	00:30:03	Liverpool Running Bugs	F	23	F Senior	8
121	Elaine Laycock	00:30:04	Liverpool Running Club	F	24	F V55	2
122	Nicola Kitts	00:30:04	Kirkby Milers AC	F	25	F V35	4
123	Daniel Lane	00:30:06	Mikkeller Running Club Liverpool	M	94	M Senior	18
124	Mike Brackley	00:30:10	St. Helens Striders	M	95	M V60	7
125	Amy Bird	00:30:12	Widnes Running club	F	26	F V35	5
126	Brian Vater	00:30:17	-	M	96	M V55	6
127	Shaun Geoghan	00:30:18	Liverpool Running Bugs	M	97	M V55	7
128	Greg Stephens	00:30:22	Widnes Running Club	M	98	M V45	16
129	James Green	00:30:25	-	M	99	M U20	2
130	John Clarke	00:30:30	Kirkby Milers AC	M	100	M V55	8
131	Hayley MacGugan	00:30:32	Widnes Running Club	F	27	F V45	3
132	Louisa Mogg	00:30:32	Run Sandymoor	F	28	F V35	6
133	Hayley Metcalfe	00:30:33	Sandymoor	F	29	F V35	7
134	Annmarie Riley	00:30:40	Penny Lane Striders	F	30	F V55	3
135	Steven Teare	00:31:02	Kirby Milers	M	101	M V40	17
136	Steph Leslie	00:31:13	-	F	31	F V50	3
137	Louise Jackson	00:31:16	-	F	32	F V35	8
138	Caroline Barrow	00:31:17	Widnes Running Club	F	33	F V50	4
139	Verne Wignall	00:31:28	Liverpool Running Club	M	102	M V60	8
140	Shane Knott	00:31:36	Penny Lane Striders	M	103	M V45	17
141	Callum Morgan	00:31:46	St Helens Striders	M	104	M Senior	19
142	Siobhan Pickles	00:31:47	Liverpool running club	F	34	F V40	6
143	Martin Kilroy	00:31:54	-	M	105	M V45	18
144	Ethan Parry Moss	00:31:56	-	M	106	M Senior	20
145	Kieran Walters	00:31:58	Liverpool Running Bugs	M	107	M Senior	21
146	Stuart Cameron	00:31:59	Kirkby Milers AC	M	108	M V45	19
147	Stephanie savage	00:32:01	Widnes Running Club	F	35	F V40	7
148	Natasha Mckenna	00:32:04	Knowsley Harriers AC	F	36	F Senior	9
149	Jamie Stewart	00:32:08	Liverpool Running Bugs	M	109	M V35	14
150	Catherine Borrows	00:32:13	-	F	37	F V45	4
151	Gary Hinds	00:32:14	Liverpool Running Bugs	M	110	M V40	18
152	Melissa Rathbone	00:32:17	Mikellar Running Club	F	38	F V35	9
153	Steven Buckley	00:32:22	St. Helens Striders	M	111	M V60	9
154	Tony Holmes	00:32:38	Liverpool Running Club	M	112	M V65	3
155	Roy Rawlinson	00:32:46	Widnes Running Club	M	113	M V50	14
156	Hayley Forrester	00:32:48	Mikkeller Running Club Liverpool	F	39	F Senior	10

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157	Timo Nieminen	00:33:03	Knowsley Harriers AC	M	114	M V65	4
158	Ruth Parkes	00:33:16	St. Helens Striders	F	40	F V35	10
159	Nadja Wipf	00:33:23	Mikkeller	F	41	F V35	11
160	Emma Copley	00:33:28	Mikkeller Running Club Liverpool	F	42	F V50	5
161	John Houghton	00:33:40	Widnes Running Club	M	115	M V65	5
162	Mark Scoty	00:33:47	Liverpool Running Club	M	116	M V55	9
163	Paula Doran	00:33:48	Knowsley Harriers AC	F	43	F V45	5
164	Nathan Woods	00:33:52	MRC Liverpool	M	117	M Senior	22
165	Leslie Edwards	00:33:56	Knowsley Harriers AC	M	118	M V60	10
166	Nick McCole	00:34:12	Kirkby Milers AC	M	119	M V50	15
167	Frances Lamymman	00:34:15	Knowsley Harriers AC	F	44	F Senior	11
168	William Merritt	00:34:15	Knowsley Harriers AC	M	120	M V60	11
169	Christine Bonnar	00:34:22	Widnes Running Club	F	45	F V70	1
170	Helen Roche	00:34:29	Liverpool Running Club	F	46	F V45	6
171	Lyn Rawlinson	00:34:33	Widnes Running Club	F	47	F V50	6
172	Laura Holcroft	00:34:33	St Helens Striders	F	48	F Senior	12
173	Lauren Green	00:34:34	St. Helens Striders	F	49	F Senior	13
174	Kedar Dhopate	00:34:34	Liverpool running bugs	M	121	M V50	16
175	Jackie Jones	00:34:39	Liverpool Running Club	F	50	F V60	3
176	Ben Cross	00:34:46	Kirkby Milers AC	M	122	M V40	19
177	Tony Green	00:34:47	Widnes Running Club	M	123	M V65	6
178	Hayley Hourigan	00:34:52	Widnes Running Club	F	51	F V45	7
179	David Briers	00:34:54	St. Helens Striders	M	124	M V60	12
180	Amena Madden	00:34:55	Liverpool Running Club	F	52	F V50	7
181	#N/A	00:35:01	#N/A	#N/A		#N/A	
182	Olivia MacCormack	00:35:10	North Endurance	F	53	F Senior	14
183	Jo Herriott	00:35:48	St. Helens Striders	F	54	F V45	8
184	Simon Maw	00:35:51	-	M	125	M V60	13
185	Sarah Collins	00:35:55	St. Helens Striders	F	55	F V45	9
186	Chloe Beckett	00:36:01	Knowsley Harriers AC	F	56	F Senior	15
187	Neil Lockwood	00:36:04	-	M	126	M V60	14
188	Fiona Mackey	00:36:05	St. Helens Striders	F	57	F V50	8
189	Andy McDougall	00:36:13	Kirkby Milers AC	M	127	M V70	3
190	John McCaffrey	00:36:20	Knowsley Harriers AC	M	128	M V40	20
191	Alan Spencer	00:36:21	Knowsley Harriers AC	M	129	M V65	7
192	Kit Claxton	00:36:39	Liverpool running bugs	M	130	M V50	17
193	Claire Lewis	00:36:52	Knowsley Harriers AC	F	58	F V45	10
194	Craig Lewis	00:36:52	Knowsley Harriers AC	M	131	M V50	18
195	Francis Mellett	00:36:53	Knowsley Harriers AC	M	132	M V60	15
196	Louise Morgan	00:36:59	Kirkby Milers	F	59	F V45	11
197	Carolyn Knott	00:37:57	Penny Lane Striders	F	60	F V50	9
198	Michael Devereux	00:38:14	Penny Lane Striders	M	133	M V75	1
199	Sophie Head	00:38:45	Liverpool Running Bugs	F	61	F Senior	16
200	Emma Wright	00:38:56	Kirkby Milers AC	F	62	F V40	8
201	#N/A	00:39:27	#N/A	#N/A	0	#N/A	0
202	Stan Cottier	00:39:33	Liverpool Running Club	M	134	M V75	2
203	Matt Tyrer	00:40:03	Liverpool running bugs	M	135	M V50	19
204	Andrew Glen	00:40:08	Liverpool Running Bugs	M	136	M V60	16
205	David Barrow	00:40:11	Kirkby Milers AC	M	137	M V65	8
206	David Preece	00:40:30	Knowsley Harriers AC	M	138	M V55	10
207	Sarah Flanagan	00:40:48	Widnes Running Club	F	63	F V45	12
208	Bekah West	00:41:20	-	F	64	F V35	12

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209	Sharon Schulz	00:42:06	Belle vale runners	F	65	F V45	13
210	Kayleigh Geraghty	00:42:13	Belle vale runners	F	66	F Senior	17
211	Reena Dhopate	00:42:27	Liverpool running bugs	F	67	F V45	14
212	Carol Pryor	00:42:53	Liverpool Running Bugs	F	68	F V60	4
213	Victoria Hodnett	00:42:56	-	F	69	F Senior	18
214	Laura Carter	00:43:13	Widnes Running Club	F	70	F V40	9
215	Paula Heaton	00:43:56	Kirkby Milers AC	F	71	F V50	10
216	Ellie Shaw	00:43:58	-	F	72	F Senior	19
217	Alan Moore	00:44:36	Liverpool Irish Rovers	M	139	M V65	9
218	Eamonn Brady	00:44:37	Liverpool Irish Rovers	M	140	M V55	11
219	Mark Pryor	00:45:15	Liverpool Running Bugs	M	141	M V60	17
220	Lauren Roberts	00:45:32	Knowsley Harriers AC	F	73	F Senior	20
221	Suzanne Rooney	00:45:33	Knowsley Harriers AC	F	74	F V55	4
222	Sammie O'Neill	00:45:37	Belle Vale Runners	F	75	F V35	13
223	Susan Ealey	00:46:03	Liverpool Running Bugs	F	76	F V65	1
224	Sharon Woolerton	00:46:07	Liverpool Running Bugs	F	77	F V55	5
225	Kai Lindsay	00:46:08	Liverpool Running Bugs	M	142	M Senior	23
226	Stephen Ealey	00:47:27	Liverpool Running Bugs	M	143	M V65	10
227	Maria Muldoon	00:47:36	Knowsley Harriers AC	F	78	F V60	5
228	Denis Machan	00:48:37	Knowsley Harriers AC	M	144	M V60	18
229	Lisa Hughes	00:48:51	Knowsley Harriers AC	F	79	F V55	6
230	Jane Green	00:49:09	Knowsley Harriers AC	F	80	F V50	11
231	Paul Blaney	00:49:10	Knowsley Harriers AC	M	145	M V70	4
232	Rachel Shaw	00:49:44	-	F	81	F V45	15
233	Ann Moore	00:56:22	Knowsley Harriers AC	F	82	F V65	2
234	Julie Inge	00:56:24	Knowsley harriers AC	F	83	F V60	6
235	Bethany Alpin	00:56:53	Knowsley Harriers AC	F	84	F V40	10
236	Emily Birchall	00:58:04	-	F	85	F Senior	21
237	Allison Dawn	00:58:05	Knowsley Harriers AC	F	86	F V50	12