

Fab 4; 24 May 2019

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Paul Milburn	0:23'08	Liverpool Pembroke Sefton AC	M	1	M Senior	1
2	John McLaren	0:24'15	Knowsley Harriers AC	M	2	M V 35	1
3	Chris Birkett	0:24'21		M	3	M V 40	1
4	Phil Riding	0:24'27	Penny Lane Striders	M	4	M V 40	2
5	Mike Fryer	0:24'40		M	5	M Senior	2
6	Gary Fisher	0:24'41	Kirkby Milers	M	6	M V 35	2
7	Stephen Watkin	0:24'48	Penny Lane Striders	M	7	M V 35	3
8	Paul Schumann	0:25'15	Knowsley Harriers AC	M	8	M V 55	1
9	Christopher Lee	0:26'04	Liverpool Running Bugs	M	9	M V 50	1
10	Nigel Grant	0:26'08	Penny Lane Striders	M	10	M V 55	2
11	Luke Curtz	0:26'28	Penny Lane Striders	M	11	M V 35	4
12	Andrew Conway	0:26'36	Liverpool Pembroke Sefton AC	M	12	M V 50	2
13	Danielle Breaton	0:26'37	Wigan Harriers	F	1	F V 40	1
14	Rachel Jacks	0:26'41	Southport Waterloo AC	F	2	F Senior	1
15	Joe Carter	0:27'06		M	13	M U17	1
16	Graham Liu	0:27'16	Southport Waterloo AC	M	14	M V 50	3
17	Shaun Cunliffe	0:27'21	Wigan Harriers	M	15	M V 45	1
18	Joe McGrath	0:27'26		M	16	M V 60	1
19	Nigel Foo	0:27'41	Penny Lane Striders	M	17	M V 50	4
20	Brian Shaw	0:27'42	Uk Run Chat	M	18	M V 35	5
21	Hayley Fairclough	0:27'48	Liverpool Running Club	F	3	F V 35	1
22	Paul Wilson	0:27'49	Widnes Running Club	M	19	M V 55	3
23	Andrew Glen	0:27'54	Liverpool Running Bugs	M	20	M V 55	4
24	Stephen Isles	0:28'16		M	21	M V 50	5
25	David Lloyd	0:28'37	Knowsley Harriers AC	M	22	M Senior	3
26	Paul McGregor	0:28'39	Penny Lane Striders	M	23	M V 55	5
27	Declan O'Connor	0:28'41	Kirkby Milers	M	24	M U17	2
28	Jo Harrison	0:28'42	Penny Lane Striders	F	4	F Senior	2

29	William John Jones	0:28'48	Knowsley Harriers AC	M	25	M V 50	6
30	Martin Hirrell	0:28'50	Penny Lane Striders	M	26	M V 50	7
31	David Marsh	0:28'57	Southport Waterloo AC	M	27	M V 55	6
32	Mollie Isles	0:29'53		F	5	F Senior	3
33	Joseph Allen	0:30'16	Kirkby Milers	M	28	M U17	3
34	Tony Peacock	0:30'22	Penny Lane Striders	M	29	M V 65	1
35	William Merritt	0:30'24	Knowsley Harriers AC	M	30	M V 55	7
36	Terry Noon	0:30'46	Kirkby Milers	M	31	M V 35	6
37	Sue Burke	0:30'57	Penny Lane Striders	F	6	F V 45	1
38	Tony Green	0:30'58	Penny Lane Striders	M	32	M V 60	2
39	Olivia Nicholson	0:31'24		F	7	F Senior	4
40	Matthew Whalley	0:31'26	Kirkby Milers	M	33	M U20	1
41	Bhav Mistry	0:31'27	Kirkby Milers	F	8	F V 45	2
42	Andrea Flynn	0:31'48	Kirkby Milers	F	9	F V 35	2
43	Carla Houghton	0:31'48		F	10	F Senior	5
44	James Stansfield	0:32'01	Penny Lane Striders	M	34	M Senior	4
45	Kevin Carberry	0:32'05	Kirkby Milers	M	35	M V 45	2
46	Michael Devereux	0:32'09	Penny Lane Striders	M	36	M V 65	2
47	Rachel Kuypers	0:32'16	Widnes Wasps	F	11	F V 40	2
48	Sean Hennigan	0:32'36		M	37	M U13	1
49	Neil Hennigan	0:32'38	Penny Lane Striders	M	38	M V 40	3
50	Gayle Hanson-Jones	0:32'42		F	12	F V 40	3
51	Jenny Rowland	0:32'49	Run Sandymoor	F	13	F V 50	1
52	Jane Nicholson	0:32'55	Penny Lane Striders	F	14	F V 55	1
53	Diane Hennigan	0:32'56	Penny Lane Striders	F	15	F V 45	3
54	Tracy Woods	0:33'11	Run Sandymoor	F	17	F V 35	3
55	Stan Cottier	0:33'48	Liverpool Running Club	M	39	M V 70	1
56	Carolyn Knott	0:33'50	Penny Lane Striders	F	17	F V 45	4
57	Michael Graham	0:34'26	Kirkby Milers	M	40	M Senior	5
58	Andy Hirrell	0:34'51	Kingston AC	M	41	M Senior	6
59	Cerys Hanson-Jones	0:35'17		F	18	F U20	1
60	David Jones	0:35'22	Kirkby Milers	M	42	M V 45	3

61	Amy Tagoe	0:36'20		F	19	F V 35	4
62	Chris Probert	0:36'27	Penny Lane Striders	M	43	M V 55	8
63	Christine Grant	0:36'28	Penny Lane Striders	F	20	F V 50	2
64	Tony Rose	0:37'34		M	44	M V 55	9
65	Richard Rose-Coulthard	0:37'35	Wigan Harriers	M	45	M Senior	7
66	Natalie Kelly	0:38'02	Knowsley Harriers AC	F	21	F Senior	6
67	Glen Wilkinson	0:38'02	Knowsley Harriers AC	M	46	M V 45	4
68	Kristine Harding	0:38'32		F	22	F V 40	4
69	Fay Stevensova	0:39'52	Polegate Plodders	F	23	F V 45	5
70	Danielle Stevens	0:39'53	Knowsley Harriers AC	F	24	F Senior	7
71	Ronald Thornton	0:40'09	Liverpool Running Bugs	M	47	M V 75	1
72	Nicola Ormsby	0:40'15	Run Sandymoor	F	25	F Senior	8
73	Clare Ormsby	0:40'16	Knowsley Harriers AC	F	26	F Senior	9
74	Jamie Baker	0:40'42	Knowsley Harriers AC	M	48	M Senior	8
75	Ann-Marie Carberry	0:40'57	Kirkby Milers	F	27	F V 50	3
76	Agata Rutkowska	0:41'19	Widnes Wasps	F	28	F V 35	5
77	Adam Hayes	0:48'17		M	49	M Senior	9