

Results: Fab Four - Race 1 - 15th April 2026

Updated: 16th Apr 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Alex Macilwee	00:20:29	Liverpool running club	M	1	M Senior	1
2	Paul Howard	00:20:47	St. Helens Striders	M	2	M V40	1
3	Mark Burley	00:21:26	Macclesfield Harriers & AC	M	3	M V35	1
4	Jack Gannon	00:22:19	Mossley Hill AC	M	4	M V35	2
5	Daniel Kewley	00:22:24	Kirkby Milers AC	M	5	M U20	1
6	Stephen Kelly	00:23:33	-	M	6	M V65	1
7	Chris Millington	00:23:45	None	M	7	M V40	2
8	Derri Henderson	00:23:54	Kirkby Milers AC	M	8	M U20	2
9	Kevin Polhill	00:24:04	Kirkby Milers AC	M	9	M V45	1
10	Connor Shurie-mackenzie	00:24:16	-	M	10	M U17	1
11	Ste Watkin	00:25:19	Penny Lane Striders	M	11	M V45	2
12	Jason Rawlins-Williams	00:25:24	Mossley Hill AC	M	12	M Senior	2
13	Lee Mather	00:25:49	-	M	13	M V35	3
14	Elis Thomas	00:25:59	Liverpool Harriers	M	14	M U17	2
15	Phil Hall	00:25:59	-	M	15	M V45	3
16	Eric Wykes	00:26:07	Liverpool Harriers	M	16	M U17	3
17	Michael Gall	00:26:08	Liverpool Pembroke Sefton AC	M	17	M V40	3
18	Thomas Wright	00:26:19	Kirkby Milers AC	M	18	M V35	4
19	Stephen Hayes	00:26:27	Kirkby Milers AC	M	19	M V50	1
20	Dave Barr	00:26:30	Kirkby Milers AC	M	20	M V55	1
21	Ashley Crawford	00:26:30	-	M	21	M V40	4
22	Stephen Tomlinson	00:26:32	Knowsley Harriers AC	M	22	M V35	5
23	Andy Wright	00:26:38	Kirkby milers	M	23	M V50	2
24	Mark Ingarfield	00:26:42	Kirkby Milers AC	M	24	M V50	3
25	Kenny Shurie-Mackenzie	00:26:45	Kirkby Milers AC	M	25	M V55	2
26	Andrew Kitts	00:26:57	Kirkby Milers AC	M	26	M V40	5
27	Mark Hudson	00:27:54	Liverpool Pembroke Sefton AC	M	27	M V65	2
28	John McLaren	00:28:02	Knowsley Harriers AC	M	28	M V45	4
29	Christian Smart	00:28:04	-	M	29	M V40	6
30	Samantha Dickson	00:28:11	-	F	1	F Senior	1
31	Paul Waters	00:28:15	Knowsley Harriers AC	M	30	M V40	7
32	Dewi Thomas	00:28:19	-	M	31	M V45	5
33	Michael Wright	00:28:24	-	M	32	M U20	3
34	Michael Dodd	00:28:33	Kirkby milers	M	33	M V35	6
35	Bill Leslie	00:28:36	-	M	34	M V50	4
36	David Matthews	00:28:45	Kirkby Milers AC	M	35	M V45	6
37	Matthew Shaw	00:28:49	-	M	36	M V45	7
38	Christopher Furnell	00:29:05	Knowsley Harriers AC	M	37	M V35	7
39	Jo Harrison	00:29:12	Penny Lane Striders	F	2	F V40	1
40	Rob Gould	00:29:25	Kirkby Milers	M	38	M V55	3
41	Graham Deane	00:29:35	Knowsley harriers ac	M	39	M V40	8
42	Clare Baker	00:29:38	-	F	3	F V40	2
43	Phil Armstrong	00:30:00	KHAC	M	40	M Senior	3
44	Loretta Davies	00:30:03	Liverpool Pembroke Sefton AC	F	4	F Senior	2
45	Julie Zdrenka	00:30:05	St. Helens Striders	F	5	F V55	1
46	Nicola Kitts	00:30:22	Kirkby Milers AC	F	6	F V35	1
47	Kevin Pennington	00:30:27	St Helens Striders	M	41	M V40	9
48	John Clarke	00:30:41	Kirkby Milers AC	M	42	M V55	4
49	James Green	00:31:50	Knowsley Harriers	M	43	M U20	4
50	Matt Oakes	00:31:55	-	M	44	M V45	8
51	Michael Dunn	00:32:04	Liverpool Running Bugs	M	45	M V35	8
52	Steph Leslie	00:32:18	-	F	7	F V50	1

Results: Fab Four - Race 1 - 15th April 2026

Updated: 16th Apr 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
53	Peter Jones	00:32:22	-	M	46	M V60	1
54	Brenda Cahill	00:32:31	St. Helens Striders	F	8	F V65	1
55	Stuart Cameron	00:32:42	Kirkby Milers AC	M	47	M V45	9
56	Lauren O'Connor	00:33:03	-	F	9	F Senior	3
57	Ian McCarthy	00:33:08	Knowsley Harriers AC	M	48	M V60	2
58	Katie Nicolson	00:33:09	Knowsley Harriers AC	F	10	F V35	2
59	Shane Knott	00:33:12	Penny Lane Striders	M	49	M V45	10
60	Lucy Dodd	00:33:18	Kirkby Milers	F	11	F U20	1
61	Nicola Roberts	00:33:36	Knowsley Harriers AC	F	12	F V40	3
62	Alan Spencer	00:33:37	Knowsley Harriers AC	M	50	M V65	3
63	Paula Doran	00:33:38	Knowsley Harriers AC	F	13	F V45	1
64	Marc Slade	00:33:41	Knowsley Harriers AC	M	51	M V35	9
65	William Merritt	00:33:48	Knowsley Harriers AC	M	52	M V60	3
66	John Waterson	00:33:54	Knowsley Harriers AC	M	53	M V55	5
67	James Tunstead	00:33:59	-	M	54	M V50	5
68	Verne Wignall	00:34:07	Liverpool Running Club	M	55	M V60	4
69	Jackie Jones	00:34:08	Liverpool Running Club	F	14	F V60	1
70	Ria Wilton	00:34:11	-	F	15	F Senior	4
71	Louise Dunn	00:34:13	Liverpool Running Bugs	F	16	F Senior	5
72	Kirsty McAvoxy	00:34:13	Liverpool running bug	F	17	F V35	3
73	Ben Cross	00:34:22	Kirkby Milers AC	M	56	M V40	10
74	Timo Nieminen	00:34:22	Knowsley Harriers AC	M	57	M V65	4
75	Leslie Edwards	00:34:36	Knowsley Harriers AC	M	58	M V60	5
76	Laura Hodgkiss	00:34:45	Kirkby Milers AC	F	18	F V45	2
77	Jason Mather	00:34:51	St. Helens Striders	M	59	M V55	6
78	Peter Morgan	00:34:56	Penny Lane Striders	M	60	M V70	1
79	David Briers	00:35:01	St helens striders	M	61	M V60	6
80	Nick McCole	00:35:32	Kirkby Milers AC	M	62	M V50	6
81	Jen Sheron	00:35:44	St. Helens Striders	F	19	F V55	2
82	Andy McDougall	00:36:11	Kirkby Milers AC	M	63	M V70	2
83	Neil Lockwood	00:36:35	-	M	64	M V60	7
84	Nicola Lloyd	00:37:15	Knowsley Harriers AC	F	20	F V40	4
85	Claire Lewis	00:37:19	Knowsley Harriers AC	F	21	F V45	3
86	Craig Lewis	00:37:19	Knowsley Harriers AC	M	65	M V50	7
87	Tony Green	00:37:28	Widnes Running Vlub	M	66	M V65	5
88	Stan Cottier	00:37:36	Liverpool Running Club	M	67	M V75	1
89	Catherine Pealing	00:37:41	St. Helens Striders	F	22	F V55	3
90	Cathy Pearce	00:37:43	St. Helens Striders	F	23	F V45	4
91	Andrew Glen	00:38:18	Liverpool Running Bugs	M	68	M V60	8
92	Carolyn Knott	00:38:43	Penny Lane Striders	F	24	F V50	2
93	Carol Pryor	00:38:44	Liverpool Running Bugs	F	25	F V60	2
94	Justin Gleave-Baddeley	00:39:00	-	M	69	M V60	9
95	Emma Wright	00:40:51	Kirkby Milers AC	F	26	F V40	5
96	Adam Shaw	00:40:58	-	M	70	M U17	4
97	Michael Devereux	00:41:31	Penny Lane Striders	M	71	M V75	2
98	Eamonn Brady	00:41:32	Liverpool Irish Rovers	M	72	M V55	7
99	Lynne Graham	00:42:23	Knowsley Harriers AC	F	27	F V60	3
100	David Barrow	00:42:45	Kirkby Milers AC	M	73	M V65	6
101	Lauren Roberts	00:42:53	-	F	28	F Senior	6
102	Ellie Shaw	00:43:01	-	F	29	F Senior	7
103	#N/A	00:43:01	#N/A	#N/A	24	#N/A	2
104	Jan Soul	00:43:07	-	F	30	F V55	4

Results: Fab Four - Race 1 - 15th April 2026

Updated: 16th Apr 2026

This race is part of a series. Age categories are taken from 01/01/2026.

Pos.	Name	Time	Club	Gender	Gender position	Age category	Category position
105	Emily Dineley	00:43:09	Knowsley Harriers AC	F	31	F Senior	8
106	Mandy Gossage	00:43:28	Knowsley Harriers AC	F	32	F V60	4
107	David Preece	00:43:42	Knowsley Harriers AC	M	74	M V55	8
108	Suzanne Rooney	00:45:10	Knowsley Harriers AC	F	33	F V55	5
109	Sharon Woolerton	00:45:14	Liverpool running bugs	F	34	F V55	6
110	Francis Mellett	00:45:15	Knowsley Harriers AC	M	75	M V60	10
111	Amy Crowder	00:46:55	Liverpool Running Bugs	F	35	F Senior	9
112	Mark Pryor	00:46:56	Liverpool Running Bugs	M	76	M V60	11
113	Kai Lindsay	00:47:00	Liverpool Running Bugs	M	77	M Senior	4
114	Maria Muldoon	00:47:28	Knowsley Harriers AC	F	36	F V60	5
115	Lisa Hughes	00:47:28	Knowsley Harriers AC	F	37	F V55	7
116	Ben Hounslea	00:47:31	Knowsley Harriers AC	M	78	M Senior	5
117	Vanessa Bevan	00:48:49	Knowsley Harriers AC	F	38	F V45	5
118	Corey Campbell	00:51:49	Knowsley Harriers	M	79	M Senior	6
119	Jane Green	00:51:54	Knowsley Harriers AC	F	39	F V50	3
120	Paul Blaney	00:51:56	Knowsley Harriers AC	M	80	M V70	3
121	Rachel Shaw	00:53:42	-	F	40	F V45	6
122	Ann-Marie McCarthy	00:53:43	Knowsley Harriers AC	F	41	F V55	8
123	Bethany Alpin	00:55:56	Knowsley Harriers AC	F	42	F V40	6
124	Allison Dawn	00:55:58	Knowsley Harriers AC	F	43	F V50	4