

Position	Name	Gender	Time	Age category	Age cat position
1	Chris Pownell	M	00:17:06	M Senior	1
2	John Gilbert	M	00:19:09	M 35	1
3	Stephen Campbell	M	00:19:12	M Senior	2
4	Stuart Atherton	M	00:20:14	M 40	1
5	Alan Joyce	M	00:20:50	M 65	1
6	John Cooney	M	00:20:51	M 45	1
7	Andy Bradley	M	00:20:54	M 35	2
8	Chris Wills	M	00:21:05	M 40	2
9	Liz Gemmell	F	00:21:14	F Senior	1
10	Paul Fitzgerald	M	00:21:24	M 45	2
11	Jonathan Mackie	M	00:21:29	M 45	3
12	William John Jones	M	00:21:48	M 55	1
13	Allan McDonough	M	00:22:05	M 45	4
14	Steve Minshull	M	00:22:08	M 50	1
15	Lisa Crosby	F	00:22:29	F 45	1
16	William Merritt	M	00:24:30	M 55	2
17	Rachel Kettle	F	00:25:44	F 50	1
18	Denise Sunderland-Hughes	F	00:27:41	F 40	1
19	Simon Ellis	M	00:29:01	M 35	3
20	Angela Joyce	F	00:30:03	F 65	1
21	Phil Moody	M	00:31:44	M 40	3
22	Frankie Fixter	F	00:31:44	F Senior	2
23	Jo Moody	F	00:34:02	F 40	2
24	Paul Blaney	M	00:34:30	M 65	2