

**Fab 4 Race 26th July 2019**

Position	Name	Time	Club	Gender	Gender position	Age category	Age category position
1	Jon- Jo Doherty	0:20'59	St. Helens Sutton AC	M	1	M Senior	1
2	Thomas Griffiths	0:21'19	St. Helens Sutton AC	M	2	M Senior	2
3	Thomas Dempsey	0:22'31	Kirkby Milers	M	3	M Senior	3
4	Sean Jones	0:23'03	Penny Lane Striders	M	4	M Senior	4
5	Neil Hennigon	0:23'23	Penny Lane Striders	M	5	M V40	1
6	Nathan Woods	0:23'25	Helsby RC	M	6	M V35	1
7	Colin Thompson	0:23'26	Helsby RC	M	7	M V40	2
8	Will Kozer	0:23'36	Widnes RC	M	8	M V35	3
9	Jay Clarke	0:23'40	Penny Lane Striders	M	9	M Senior	5
10	Gary Wilton	0:24'07	Kirkby Milers	M	10	M V40	2
11	Sean Wilton	0:24'24	Kirkby Milers	M	11	M Senior	6
12	Chris Birkett	0:24'41	St. Helens Sutton AC	M	12	M V40	3
13	Gary Fisher	0:24'44	Kirkby Milers	M	13	M V35	4
14	Mike Fryer	0:24'46		M	14	M Senior	7
15	John McLaren	0:24'55	Knowsley Harriers AC	M	15	M V35	5
16	Francis Hourigan	0:24'56	Widnes RC	M	16	M V40	4
17	Adam Fitzsimmons	0:25'04	Kirkby Milers	M	17	M Senior	8
18	Tony Landry	0:25'09	Kirkby Milers	M	18	M V55	1
19	Luke Curtis	0:25'32	Penny Lane Striders	M	19	M V35	6
20	John Preece	0:25'37	Kirkby Milers	M	20	M V45	5
21	Luke Harrison	0:25'37	Penny Lane Striders	M	21	M Senior	9
22	Paul Schumann	0:25'44	Knowsley Harriers AC	M	22	M V55	2
23	David Edwards	0:25'51	Kirkby Milers	M	23	M V55	3
24	Robert Andrews	0:26'13	Kirkby Milers	M	24	M Senior	10
25	Dean Wilson	0:26'27	Liverpool Running Club	M	25	M V40	6
26	Nigel Grant	0:26'39	Penny Lane Striders	M	26	M V55	4
27	Vicky Unsworth	0:26'54	Liverpool Harriers	F	1	F V35	1

28	David Houghton	0:26'56		M	27	M V35	7
29	Joe Carcer	0:26'58		M	28	M U17	1
30	Matthew Whaley	0:27'06	Kirkby Milers	M	29	M Senior	1
31	Christopher Lee	0:27'11	Liverpool Running Bugs	M	30	M V50	1
32	Andrew Dowdeswell	0:27'21	Widnes RC	M	31	M Senior	11
33	John Diggle	0:27'31	Kirkby Milers	M	32	M V40	7
34	Ashley Dale	0:27'34		M	33	M Senior	12
35	David Lawton	0:27'40	Liverpool Running Club	M	34	M V35	8
36	Alan Joyce	0:27'42	Knowsley Harriers AC	M	35	M V60	1
37	Liz Gemmell	0:27'48	Knowsley Harriers AC	F	2	F Senior	1
38	Andrew Glen	0:27'59	Liverpool Running Bugs	M	36	M V55	5
39	Brian Swan	0:28'10	UK Run Chat	M	37	M V35	9
40	Graham Liu	0:28'11	Southport Waterloo AC	M	38	M V50	2
41	Shane Knott	0:28'13	Penny Lane Striders	M	39	M V40	8
42	Chris McElroy	0:28'14	Knowsley Harriers AC	M	40	M V40	9
43	John Lee	0:28'15	Kirkby Milers	M	41	M V50	1
44	Jamie Sircom	0:28'18	Halesowen A&CC	M	42	M V45	2
45	Jo Harrison	0:28'25	Penny Lane Striders	F	3	F Senior	2
46	Paul Fitzgerald	0:28'29	Knowsley Harriers AC	M	43	M V40	10
47	Robert Hough	0:28'36	Warrington RC	M	44	M V35	10
48	Chris Giblin	0:28'54	Widnes RC	M	45	M V35	11
49	Jonathan Mackie	0:29'12	Knowsley Harriers AC	M	46	M V45	3
50	Declan O'Connor	0:29'20	Kirkby Milers	M	47	M U17	2
51	David Marsh	0:29'29	Southport Waterloo AC	M	48	M V55	6
52	Liam Boardman	0:29'30	Widnes RC	M	49	M V35	12
53	Marc Fitzmaurice	0:29'30		M	50	M Senior	13
54	Mollie Isles	0:29'31		F	4	F Senior	3
55	Aaron Wilson	0:29'36	Liverpool Running Club	M	51	M U20	2
56	Sarah Richards	0:29'48	Penny Lane Striders	F	5	F V35	2
57	Stephen Hayes	0:30'10	Kirkby Milers	M	52	M V45	4
58	Joseph Allan	0:30'12	Kirkby Milers	M	53	M U17	3
59	Terry Noon	0:30'19	Kirkby Milers	M	54	M V35	13

60	Tony Peacock	0:30'46	Penny Lane Striders	M	55	M V65	1
61	Jeff Gard	0:30'47	Penny Lane Striders	M	56	M V50	3
62	John Brown	0:30'53	Penny Lane Striders	M	57	M V60	7
63	William John Jones	0:30'55	Knowsley Harriers AC	M	58	M V50	4
64	Nick McCole	0:31'01	Kirkby Milers	M	59	M V45	11
65	Amanda Lee	0:31'03	Kirkby Milers	F	6	F V45	1
66	Ian Rivers	0:31'04	Kirkby Milers	M	60	M V50	5
67	William Merritt	0:31'04	Knowsley Harriers AC	M	61	M V55	8
68	Kevin Carberry	0:31'26	Kirkby Milers	M	62	M V45	5
69	Neil Baker	0:32'11	Warrington RC	M	63	M V35	14
70	Rachel Kuypers	0:32'19	Widnes Wasps	F	7	F V44	2
71	Catherine McElhinney	0:32'32	Southport Waterloo AC	F	8	F V45	3
72	Annie McCaffrey	0:32'34	Kirkby Milers	F	9	F V55	1
73	Lynne Doyle	0:32'37	Kirkby Milers	F	10	F V45	4
74	Donna McKenna	0:32'42	Penny Lane Striders	F	11	F V45	5
75	Tracy Woods	0:33'10	Helsby RC	F	12	F V35	3
76	Billy Hargreaves	0:33'27	Southport Waterloo AC	M	64	M V70	1
77	Stan Cottier	0:33'30	Liverpool Running Club	M	65	M V70	2
78	James Stansfield	0:33'37	Penny Lane Striders	M	66	M Senior	14
79	Diane Hennigan	0:33'45	Penny Lane Striders	F	13	F V45	6
80	Jane Nicholson	0:33'45	Penny Lane Striders	F	14	F V55	2
81	Simon Ellis	0:34'02	Kirkby Milers	M	67	M V35	15
82	Hayley Hourigan	0:34'08	Widnes RC	F	15	F V40	1
83	Natalie O'Brien	0:34'35	Kirkby Milers	F	16	F Senior	4
84	Carolyn Knott	0:35'36	Penny Lane Striders	F	17	F V45	7
85	Diane Veasey	0:36'51	Kirkby Milers	F	18	F V35	5
86	Elaine Hughes	0:37'16	Kirkby Milers	F	19	F V50	8
87	Owen Gallagher	0:37'17	Kirkby Milers	M	68	M V45	6
88	Christine Grant	0:37'19	Penny Lane Striders	F	20	F V50	1
89	Leanne Griffiths	0:37'36	Widnes RC	F	21	F Senior	6
90	Nicola Kozar	0:38'13	Widnes RC	F	22	F V35	4
91	Amy Edwards	0:39'21	Penny Lane Striders	F	23	F Senior	7

92	Jaden Tagoe	0:39'48		M	69	M U11	1
93	Amy Tagoe	0:39'49		F	24	F V35	5
94	Jennie Owens	0:40'22		F	25	F V35	6
95	Rachel Shaw	0:40'56	UK Run Chat	F	26	F V35	7
96	Ronald Thornton	0:41'21	Liverpool Running Bugs	M	70	M V75	1
97	Agata Rutkowska	0:42'06	Widnes Wasps	F	27	F V35	8
98	Jemma Dale	0:42'41	Knowsley Harriers AC	F	28	F Senior	8
99	Joanne Madden	0:46'42		F	29	F V40	2
100	Claire Wardle	0:46'44		F	30	F V40	3
101	Shirley O'Brien	0:49'56	Kirkby Milers	F	31	F V55	2