

Willowbrook 5k; 7 September 2019

Position	Name	Time	Club	Gender	Gender position	Age category	Category position	# Races	PB
1	Chris Pownell	00:16:02	Knowsley Harriers AC	M	1	M Senior	1	17	00:16:02
2	Thomas Lamont	00:16:04	Warrington Running Club	M	2	M Senior	2	1	00:16:04
3	Stephen Campbell	00:16:09	Knowsley Harriers AC	M	3	M Senior	3	2	00:16:09
4	Steven Hayes	00:16:18	Deestridders	M	4	M V 40	1	8	00:16:18
5	Rob Pearse	00:16:35	Wallasey AC	M	5	M V 45	1	4	00:16:35
6	Ryan Jones	00:16:42	Kirkby Milers	M	6	M Senior	4	2	00:16:42
7	Hywel Care	00:16:45	Woodford Green With Essex Ladies	M	7	M V 35	1	1	00:16:45
8	David Wilson	00:16:48	St Helens Striders	M	8	M Senior	5	3	00:16:48
9	Jay Clarke	00:16:59	Penny Lane Striders	M	9	M Senior	6	17	00:16:45
10	Paul Sankey	00:17:23	Liverpool Harriers	M	10	M V 45	2	2	00:16:50
11	Ashley Crawford	00:17:26		M	11	M Senior	7	74	00:17:06
12	Andrew Fearn	00:17:42	Knowsley Harriers AC	M	12	M V 40	2	19	00:17:42
13	David Willshire	00:17:48	Penny Lane Striders	M	13	M V 35	2	3	00:17:48
14	Martin Christian	00:17:55	Kirkby Milers	M	14	M V 45	3	40	00:17:33
15	John Myers	00:17:58	Run Sandymoor	M	15	M V 40	3	1	00:17:58
16	John McLaren	00:17:59	Knowsley Harriers AC	M	16	M V 35	3	14	00:17:59
17	Gary Wilton	00:18:07	Kirkby Milers	M	17	M V 40	4	7	00:18:07
18	Matthew Haslam	00:18:09	Halton & Frodsham Harriers	M	18	M U17	1	1	00:18:09
19	Tom Marper	00:18:21	Kirkby Milers	M	19	M Senior	8	1	00:18:21
20	James Ellis	00:18:23	Kirkby Milers	M	20	M V 35	4	5	00:18:23
21	Darren Sankey	00:18:27	Helsby Running Club	M	21	M V 40	5	1	00:18:27
22	Ian Hewitt	00:18:31	Liverpool Running Bugs	M	22	M V 40	6	2	00:18:31
23	John Preece	00:18:48	Kirkby Milers	M	23	M V 40	7	9	00:18:29
24	Tony Landry	00:18:53	Kirkby Milers	M	24	M V 55	1	15	00:17:33
25	Julien Tour	00:18:57	Penny Lane Striders	M	25	M V 35	5	2	00:18:57
26	Luke Harrison	00:18:59	Penny Lane Striders	M	26	M Senior	9	7	00:18:47
27	Paul Goodwin	00:19:04	Kirkby Milers	M	27	M V 50	1	15	00:18:23
28	Phil Riding	00:19:05	Penny Lane Striders	M	28	M V 40	8	24	00:17:58

29	Graham Halsall	00:19:11	Liverpool Running Bugs	M	29	M V 40	9	3	00:19:01
30	Adam Fitzsimmons	00:19:24	Kirkby Milers	M	30	M Senior	10	3	00:19:24
31	Alex Bentley	00:19:26	Liverpool Running Bugs	M	31	M V 35	6	18	00:19:26
32	Paul Demore	00:19:28	Halton & Frodsham Harriers	M	32	M V 50	2	47	00:18:12
33	Louise Jackson	00:19:31	Knowsley Harriers AC	F	1	F Senior	1	8	00:19:31
34	Robert Burke	00:19:40	Liverpool Running Club	M	33	M V 50	3	6	00:19:40
35	Alex Mitchell	00:19:42	Liverpool Running Bugs	M	34	M Senior	11	1	00:19:42
36	Eric Ranson	00:19:44	St Helens Striders	M	35	M V 45	4	3	00:18:57
37	Christopher Lee	00:19:48	Liverpool Running Bugs	M	36	M V 50	4	10	00:19:48
38	Rebecca Burke	00:19:50	Liverpool Running Club	F	2	F U20	1	6	00:19:50
39	Mike Ellis	00:20:05		M	37	M V 35	7	3	00:20:05
40	Andrew Lawrenson	00:20:12	St Helens Striders	M	38	M Senior	12	1	00:20:12
41	John Gilbert	00:20:13	Knowsley Harriers AC	M	39	M Senior	13	1	00:20:13
42	Philip Lawrenson	00:20:17	St Helens Striders	M	40	M V 45	5	1	00:20:17
43	John Halson	00:20:19	Liverpool Pembroke Sefton AC	M	41	M V 55	2	40	00:18:10
44	Thomas Back	00:20:30	Penny Lane Striders	M	42	M U20	1	1	00:20:30
45	Danielle Scott	00:20:33	Knowsley Harriers AC	F	3	F Senior	2	5	00:20:33
46	Graham Liu	00:20:41	Southport Waterloo AC	M	43	M V 50	5	12	00:20:41
47	Craig Hacking	00:20:43	Penny Lane Striders	M	44	M V 40	10	1	00:20:43
48	Jo Harrison	00:20:43	Penny Lane Striders	F	4	F Senior	3	14	00:20:43
49	Chris McElroy	00:20:44	Knowsley Harriers AC	M	45	M V 40	11	4	00:20:44
50	Robert Hough	00:20:47	Warrington Running Club	M	46	M V 35	8	11	00:20:47
51	Michael Connor	00:20:47	Penny Lane Striders	M	47	M V 55	3	16	00:19:42
52	Jennifer Brady	00:20:51	Liverpool Running Bugs	F	5	F V 40	1	1	00:20:51
53	Emma Callers	00:20:54	St Helens Striders	F	6	F Senior	4	1	00:20:54
54	Robbie Wood	00:21:02	Liverpool Pembroke Sefton AC	M	48	M V 60	1	77	00:19:28
55	Andrea Bond	00:21:08	Penny Lane Striders	F	7	F V 40	2	7	00:21:08
56	Luke McGovern	00:21:13	Liverpool Running Bugs	M	49	M Senior	14	1	00:21:13
57	Janet Owens	00:21:16	Knowsley Harriers AC	F	8	F V 40	3	3	00:21:16
58	Frank Cahill	00:21:24	St Helens Striders	M	50	M V 60	2	2	00:21:24
59	Alan Spencer	00:21:29	Knowsley Harriers AC	M	51	M V 55	4	44	00:20:34
60	David Lloyd	00:21:30	Knowsley Harriers AC	M	52	M Senior	15	1	00:21:30

61	Carl Yu	00:21:32	Liverpool Running Club	M	53	M V 40	12	14	00:20:31
62	Alan Joyce	00:21:43	Knowsley Harriers AC	M	54	M V 60	3	41	00:19:34
63	Katherine Holley	00:21:46	Wallasey AC	F	9	F V 35	1	2	00:21:46
64	Ashley Stillwell	00:21:49	Liverpool Running Bugs	F	10	F Senior	5	1	00:21:49
65	Lisa Cheers	00:21:59	St Helens Striders	F	11	F Senior	6	1	00:21:59
66	Charlotte Smith	00:22:09	Kirkby Milers	F	12	F V 35	2	2	00:22:09
67	David Navis	00:22:14	Liverpool Running Bugs	M	55	M Senior	16	6	00:20:26
68	Peter Foale	00:22:19		M	56	M V 65	1	21	00:21:22
69	Ruth Hewitt	00:22:30	Liverpool Running Bugs	F	13	F V 40	4	1	00:22:30
70	John Barr	00:22:31	St Helens Striders	M	57	M V 65	2	1	00:22:31
71	Steve Bennett	00:22:38	Penny Lane Striders	M	58	M V 55	5	2	00:22:38
72	Tony Peacock	00:22:42	Penny Lane Striders	M	59	M V 65	3	23	00:21:37
73	Kylie Barlow	00:22:43	St Helens Striders	F	14	F Senior	7	3	00:21:53
74	Chris Owen	00:22:52	Liverpool Running Bugs	M	60	M Senior	17	1	00:22:52
75	Amanda Lee	00:22:56	Kirkby Milers	F	15	F V 45	1	1	00:22:56
76	Mike Evans	00:22:59	Knowsley Harriers AC	M	61	M V 65	4	25	00:22:50
77	Annamarie Williams	00:22:59	Penny Lane Striders	F	16	F V 45	2	11	00:22:26
78	Wendy Davies	00:23:00	St Helens Striders	F	17	F V 40	5	3	00:22:25
79	William Merritt	00:23:00	Knowsley Harriers AC	M	62	M V 55	6	39	00:19:53
80	David Cahill	00:23:05		M	63	M V 35	9	1	00:23:05
81	Ben McGovern	00:23:07	Liverpool Running Bugs	M	64	M Senior	18	1	00:23:07
82	Kevin Carberry	00:23:09	Kirkby Milers	M	65	M V 45	6	1	00:23:09
83	Jade Teeder	00:23:10	Liverpool Running Bugs	F	18	F Senior	8	1	00:23:10
84	Kris Barnes	00:23:13	Liverpool Running Bugs	M	66	M Senior	19	1	00:23:13
85	Michelle Murphy	00:23:17	Liverpool Harriers	F	19	F V 50	1	4	00:21:22
86	Julie Houghton	00:23:41	Penny Lane Striders	F	20	F V 45	3	4	00:23:41
87	Mark Fillingham	00:24:06	St Helens Striders	M	67	M V 50	6	2	00:24:06
88	David Barrow	00:24:07	Kirkby Milers	M	68	M V 60	4	1	00:24:07
89	Brenda Cahill	00:24:09	St Helens Striders	F	21	F V 60	1	1	00:24:09
90	Nicola Ormsby	00:24:10	Run Sandymoor	F	22	F Senior	9	4	00:24:07
91	Samantha Bentall	00:24:25	Penny Lane Striders	F	23	F V 50	2	3	00:24:25
92	John Dobie	00:24:42	Knowsley Harriers AC	M	69	M V 70	1	46	00:20:52

93	Tony Hart	00:24:48		M	70	M V 45	7	2	00:24:48
94	Katie Dawson	00:24:52	Penny Lane Striders	F	24	F V 40	6	5	00:24:08
95	Kasia Boydell	00:24:54	Liverpool Running Bugs	F	25	F V 35	3	1	00:24:54
96	Dave Downey	00:24:56		M	71	M V 50	7	29	00:20:49
97	Emma Fraser	00:24:58	Run Sandymoor	F	26	F V 40	7	1	00:24:58
98	Ray Chung	00:25:00	Liverpool Running Club	M	72	M V 55	7	1	00:25:00
99	Estelle Patrick	00:25:04	Harlech Tri Club	F	27	F V 50	3	1	00:25:04
100	Joe Langley	00:25:23	Liverpool Running Bugs	M	73	M Senior	20	1	00:25:23
101	Claudia McLean	00:25:41	Liverpool Running Bugs	F	28	F V 45	4	28	00:25:38
102	Sharon Swift	00:25:42	St Helens Striders	F	29	F V 50	4	1	00:25:42
103	Andrea Marsh	00:25:47	Knowsley Harriers AC	F	30	F V 50	5	11	00:25:08
104	James Roberts	00:25:48	Penny Lane Striders	M	74	M Senior	21	10	00:22:11
105	Laura Schumann	00:25:52	Liverpool Running Bugs	F	31	F Senior	10	1	00:25:52
106	Ian Burt	00:25:54	St Helens Striders	M	75	M V 50	8	1	00:25:54
107	Paul Roberts	00:26:08	Knowsley Harriers AC	M	76	M V 35	10	7	00:19:31
108	Judie Ko	00:26:10	Penny Lane Striders	F	32	F V 50	6	1	00:26:10
109	Dawn Muwamara	00:26:15		F	33	F U20	2	1	00:26:15
110	Suzanne Hall	00:26:18	Liverpool Running Bugs	F	34	F Senior	11	1	00:26:18
111	Elaine Coulter	00:26:20	Liverpool Running Bugs	F	35	F V 50	7	1	00:26:20
112	Rosie Oimagan	00:26:23	Liverpool Running Bugs	F	36	F V 60	2	1	00:26:23
113	James Stansfield	00:26:26	Penny Lane Striders	M	77	M Senior	22	21	00:21:50
114	Paul Wilson	00:26:29	Widnes Running Club	M	78	M V 55	8	9	00:24:17
115	Hayley Smallman	00:26:56	Kirkby Milers	F	37	F V 40	8	1	00:26:56
116	Stephen Bennett	00:26:57		M	79	M V 45	8	2	00:21:28
117	Diane Veasey	00:27:02	Kirkby Milers	F	38	F V 35	4	1	00:27:02
118	Wendy Osborne	00:27:13	Penny Lane Striders	F	39	F V 40	9	1	00:27:13
119	Gemma Aden	00:27:13	St Helens Striders	F	40	F V 35	5	1	00:27:13
120	Jo Herriott	00:27:14	St Helens Striders	F	41	F V 40	10	1	00:27:14
121	Onnor Hampson	00:27:22	Liverpool Running Bugs	F	42	F V 45	5	15	00:24:32
122	Clare Ormsby	00:27:23	Knowsley Harriers AC	F	43	F Senior	12	3	00:27:23
123	Robyn Gilbert	00:27:29	Knowsley Harriers AC	F	44	F Senior	13	2	00:27:29
124	Susan Burke	00:27:31	Liverpool Running Club	F	45	F V 55	1	3	00:23:46

125	Tommy Gates	00:27:35	Penny Lane Striders	M	80	M V 55	9	11	00:23:28
126	James Fletcher	00:27:48	Knowsley Harriers AC	M	81	M Senior	23	5	00:24:03
127	Christine Humphrey	00:27:54	St Helens Striders	F	46	F V 55	2	2	00:27:54
128	Tracy Meharg	00:27:59	Knowsley Harriers AC	F	47	F V 45	6	1	00:27:59
129	Shirley Chung	00:28:01	Liverpool Running Club	F	48	F V 50	8	2	00:28:01
130	Alison Sohl	00:28:08		F	49	F V 35	6	7	00:26:11
131	Phil Thorp	00:28:09	Liverpool Running Bugs	M	82	M V 60	5	1	00:28:09
132	Zoe Fillingham	00:28:12	St Helens Striders	F	50	F V 50	9	2	00:28:12
133	Jackie Ellis	00:28:22	St Helens Striders	F	51	F V 55	3	1	00:28:22
134	Alan D'Henin	00:28:50	Knowsley Harriers AC	M	83	M V 65	5	4	00:28:50
135	Eunice Nopondo	00:28:55	Penny Lane Striders	F	52	F V 50	10	10	00:26:03
136	Michael Devereux	00:28:56	Penny Lane Striders	M	84	M V 65	6	3	00:22:19
137	Michelle Kelly	00:29:07	Penny Lane Striders	F	53	F V 55	4	47	00:24:16
138	Jim Garvey	00:29:27	Penny Lane Striders	M	85	M V 70	2	18	00:28:59
139	Richard Stafford	00:29:51	Penny Lane Striders	M	86	Unknown	0	1	00:29:51
140	Jon Windle	00:29:52	Penny Lane Striders	M	87	M V 45	9	10	00:25:30
141	Shelley Townley	00:30:08	St Helens Striders	F	54	F V 35	7	1	00:30:08
142	Ann Wong	00:30:15		F	55	F Senior	14	2	00:30:15
143	A. Carberry	00:30:21	Kirkby Milers	F	56	F V 50	11	1	00:30:21
144	Carrie O'Brien	00:30:21	Kirkby Milers	F	57	F Senior	15	1	00:30:21
145	Allan Gibbs-Monaghan	00:30:49	Liverpool Running Bugs	M	88	M V 40	13	1	00:30:49
146	Debbie Burlow	00:31:08	Liverpool Running Bugs	F	58	F V 35	8	1	00:31:08
147	Jemma Dale	00:31:27	Knowsley Harriers AC	F	59	F Senior	16	2	00:31:27
148	Jeannette Ryan	00:31:29	Liverpool Running Bugs	F	60	F V 50	12	1	00:31:29
149	Valerie Coldock	00:31:32	Liverpool Running Bugs	F	61	F V 60	3	1	00:31:32
150	Ronald Thornton	00:31:49	Liverpool Running Bugs	M	89	M V 75	1	44	00:28:10
151	Russ Owens	00:31:53	Knowsley Harriers AC	M	90	M V 55	10	6	00:30:46
152	Sue Towner	00:31:53	Penny Lane Striders	F	62	F V 60	4	30	00:28:57
153	Paula Wilson	00:32:17		F	63	F V 40	11	2	00:32:17
154	Chris Murphy 2	00:32:32	Active Women	F	64	F V 45	7	1	00:32:32
155	Chris Murphy 1	00:32:33		M	91	M V 50	9	1	00:32:33
156	Stephanie Charman	00:35:08	Knowsley Harriers AC	F	65	F V 65	1	61	00:27:54

157	Grace Wong	00:35:09		F	66	F V 55	5	1	00:35:09
158	Graham Ashton	00:36:55	Liverpool Running Bugs	M	92	M V 50	10	1	00:36:55
159	Jen Ashton	00:36:56	Liverpool Running Bugs	F	67	F V 45	8	1	00:36:56
160	Kerrie McQuaries	00:37:13		F	68	F V 40	12	1	00:37:13
161	Shirley O'Brien	00:38:02	Kirkby Milers	F	69	F V 50	13	1	00:38:02