

Feb 4; 30 Aug 2019

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Jon-Jo Doherty	0:21'29	St Helens Sutton AC	M	1	M Senior	1
2	Thomas Griffiths	0:21'39	St Helens Sutton AC	M	2	M Senior	2
3	Alex Cowin	0:23'11	Penny Lane Striders	M	3	M V 35	1
4	Neil Hennigan	0:23'24	Penny Lane Striders	M	4	M V 40	1
5	Andrew Fearn	0:23'49	Knowsley Harriers AC	M	5	M V 40	2
6	John McLaren	0:24'36	Knowsley Harriers AC	M	6	M V 35	2
7	Francis Hourigan	0:24'44	Widnes Running Club	M	7	M V 40	3
8	Luke Curtis	0:24'57	Penny Lane Striders	M	8	M V 35	3
9	Chris Birkett	0:25'10	St Helens Sutton AC	M	9	M V 40	4
10	Stephen Watkin	0:25'15	Penny Lane Striders	M	10	M V 35	4
11	Tony Landry	0:25'39	Kirkby Milers	M	11	M V 55	1
12	Carl Barnes	0:25'50	Widnes Running Club	M	12	M Senior	3
13	Vicky Unsworth	0:26'35	Liverpool Harriers	F	1	F V 35	1
14	Christopher Lee	0:26'51	Liverpool Running Bugs	M	13	M V 50	1
15	Andrew Conway	0:26'54	Liverpool Pembroke Sefton AC	M	14	M V 50	2
16	Liz Gemmell	0:27'14	Knowsley Harriers AC	F	2	F Senior	1
17	Joe Carcer	0:27'19		M	15	M U17	1
18	Ashley Dale	0:27'27		M	16	M Senior	4
19	Andreas Doardeswell	0:27'30	Widnes Running Club	M	17	M Senior	5
20	John Diggle	0:27'32	Kirkby Milers	M	18	M V 40	5
21	Stephen Isles	0:27'34		M	19	M V 50	3
22	Alan McGrant	0:27'36	Penny Lane Striders	M	20	M V 55	2
23	Robert Hough	0:27'41	Warrington Running Club	M	21	M V 35	5
24	Brian Shaw	0:27'53	UK Run Chat	M	22	M V 35	6
25	Jo Harrison	0:28'09	Penny Lane Striders	F	3	F Senior	2
26	Luke Harrison	0:28'09	Penny Lane Striders	M	23	M Senior	6
27	Graham Liu	0:28'20	Southport Waterloo AC	M	24	M V 50	4
28	David Marsh	0:28'43	Southport Waterloo AC	M	25	M V 55	3

29	Paul Fitzgerald	0:28'58	Knowsley Harriers AC	M	26	M V 40	6
30	Liam Boardman	0:29'11	Widnes Running Club	M	27	M V 35	7
31	Jonathan Mackie	0:29'13	Knowsley Harriers AC	M	28	M V 45	1
32	Ian King	0:29'18	Liverpool Running Club	M	29	M V 60	1
33	Declan O'Connor	0:29'24	Kirkby Milers	M	30	M U17	2
34	Mollie Isles	0:29'35		F	4	F Senior	3
35	Tony Peacock	0:29'53	Penny Lane Striders	M	31	M V 65	1
36	William Merritt	0:30'10	Knowsley Harriers AC	M	32	M V 55	4
37	Terry Lynch	0:30'18	Penny Lane Striders	M	33	M V 50	5
38	Tony Green	0:30'43	Penny Lane Striders	M	34	M V 60	2
39	Nigel Foo	0:30'46	Penny Lane Striders	M	35	M V 50	6
40	Stuart Brandwood	0:30'51	Penny Lane Striders	M	36	M V 40	7
41	Chris Wienrich	0:31'17		M	37	M V 45	2
42	John Brown	0:31'21	Penny Lane Striders	M	38	M V 60	3
43	Michael Griffiths	0:31'34		M	39	M Senior	7
44	Marc Fitzmaurice	0:31'59		M	40	M Senior	8
45	Chris Probert	0:32'25	Penny Lane Striders	M	41	M V 55	5
46	Stacey Clark	0:32'47	Widnes Wasps	F	5	F Senior	4
47	Jane Nicholson	0:32'55	Penny Lane Striders	F	6	F V 55	1
48	Diane Hennigan	0:32'56	Penny Lane Striders	F	7	F V 45	1
49	Stan Cottier	0:33'11	Liverpool Running Club	M	42	M V 70	1
50	Daniel Magill	0:33'34	Larne Athletic Club	M	43	M V 40	8
51	Billy Hargreaves	0:33'41	Southport Waterloo AC	M	44	M V 70	2
52	David Limbrick	0:33'41	Islwyn Running Club	M	45	M V 55	6
53	Hayley Hourigan	0:34'43	Widnes Running Club	F	8	F V 40	1
54	Carolyn Knott	0:35'09	Penny Lane Striders	F	9	F V 45	2
55	Leanne Griffiths	0:36'39	Widnes Running Club	F	10	F Senior	5
56	Pete Davies	0:36'40	Mossley Hill AC	M	46	M V 60	4
57	Christine Grant	0:37'09	Penny Lane Striders	F	11	F V 50	1
58	Agata Rutkowska	0:38'05	Widnes Wasps	F	12	F V 35	2
59	Jennifer Chedgzoy	0:38'06	Kirkby Milers	F	13	F Senior	6
60	Jaden Tagoe	0:39'19		M	47	M U13	1

61	Amy Tagoe	0:39'21		F	14	F V 35	3
62	Sean Hennigan	0:39'34		M	48	M U13	2
63	Jemma Dale	0:41'06	Knowsley Harriers AC	F	15	F Senior	7
64	Ronald Thornton	0:41'14	Liverpool Running Bugs	M	49	M V 75	1
65	Matthew Bates	0:42'44	Knowsley Harriers AC	M	50	M Senior	9