

Willowbrook 5k; 7 December 2019

| Position | Name | Time | Club | Gender | Gender position | Age category | Category position | # Races | PB |
|----------|-------------------|----------|----------------------------|--------|-----------------|--------------|-------------------|---------|----------|
| 1 | Thomas Boardman | 00:15:57 | Leigh Harriers | M | 1 | M Senior | 1 | 1 | 00:15:57 |
| 2 | Stephen Campbell | 00:16:29 | Knowsley Harriers AC | M | 2 | M Senior | 2 | 3 | 00:16:09 |
| 3 | Chris Pownell | 00:16:43 | Knowsley Harriers AC | M | 3 | M Senior | 3 | 18 | 00:16:02 |
| 4 | Rob Owens | 00:16:52 | Knowsley Harriers AC | M | 4 | M V 35 | 1 | 5 | 00:16:52 |
| 5 | Mark Clair | 00:16:54 | Mersey Tri | M | 5 | M V 35 | 2 | 22 | 00:16:06 |
| 6 | Jay Clarke | 00:16:58 | Penny Lane Striders | M | 6 | M Senior | 4 | 19 | 00:16:45 |
| 7 | Michael Heyes | 00:17:04 | Mersey Tri | M | 7 | M Senior | 5 | 2 | 00:17:04 |
| 8 | Lawrence Eccles | 00:17:14 | Penny Lane Striders | M | 8 | M V 35 | 3 | 43 | 00:16:18 |
| 9 | Rob Dewhurst | 00:17:18 | Liverpool Harriers | M | 9 | M V 40 | 1 | 30 | 00:16:36 |
| 10 | Jamie Pugh | 00:17:22 | | M | 10 | M Senior | 6 | 6 | 00:17:22 |
| 11 | Ashley Crawford | 00:17:30 | | M | 11 | M Senior | 7 | 77 | 00:17:06 |
| 12 | Rob Kelly | 00:17:41 | Liverpool Running Club | M | 12 | M V 35 | 4 | 18 | 00:16:46 |
| 13 | Tom O'Dowd | 00:17:46 | Knowsley Harriers AC | M | 13 | M Senior | 8 | 13 | 00:16:32 |
| 14 | Mark Dodd | 00:17:47 | Ellesmere Port RC | M | 14 | M V 40 | 2 | 5 | 00:17:47 |
| 15 | Colin Walsh | 00:17:49 | Penny Lane Striders | M | 15 | M V 35 | 5 | 4 | 00:17:49 |
| 16 | Al Smithson | 00:17:55 | Mersey Tri | M | 16 | M V 35 | 6 | 2 | 00:17:21 |
| 17 | Andrew Fearn | 00:18:02 | Knowsley Harriers AC | M | 17 | M V 40 | 3 | 20 | 00:17:39 |
| 18 | Matthew Nicholson | 00:18:10 | Ellesmere Port RC | M | 18 | M V 35 | 7 | 1 | 00:18:10 |
| 19 | John McLaren | 00:18:29 | Knowsley Harriers AC | M | 19 | M V 35 | 8 | 15 | 00:17:59 |
| 20 | Gary Wilton | 00:18:36 | Kirkby Milers | M | 20 | M V 40 | 4 | 8 | 00:18:07 |
| 21 | Daniel Merrick | 00:18:44 | Lonely Goat Running Club | M | 21 | M V 35 | 9 | 1 | 00:18:44 |
| 22 | Matthew Collins | 00:18:52 | North Endurance | M | 22 | M V 35 | 10 | 2 | 00:18:33 |
| 23 | John Harrison | 00:19:00 | Ellesmere Port RC | M | 23 | M V 35 | 11 | 20 | 00:19:00 |
| 24 | Christopher Lee | 00:19:18 | Liverpool Running Bugs | M | 24 | M V 50 | 1 | 12 | 00:19:18 |
| 25 | Tony Lawlor | 00:19:39 | Knowsley Harriers AC | M | 25 | M V 55 | 1 | 1 | 00:19:39 |
| 26 | Alex Mitchell | 00:19:45 | Liverpool Running Bugs | M | 26 | M Senior | 9 | 2 | 00:19:42 |
| 27 | Paul Demore | 00:19:47 | Halton & Frodsham Harriers | M | 27 | M V 50 | 2 | 48 | 00:18:12 |
| 28 | Stephen Burthem | 00:19:51 | Warrington Running Club | M | 28 | M V 55 | 2 | 2 | 00:19:51 |

| | | | | | | | | | |
|----|------------------|----------|------------------------|---|----|----------|----|----|----------|
| 29 | Louise Jackson | 00:19:53 | Knowsley Harriers AC | F | 1 | F Senior | 1 | 9 | 00:19:31 |
| 30 | Kelly Hamilton | 00:19:53 | St Helens Striders | F | 2 | F Senior | 2 | 5 | 00:19:07 |
| 31 | Giles Cobby | 00:19:53 | Northwich Running Club | M | 29 | M Senior | 10 | 1 | 00:19:53 |
| 32 | Louis Johnson | 00:20:07 | Mersey Tri | M | 30 | M Senior | 11 | 1 | 00:20:07 |
| 33 | Richard Costain | 00:20:10 | Penny Lane Striders | M | 31 | M Senior | 12 | 15 | 00:19:59 |
| 34 | Steve Irwin | 00:20:17 | | M | 32 | M V 55 | 3 | 4 | 00:19:11 |
| 35 | Danny Thurgood | 00:20:28 | | M | 33 | M U17 | 1 | 1 | 00:20:28 |
| 36 | Hannah Whittaker | 00:20:30 | St Helens Striders | F | 3 | F Senior | 3 | 1 | 00:20:30 |
| 37 | Jo Harrison | 00:20:36 | Penny Lane Striders | F | 4 | F Senior | 4 | 17 | 00:20:36 |
| 38 | Jennifer Brady | 00:20:39 | Liverpool Running Bugs | F | 5 | F V 40 | 1 | 2 | 00:20:39 |
| 39 | Ian Hewitt | 00:20:39 | Liverpool Running Bugs | M | 34 | M V 40 | 5 | 3 | 00:18:31 |
| 40 | Kathryn Bradley | 00:20:43 | Penny Lane Striders | F | 6 | F Senior | 5 | 2 | 00:20:43 |
| 41 | David Lynan | 00:20:43 | Penny Lane Striders | M | 35 | M V 45 | 1 | 5 | 00:19:53 |
| 42 | Brian Middleton | 00:20:49 | St Helens Striders | M | 36 | M V 65 | 1 | 12 | 00:19:43 |
| 43 | Derri Henderson | 00:20:53 | Kirkby Milers | M | 37 | M U13 | 1 | 4 | 00:20:46 |
| 44 | Lee Turner | 00:20:55 | Kirkby Milers | M | 38 | M Senior | 13 | 1 | 00:20:55 |
| 45 | James Ellis | 00:20:55 | Kirkby Milers | M | 39 | M V 35 | 12 | 6 | 00:17:53 |
| 46 | John McCaffrey | 00:20:58 | Knowsley Harriers AC | M | 40 | M V 35 | 13 | 5 | 00:20:58 |
| 47 | Martin Christian | 00:21:28 | Kirkby Milers | M | 41 | M V 45 | 2 | 42 | 00:17:33 |
| 48 | Nick Wynne | 00:21:29 | | M | 42 | M U20 | 1 | 1 | 00:21:29 |
| 49 | Pete Leadbeater | 00:21:36 | Kirkby Milers | M | 43 | M V 50 | 3 | 8 | 00:21:36 |

| | | | | | | | | | |
|----|------------------|----------|------------------------|---|----|----------|----|----|----------|
| 50 | Claire Wyn-Jones | 00:21:48 | Ellesmere Port RC | F | 7 | F Senior | 6 | 1 | 00:21:48 |
| 51 | Brad Critchley | 00:21:49 | Ellesmere Port RC | M | 44 | M Senior | 14 | 1 | 00:21:49 |
| 52 | Alan Joyce | 00:21:54 | Knowsley Harriers AC | M | 45 | M V 60 | 1 | 43 | 00:19:34 |
| 53 | Tony Peacock | 00:22:20 | Penny Lane Striders | M | 46 | M V 65 | 2 | 27 | 00:21:37 |
| 54 | Alex Bradley | 00:22:28 | | M | 47 | M Senior | 15 | 3 | 00:21:57 |
| 55 | Andrew Glen | 00:22:57 | Liverpool Running Bugs | M | 48 | M V 55 | 4 | 50 | 00:19:17 |
| 56 | Marty Hirrel | 00:23:03 | Penny Lane Striders | M | 49 | M V 50 | 4 | 12 | 00:21:29 |
| 57 | Steven Bullock | 00:23:23 | | M | 50 | M V 60 | 2 | 13 | 00:21:49 |
| 58 | Lucy Helsby | 00:23:28 | Kirkby Milers | F | 8 | F Senior | 7 | 2 | 00:23:28 |
| 59 | Samantha Bentall | 00:23:53 | Penny Lane Striders | F | 9 | F V 50 | 1 | 4 | 00:23:53 |
| 60 | Mark Quinn | 00:24:01 | Knowsley Harriers AC | M | 51 | M V 45 | 3 | 7 | 00:24:01 |
| 61 | Alex Henderson | 00:24:09 | Spectrum Striders | M | 52 | M V 50 | 5 | 1 | 00:24:09 |
| 62 | Dennis Yarwood | 00:24:10 | Spectrum Striders | M | 53 | M V 50 | 6 | 20 | 00:24:10 |
| 63 | Nigel Foo | 00:24:17 | Penny Lane Striders | M | 54 | M V 50 | 7 | 11 | 00:20:59 |
| 64 | Brenda Cahill | 00:24:27 | St Helens Striders | F | 10 | F V 60 | 1 | 2 | 00:24:09 |
| 65 | John Dobie | 00:24:34 | Knowsley Harriers AC | M | 55 | M V 70 | 1 | 49 | 00:20:52 |
| 66 | Stuart Atherton | 00:24:35 | Knowsley Harriers AC | M | 56 | M V 35 | 14 | 21 | 00:20:13 |
| 67 | James Fletcher | 00:24:46 | Knowsley Harriers AC | M | 57 | M Senior | 16 | 7 | 00:24:03 |
| 68 | Dave Watson | 00:24:57 | Liverpool Harriers | M | 58 | M V 60 | 3 | 5 | 00:21:44 |
| 69 | Jade Teeder | 00:25:03 | Liverpool Running Bugs | F | 11 | F Senior | 8 | 2 | 00:23:10 |
| 70 | David Limbrick | 00:25:24 | Islwyn Running Club | M | 59 | M V 55 | 5 | 24 | 00:22:37 |
| 71 | Dariusz Kubos | 00:25:33 | | M | 60 | M V 35 | 15 | 1 | 00:25:33 |
| 72 | Pat Helsby | 00:25:38 | Kirkby Milers | F | 12 | F V 60 | 2 | 2 | 00:23:49 |
| 73 | Amanda Lee | 00:25:42 | Kirkby Milers | F | 13 | F V 45 | 1 | 2 | 00:22:56 |
| 74 | Michael Kudlacz | 00:26:16 | | M | 61 | M Senior | 17 | 1 | 00:26:16 |
| 75 | Gary Hinds | 00:26:44 | Liverpool Running Bugs | M | 62 | M V 35 | 16 | 1 | 00:26:44 |
| 76 | Paul Wilson | 00:26:56 | Widnes Running Club | M | 63 | M V 55 | 6 | 11 | 00:24:17 |
| 77 | Stephanie Savage | 00:27:03 | Widnes Running Club | F | 14 | F V 35 | 1 | 2 | 00:27:03 |
| 78 | Carol Foster | 00:27:46 | St Helens Striders | F | 15 | F V 55 | 1 | 21 | 00:17:13 |
| 79 | Nicola Howarth | 00:27:47 | St Helens Striders | F | 16 | F V 45 | 2 | 19 | 00:24:10 |
| 80 | Rachel Tickle | 00:27:47 | St Helens Striders | F | 17 | F Senior | 9 | 10 | 00:25:23 |
| 81 | Steve Maddock | 00:27:54 | Liverpool Running Bugs | M | 64 | M V 50 | 8 | 6 | 00:23:28 |

| | | | | | | | | | |
|----|-------------------|----------|--------------------------|---|----|-----------|----|----|----------|
| 82 | Onnor Hampson | 00:28:13 | Liverpool Running Bugs | F | 18 | F V 45 | 3 | 16 | 00:24:32 |
| 83 | Claudia McLean | 00:28:14 | Liverpool Running Bugs | F | 19 | F V 45 | 4 | 29 | 00:25:38 |
| 84 | Andrea Marsh | 00:28:24 | Knowsley Harriers AC | F | 20 | F V 50 | 2 | 14 | 00:25:08 |
| 85 | Paul Savage | 00:28:31 | | M | 65 | M V 65 | 3 | 1 | 00:28:31 |
| 86 | Michael Gillespie | 00:28:41 | | M | 66 | M V 35 | 17 | 9 | 00:25:05 |
| 87 | Michelle Kelly | 00:29:07 | | F | 21 | F V 55 | 2 | 50 | 00:18:28 |
| 88 | Hannah Twigg | 00:30:01 | Liverpool Running Bugs | F | 22 | F Senior | 10 | 1 | 00:30:01 |
| 89 | Kedar Dhopate | 00:30:02 | Liverpool Running Bugs | M | 67 | M V 40 | 6 | 1 | 00:30:02 |
| 90 | Chris McNally | 00:30:28 | | M | 68 | M V 50 | 9 | 2 | 00:30:28 |
| 91 | Lisa Pritchard | 00:30:28 | Lonely Goat Running Club | F | 23 | F V 35 | 2 | 11 | 00:28:58 |
| 92 | Leanne Irwin | 00:34:15 | | F | 24 | F Senior | 11 | 8 | 00:24:19 |
| 93 | Rijul Dhopate | 00:37:48 | Liverpool Running Bugs | M | 69 | M unknown | | 2 | 00:37:48 |
| 94 | Jen Ashton | 00:37:51 | Liverpool Running Bugs | F | 26 | F V 45 | 5 | 2 | 00:36:56 |
| 95 | Michelle Elston | 00:37:52 | Liverpool Running Bugs | F | 27 | F V 45 | 6 | 1 | 00:37:52 |