

Position	Men	Points		Women	Points
National Cross Country Championships					
1	Karl Budworth	20		Kelly Marrin	20
2	Philip Taylor	19		Heather Davies	19
				Nicola Roberts	18
				Diane Peck	17
				Joanne Moody	16
				Samantha Gothard	15
NWSCCL Croxteth Park; 12 Feb 2022					
1	Karl Budworth	20		Samantha Gothard	20
2	Rob Owens	19		Diane Peck	19
				Suzanne Rooney	18
L&D Championships, 19 Feb 2022					
1	Rob Owens	20		#SPILL!	#SPILL!
2	Stuart Atherton	19			
Northern XC Champs - Blackburn					
1	Rob Owens	20		Kelly Marrin	20
2	Chris Wills	19		Diane Peck	19
NWSCCL Runcorn					
1	Karl Budworth	20		Heather Davies	20
2	Rob Owens	19			
Merseyside XC Championships, Arrowe Park					
1	Richard Lysons	20		Elizabeth Gemmell	20
2	Tom O'Dowd	19		Heather Davies	19
3	Rob Owens	18		Bex Dennehy	18
4	Philip Taylor	17		Diane Peck	17
5	Jon Grieve	16			
NWSCCL Arrowe Park					
British Cross Challenge, Sefton Park					
1	Daniel Thurgood	20		Elizabeth Gemmell	20
2	Tom O'Dowd	19		Kelly Marrin	19
3	John Gilbert	18		Diane Peck	18
4	Andy Fearn	17			
5	Philip Taylor	16			
6	Phil Armstrong	15			
7	Stuart Atherton	14			
8	Chris Wills	13			
9	Adam Chadwick	12			
10	William Merritt	11			
11	Paul Roberts	10			
12	Chris Dodd	9			
NWSCCL Beacon Park					
1	Tom O'Dowd	20		Diane Peck	20
NWSCCL Clarke Gardens					

1	Karl Budworth	20		Elizabeth Gemmell	20
2	Tom O'Dowd	19		Kelly Marrin	19
3	Stuart Atherton	18		Emily Clare	18
4	John McCaffrey	17		Emma Ladanowski	19
5	Chris Wills	16			