

Willowbrook 5k; 3 August 2019

Position	Name	Time	Club	Gender	Gender position	Age category	Category position	# Races	PB
1	James Kimber	0:17'14	Ellesmere Port RC	M	1	M Senior	1	1	00:17:14
2	Ashley Crawford	0:17'38		M	2	M Senior	2	73	00:17:06
3	Lawrence Eccles	0:17'47	Penny Lane Striders	M	3	M V 35	1	41	00:17:08
4	Peter Green	0:17'50	Knowsley Harriers AC	M	4	M V 40	1	15	00:16:28
5	Andrew Fearn	0:17'57	Knowsley Harriers AC	M	5	M V 40	2	18	00:18:18
6	Nathan Woods	0:18'02	Helsby Running Club	M	6	M V 35	2	4	00:17:22
7	Steven Edwards	0:18'08	Ellesmere Port RC	M	7	M Senior	3	8	00:18:33
8	John Harrison	0:19'06	Ellesmere Port RC	M	8	M V 35	3	18	00:19:34
9	Nicola Whitfield-Bird	0:19'13	Ellesmere Port RC	F	1	F V 35	1	1	00:19:13
10	Helen Sahgal	0:19'31	Liverpool Pembroke Sefton AC	F	2	F V 35	2	12	00:18:12
11	Luke Harrison	0:19'37	Penny Lane Striders	M	9	M Senior	4	6	00:18:47
12	Richard Costain	0:20'43	Penny Lane Striders	M	11	M Senior	5	13	00:19:59
13	Alan Metcalf	0:20'02	Preston Harriers	M	10	M V 55	1	3	00:19:39
14	Anthony Metcalfe	0:20'49	Mossley Hill AC	M	12	M V 60	1	4	00:20:08
15	Trevor Goldins	0:20'51		M	13	M V 50	1	1	00:20:51
16	Robbie Wood	0:21'02	Liverpool Pembroke Sefton AC	M	14	M V 60	2	76	00:19:28
17	Jo Harrison	0:21'18	Penny Lane Striders	F	3	F Senior	1	13	00:21:45
18	Michael Connor	0:21'20	Penny Lane Striders	M	15	M V 55	2	15	00:19:42
19	Graham Liu	0:21'21	Southport Waterloo AC	M	16	M V 50	2	11	00:22:09
20	Robert Hough	0:21'23	Warrington Running Club	M	17	M V 35	4	10	00:20:53
21	Alan McDermott	0:21'24	Penny Lane Striders	M	18	M V 50	3	2	00:20:39
22	Robert Cooper	0:21'45	Penny Lane Striders	M	19	M V 35	5	1	00:21:45
23	Tom Bosworth	0:21'50	Tonbridge AC	M	20	M Senior	6	6	00:17:41
24	Alan Spencer	0:21'57	Knowsley Harriers AC	M	21	M V 55	3	43	00:20:34
25	Matt Whitfield	0:21'59	Ellesmere Port RC	M	22	M V 60	3	2	00:21:59
26	Andrea Bond	0:22'03	Penny Lane Striders	F	4	F V 40	1	6	00:23:06
27	Peter Foale	0:22'04		M	23	M V 65	1	20	00:21:22
28	Robert Porter	0:22'08	Penny Lane Striders	M	24	M V 40	3	1	00:22:08

29	John Davies	0:22'32	Knowsley Harriers AC	M	25	M V 45	1	6	00:21:51
30	Terry Lynch	0:22'36	Penny Lane Striders	M	26	M V 50	4	3	00:23:04
31	Cherif Salhi	0:22'41		M	27	M Senior	7	2	00:22:33
32	Chris Leedam	0:22'45	Cayman Runners	M	28	M V 35	6	4	00:21:38
33	William Merritt	0:23'06	Knowsley Harriers AC	M	29	M V 55	4	38	00:19:53
34	Stacey Clark	0:23'23	Widnes Wasps	F	5	F Senior	2	4	00:25:27
35	Mike Evans	0:23'36	Knowsley Harriers AC	M	30	M V 65	2	24	00:22:50
36	Sharon O'Connell	0:24'01	St Helens Striders	F	6	F V 45	1	2	00:25:13
37	Steve Maddock	0:24'02	Liverpool Running Bugs	M	31	M V 50	5	5	00:23:28
38	Nicola Ormsby	0:24'07	Run Sandymoor	F	7	F Senior	3	3	00:24:07
39	Steve Ogden	0:25'03	Knowsley Harriers AC	M	32	M V 55	5	2	00:24:33
40	Billy Hargreaves	0:25'15	Southport Waterloo AC	M	33	M V 70	1	48	00:20:47
41	Tracy Woods	0:25'30	Helsby Running Club	F	8	F V 35	3	7	00:26:03
42	Dennis Yarwood	0:25'54	Spectrum Striders	M	34	M V 50	6	19	00:24:24
43	Ian T. Yarwood	0:26'10	MileShy Club	M	35	M V 50	7	1	00:26:10
44	Chris Anderson	0:26'19	Penny Lane Striders	M	36	M V 45	2	6	00:23:55
45	Andrea Marsh	0:26'22	Knowsley Harriers AC	F	9	F V 50	1	10	00:25:08
46	Andrew Khodabukus	0:26'32		M	37	M V 35	7	1	00:26:32
47	Mark Quinn	0:26'35	Lonely Goat Running Club	M	38	M V 45	3	5	00:27:26
48	Michael Charman	0:26'35	Knowsley Harriers AC	M	39	M V 65	3	44	00:20:55
49	Paul Wilson	0:26'48	Widnes Running Club	M	40	M V 55	6	8	00:24:17
50	Jon Windle	0:28'58	Penny Lane Striders	M	41	M V 45	4	9	00:25:30
51	A Oggy	0:29'15		M	42	M Senior	8	1	00:29:15
52	Jaden Tagoe	0:29'55		M	43	M U13	1	2	00:29:41
53	Amy Tagoe	0:29'58		F	10	F V 35	4	4	00:27:52
54	Philip Gazdecki	0:29'59	Knowsley Harriers AC	M	44	M U13	2	1	00:29:59
55	Marie Bonner	0:30'05	Penny Lane Striders	F	11	F V 55	1	1	00:30:05
56	Peter Davies	0:30'06	Mossley Hill AC	M	45	M V 60	4	10	00:26:15
57	Andrea Gusdal	0:30'11		F	12	F V 50	2	1	00:30:11
58	Jean Ellis	0:30'13		F	13	F V 50	3	1	00:30:13
59	Nicola Maddock	0:30'20	Liverpool Running Bugs	F	14	F V 40	2	15	00:28:34
60	Claudia McLean	0:30'21	Liverpool Running Bugs	F	15	F V 45	2	27	00:25:38

61	Ronald Thornton	0:30'41	Liverpool Running Bugs	M	46	M V 75	1	43	00:28:10
62	Julie Gazdecki	0:30'54		F	16	F Senior	4	1	00:30:54
63	Nicola Roberts	0:31'04	Knowsley Harriers AC	F	17	F V 35	5	1	00:31:04
64	Ann Wong	0:31'49		F	18	F Senior	5	1	00:31:49
65	Lisa Pritchard	0:32'08	Lonely Goat Running Club	F	19	F V 35	6	9	00:28:58
66	Allison Pettitt	0:32'09	Mossley Hill AC	F	20	F V 45	3	1	00:32:09
67	Sue Towner	0:32'17	Penny Lane Striders	F	21	F V 60	1	29	00:28:57
68	Cate Bickerstaffe	0:34'11		F	22	F V 45	4	1	00:34:11
69	Stephanie Charman	0:34'41	Knowsley Harriers AC	F	23	F V 65	1	60	00:27:54
70	Ruth Pollard	0:35'16		F	24	F V 55	2	1	00:35:16
71	Po Kam Wong	0:36'36		F	25	F V 55	3	1	00:36:36
72	Viv Wilkinson	0:40'00		F	26	F V 50	4	1	00:40:00
73	Kerrie Bermude Z-McQuaid	0:40'10		F	27	F V 40	3	1	00:40:10
74	Paula Wilson	0:40'10		F	28	F V 40	4	1	00:40:10
75	Angela Joyce PLS	0:41'05	Penny Lane Striders	F	29	F V 50	5	12	00:27:48
76	Michael Gazdecki	0:44'41		M	47	M V 50	8	1	00:44:41
77	Mary Gazdecki	0:45'24		F	30	F U13	1	1	00:45:24